The Institute for Health Care Education and Capital Region Alliance for Research and Research Utilization presents

The Fifth Annual Research/Research Utilization Conference:

**ENTRUSTED CARE:**
*Applying Nursing Research to Optimize Safe Patient Outcomes*

October 19, 2001
7:45 AM – 3:15 PM

HARTFORD HOSPITAL
Education & Resource Center
560 Hudson Street
Hartford, CT
OVERVIEW

Co-sponsored by the Institute for Health Care Education and the Capital Region Alliance for Research & Research Utilization, this all-day conference will provide a venue for dissemination of research findings as well as an opportunity to illustrate ways in which utilization of research findings are being used to improve clinical practice.

Keynote address will be delivered by Nancy Jo Wilson, RN, MD, MPH. Morning session concludes with a choice of concurrent abstract presentations which will provide participants an opportunity to tailor learning regarding projects/strategies that support evidence-based practice.

Plenary address will be delivered by Grena Porto, RN, MS. Afternoon will conclude with a choice of concurrent skill-building sessions.

KEYNOTE SPEAKER

Nancy Jo Wilson, MD, MPH is currently Vice President in VHA’s Clinical Affairs division and serves as Medical Director of VHA’s Clinical Advantage Program. Clinical Advantage is VHA’s new Clinical Affairs program that translates evidence-based medicine into practice and helps members develop the internal capacity for rapid & ongoing improvement in patient outcomes and associated costs. Dr. Wilson is also designing & championing VHA’s company-wide patient safety initiative. (Educational grant provided by Stryker Medical Division.)

PLENARY SPEAKER

Grena Porto, RN, MS, is currently Director of the Clinical Risk Management division in the Pennsylvania branch of VHA, Inc.

CONTACT HOURS

5.2 contact hours will be awarded participants who attend the entire conference. Partial contact hours will be awarded based on the number of sessions attended.

Hartford Hospital has been approved as a provider of nursing continuing education by the Connecticut Nurses’ Association (CNA). CNA is accredited as an approver of nursing continuing education by the Commission on Accreditation of the American Nurses Credentialing Center. Contact hour approval does not imply ANCC Commission on Accreditation/CNA or Hartford Hospital endorsement of any commercial products displayed in conjunction with this conference.

REGISTRATION

Conference fee includes refreshment breaks, buffet luncheon and conference materials:

Registration Fees:
Non-HHCC/Non-Alliance $48.00
Non-Alliance Students $25.00

No charge for employees/students of the following organizations:
Hartford Hospital, Connecticut Children’s Medical Center, Middlesex Hospital, MidState Medical Center, UCONN Health Center, faculty & students from Capital Community College, Central CT State University, Southern CT State University, St. Joseph College, University of Connecticut and the University of Hartford.

CONFERENCE SPONSORS

Special thanks to the members of the conference planning committee:
Hartford Hospital
Janice Bartis, RN, MSN, Dawn Beland, RN, MSN, Pamela Burris, RN, MSN, Laura Caramanica, RN, PhD, Joan MacRae, RNC, MS, Peg Moynihan, RN, MS, Amy Schroder, RN, MSN, Lynn Satherlie, RN, MPH.

Connecticut Children’s Medical Center
Sally Strange, RN, MSN

UCONN Health Center
Ann Cinotti, RN, MSN

Middlesex Hospital
Sharon Hines, RN, MSN

MidState Medical Center
Linda Berger Spivack, RN, MSN

Capital Community College
Joanne Anfinson, RN, PhD

Central Connecticut State University
MaryJane Williams, RN, PhD

Southern Connecticut State University
Barbara Aronson, RN, MSN

Saint Joseph College
Virginia Knowelden, RN, PhD

University of Connecticut
Deborah Dillon McDonald, RN, PhD

University of Hartford
Karen Breda, RN, PhD
Mary Beth Mathews, RN,C, PhD

PARKING & TRAVEL DIRECTIONS

Parking

Parking is available in the public Parking Garage located opposite the hospital. Please enter the garage via Washington Street or Seymour Street entrances. Car-pooling is encouraged.

Travel Directions

West: Enter city via I-84. Take Capitol Ave. Exit. At light, take left onto Capitol Ave, right onto Washington Street, through four traffic lights. Just past 4th light (Jefferson Street), on the left, is entrance to the Medical Building & Public Parking Garage.

East: Take downtown Hartford Exit, left onto Columbus Blvd. to Wyllys St; through three lights onto Jefferson St. At 2nd light, take left onto Seymour St. Entrance to Public Parking Garage is on right side of the street, just behind the Medical Building.

North/South: Use I-91 to Capitol Area Exit (29A), under Hartford Public Library (short tunnel), and 3/4 of the way around Pulaski Circle (rotary). Take right onto Hudson St. and follow to end. Take right onto Jefferson St. Take first left onto Seymour St. Public Parking Garage is on the right side of the street just behind the Medical Building.

Conference Site

Conference is being held in the Education & Resource Center, 560 Hudson Street. Building is located one block NE of the Parking Garage.
H. A Medication Teaching Program at an Inner City AIDS Clinic
   Jannette Paul, RN, BSN and Delia Hernandez, RN, AD, Staff Nurses, Community Care Center, Hartford Hospital
   ERC Room 218

I. Outcomes of an Evidence-Based Asthma Disease Management Program: AIR Middlesex
   Alison Yazer, RN, BSN, CCM, Case Manager, Middlesex Hospital, Middletown, CT
   ERC Room 221

Book display and donation of research textbooks for raffle provided courtesy of Anthony Cantore, Harcourt Health Sciences.

Keynote Speaker:

Dr. Nancy J. Wilson is a Vice President in VHA's Clinical Affairs division and serves as Medical Director of VHA's Clinical Advantage Program. As Medical Director, Dr. Wilson is responsible for the design and development of all Clinical Advantage products and services.

Before joining VHA, Dr. Wilson was Director of the Office of Performance & Quality for the Veterans Health Administration where she was responsible for assuring quality of patient care in the nation's largest integrated health care system.

Dr. Wilson began her career as a psychiatric nurse at Western Pennsylvania Psychiatric Institute & Clinic where she held a variety of clinical and administrative positions. After medical school and residency, she joined the faculty at the University of Michigan as a general internist and directed one of their satellite health centers.

Dr. Wilson is an honors graduate of the University of Pittsburgh. She received her M.D. from Johns Hopkins School of Medicine, followed by a research fellowship at Harvard Medical School while obtaining her M.P.H. at the Harvard School of Public Health. She is board certified in internal medicine, and is a member of several professional societies including the Society for General Internal Medicine, the American College of Physicians, American College of Physician Executives and the American Public Health Association.

Acknowledgements

Educational grant provided by Stryker Medical Division.

Registration Form

ENTRUSTED CARE: Applying Nursing Research to Optimize Safe Patient Outcomes

DEADLINE: September 28, 2001

Name: ____________________________

Social Security Number: ___________

Address: __________________________

City __________________ State ______ Zip ______

Agency: __________________________

Address: __________________________

Phone (W): _______________________

Phone (H): _______________________

Choose Skill Building Session You Will Attend:
(CIRCLE LETTER)

A. Poster Perfect
B. Searching the Research Literature
C. Applying Research Findings to Practice
D. Evidence-based Practice: Implementation And Outcome Evaluation

FEE:
Non HHCC or Alliance Members - $48.00
Students - $25.00

No charge for members of following organizations:
Hartford Hospital, Connecticut Children's Medical Center, Middlesex Hospital, MidState Medical Center, UCONN Health Center, faculty and students from CCC, CCSU, SCSU, UCONN, and University of Hartford. Student IDs must be shown at registration table on morning of conference.

Fee includes: conference materials, refreshments and luncheon.

Make check payable to Hartford Hospital and send to: Division of Nursing Education & Research
Attention: Administrative Assistant
Hartford Hospital, 80 Seymour Street
Hartford, CT 06102-5037
Telephone registration will be accepted if payment is received by October 5th. For more information, contact Joan MacRae, RNC, MS at (860) 545-2818 or via email at: jmacrae@harthosp.org.
Program Schedule

7:45 AM  Registration/Coffee & Danish
          Heublein Hall, ERC Lobby

8:15 AM  Welcome
          Joan MacRae, RNC, MS
          Co-Chairperson, Planning Committee

8:20 AM  Opening Remarks & Introduction of
          Keynote Speaker
          Laura Caramanica, RN, PhD
          Vice President, Nursing, Hartford Hospital

8:30 AM  Keynote Address: "Enhancing Patient Safety"
          Nancy Jo Wilson, BSN, MD, MPH
          ERC Heublein Hall

9:30 AM  Coffee Break – Heublein Hall
          Poster Exhibit Viewing – Formal Lounge
          Book Exhibit – ERC Lobby

10:00 AM Concurrent Abstract Presentations
          ERC 216, 217, 218, 221, Heublein Hall

10:45 AM Concurrent Abstract Presentations
          ERC 216, 217, 218, 221

11:30 AM Poster Exhibit Viewing
          Formal Lounge

11:50 AM Buffet Luncheon
          Heublein Hall and Informal Lounge

12:40 PM Plenary Address: "Disclosure and
          Documentation"
          Grena Porto, RN, MS, ARM, DFA, SHRM,
          CPHRM, Heublein Hall

1:40 PM Announcement of Poster Awardees
          Ann Cinotti, RN, MSN

1:45 PM Concurrent Skill-Building Sessions

A.  Poster Perfect!
    Dorothy Varholak, RN, PhD
    Associate Professor, Division of Nursing
    University of Hartford
    ERC 221

B.  Searching the Research Literature
    Kelly Taylor
    Information Coordinator,
    Health Science Libraries, Hartford Hospital
    Ellen MacNaughton, RRT, MLS
    Nursing Librarian
    Health Science Libraries, Hartford Hospital

C.  Applying Research Findings to Practice
    Peg Moynihan, RN, MS
    Director, Professional Practice
    Hartford Hospital
    ERC 217

D.  Evidence-based Practice: Implementation &
    Outcome Evaluation
    Rose Maljanian, RN, MBA
    Director, Outcomes Research
    Hartford Hospital
    ERC 216

2:55 PM  Conference Wrap Up / Book Raffle
          Conference Evaluation – Heublein Hall

3:00 PM  Issuing of Certificates of Attendance
          ERC Lobby

10:00 AM Concurrent Abstract Presentations:

A.  Validating Math Competency Skills of Nursing
    Students & New Graduates in Educational &
    Service Settings
    John McNulty, RN, MS, CS, School of Nursing
    University of Connecticut, Storrs, CT
    ERC Heublein Hall

B.  Making Decisions About the Nursing Home
    Resident With Pain
    Amy Laufer Kenefick, RN, PhD, Assistant Professor
    of Nursing, University of Connecticut, Storrs, CT
    ERC 216

C.  Acknowledging the Validity of Hypothyroid-like
    Symptoms in Euthyroid Women: A Beginning
    Descriptive Analysis
    Laura Cox Dzurec, PhD, RN, CS, Dean, School of
    Nursing, University of Connecticut, Storrs, CT
    ERC 217

D.  Interventions to Promote Adherence in Short-Term
    Medication Regimens: An Integrated
    Review of the Literature
    Barbara Aronson, RN, MSN, Assistant Professor,
    Southern CT State University
    ERC 218

E.  Aromatherapy for Post-operative Nausea
    & Vomiting in the PACU
    Lynn Anderson, RN, BSN, CPAN
    Assistant Nurse Manager, John Dempsey Hospital
    ERC 221

10:45 AM Concurrent Abstract Presentations:

F.  How Community Dwelling Adults
    Communicate End of Life Preferences
    Wendy Petow, RN, MS, Michele Goldberg, RN, MS
    Enrico Del Signore, RN, BS, Margaret Gorzkowski,
    RN, MS, UCONN School of Nursing
    ERC Room 216

G.  Lived Experience of AIDS: Patients’
    Cognitive Representations
    Elizabeth Anderson, PhD, APRN, Asst. Professor,
    UCONN School of Nursing and Margaret Spencer,
    MS, APRN, Trinity Hill Care Center, Hartford, CT
    ERC Room 217
<table>
<thead>
<tr>
<th>POSTER PRESENTATIONS</th>
</tr>
</thead>
</table>
| **Family Presence During Resuscitation: A Research**  
  Utilization of Family and Staff Attitudes.  
  Phillip Moisuk, RN, BSN  
  University of Connecticut School of Nursing |
| **Getting to the Heart of the Matter: Preventing**  
  Coronary Disease in Women.  
  Kristine Ziemba, BSN, RN, FNP Student,  
  Cathy St. Pierre, PhD, RNC, FNP  
  River College, Nashua, NH |
| **Eliminating Health Disparities Among SE Asian**  
  Women: Making a Difference in Cervical Screening  
  Rates by 2010.  
  Danielle Paquette, RN, BSN  
  Cathy St. Pierre, PhD, RNC, FNP  
  River College, Nashua, NH |
| **Joint Replacement Surgery Outcomes Study: Phase**  
  I Results & Phase II Planning.  
  Kathleen Stolzenberger, MSN, RN, Steven Downs,  
  PT, Penny Dunker, ATC, Patty Esposito, RN, Beth  
  Finn, OTR/L, Shelly Randazzo, RN  
  Middlesex Hospital, Middletown, CT |
| **New RN Residency Program: Designing a Research-**  
  Based Comprehensive Outcome Evaluation Plan.  
  Kathleen Stolzenberger, MSN, RN, Linda Misko, RN,  
  Ann Marie Yodh, MSN, RN  
  Middlesex Hospital, Middletown, CT |
| **Vaginal Birth after Cesarean Sections: An**  
  Integrative Review.  
  Lynette Ament, PhD, CNM, RN  
  Yale University School of Nursing, New Haven, CT |
| **Reducing Mattress Costs: A Two-Phase Program at**  
  a Community Hospital.  
  Lisa Corbett, APRN, MSN, CWOCN & Catherine  
  Milne, APRN, MSN, CWOCN  
  Bristol Hospital, Bristol, CT |
| **Patients’ & Nurses’ Perceptions of Caring on an**  
  Orthopedic Unit.  
  Flora Drapeau, RN, BSN  
  Master’s Candidate, UCONN School of Nursing |
| **Aromatherapy for Post-operative Nausea &**  
  Vomiting in the PACU.  
  Lynn Anderson, RN, BSN, CPAN  
  University of CT Health Center, Farmington, CT |
| **Outcomes of an Evidence-based Asthma Disease**  
  Management Program: AIR Middlesex.  
  Alison Yazmir, RN, BSN, CCM  
  Middlesex Hospital, Middletown, CT |
| **A Medication Teaching Program at an Inner City**  
  AIDS Clinic.  
  Jannette Paulo, RN & Delia Hernandez, RN  
  Hartford Hospital, Hartford, CT |