HEALTHCARE REFORM: LEADING WITH EVIDENCE

15TH ANNUAL EVIDENCE BASED PRACTICE CONFERENCE
HARTFORD HOSPITAL

HEALTH CARE REFORM: CONNECTING PRACTICE TO POLICY
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Nursing Economics
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“When we tell our piece of the story it reminds someone in the circle about their piece of the story and eventually the whole story gets told and we remember that we are part of the whole”

- Lou Adams
Session Objectives:

1. Explain how empirical evidence is used to drive improvements to gain better efficiency and effectiveness in a reformed health care system.

2. Describe how successfully driven evidence occurs through the health care system.

3. Illustrate ways nurses and nursing students can address and attend to using evidence to influence public and health care policy.
TWO YEARS LATER AND ABOUT $200,000.000

YOU TOO CAN HAVE THE MAGIC OF DINSEY!!!
Hospital Compare

http://www.hospitalcompare.hhs.gov/

Where do you want to find a hospital?

Search Information

Location - ZIP Code or City, State

e.g. 10009 or New York, NY

Search type [?]

- General
- Medical Conditions
- Surgical Procedures

Find Hospitals
The care experience that are particularly meaningful to patients...

- Communication with doctors
- Communication with nurses
- Communication about medications
- Responsiveness of hospital staff
- Pain management
- Quality of discharge instructions
- Cleanliness of hospital environment
- Quiet of hospital environment
Policy Implications

In 2013, CMS will withhold 1% of Medicare reimbursement from hospitals and reimburse them in amounts tied to their survey results. That will increase to 2% by 2017.
National Database of Nursing Quality Indicators® (NDNQI®)
What are nursing-sensitive quality indicators?

- **Structure** of nursing care is indicated by the supply of nursing staff, the skill level of the nursing staff, and the education/certification of nursing staff.

- **Process** indicators measure aspects of nursing care such as assessment, intervention, and RN job satisfaction.

- **Patient outcomes** that are determined to be nursing sensitive are those that improve if there is a greater quantity or quality of nursing care (e.g., pressure ulcers, falls, IV infiltrations).
On March 23, 2010, President Obama signed H.R. 3590, the Patient Protection and Affordable Care Act (PPACA).
Intersection of health care reform and national reports.

- Carnegie Report, Educating Nurses: A Call for Radical Reform;
- Josiah Macy Jr. Report, Who Will Provide Primary Care and How Will They Be Trained?;
- Lancet Commissions Report, Health Professionals for a New Century: Transforming Education to Strengthen Health Systems in an Interdependent World;
Caring for the Future

Rebuild the primary care workforce

Strengthen community health centers through new funding to support the construction of and expand services at community health centers. (ACA, 2010)
Caring for the Future

- In 2011, the law provided for free preventive care for seniors such as annual wellness visits and personalized prevention plans;
- establishes the Community Care Transitions program to help high risk older adults who are hospitalized avoid unnecessary readmissions by coordinating care and connecting patients to services in their communities; and increased reimbursement for primary care.

In 2012, the law provides for incentives for physicians to join together to form “Accountable Care Organizations” (ACO) effective 1/1/2012.

- ACOs are provider groups, at a minimum, primary care physicians, specialists, and hospitals, that accept responsibility for the cost and quality of care delivered to a specific population of patients cared for by the group’s clinicians.

  - (Shortell SM, Casalino LP, Fisher ES. How the center for medicare and medicaid innovation should test accountable care organizations. Health Aff (Millwood) 2010; 29(7): 1293-8)
Caring for the Future

- In 2013, the law establishes a national pilot program to encourage hospitals, doctors, and other providers to work together to improve coordination and quality patient care.
- Beginning January 1, 2015, physicians will be paid for value not volume.
- RNs will be an integral member of the ACO team as they will develop evidence-based and content-driven strategies for standardizing and improving care coordination and care transitions.
RN-directed programs are associated with:

- improved patient outcomes,
- reduced costs in high volume,
- stable chronically ill populations including patients with congestive heart failure, hypertension, diabetes, and patients requiring anticoagulation therapy.

- Fanning EL. Outcomes and cost effectiveness of treating type 2 diabetes with a nurse case manager following treatment algorithms versus primary care physicians [Doctorial dissertation] Houston: The University of Texas Health Sciences Center at Houston; 2002
- Henrick A. Cost-effective outpatient management of persons with heart failure. Prog Cardiovasc Nurs 2001; 16(2):50-6
According to the Institute of Medicine's (IOM) definition,

- **Patient-Centered** care is "providing care that is respectful of and responsive to individual patient preferences, needs, and values and ensuring that patient values guide all clinical decisions (p. 6).

The Picker Institute has delineated eight dimensions of patient-centered care:

1. respect for the patient's values, preferences, and expressed needs;

2. information, communication, and education;

3. access to care;

4. emotional support to relieve fear and anxiety;

Eight dimensions of patient-centered care continued...

5. involvement of family and friends;

6. continuity and secure transition between health care settings;

7. physical comfort; and

8. coordination and integration of care.

Patient Centered Outcomes Research Institute to identify national priorities for health outcomes research.
An Invitation: From the Editor

- The Call for Poster Abstracts and Poster Submission Guidelines for the 5th Nursing Economics Summit are now available on the journal's web site (www.nursingeconomics.net).

- In addition, visitors can also request a registration brochure for the Summit, which will be held June 6-8, 2012 in Washington, DC. Planning for the Summit is moving along nicely. The registration brochure will be mailed and online registration will be active in January 2012.
References

- 111th Congress. Patient Protection and Affordable Care Act. 2010; 111-1 (2nd Session)
- Josiah Macy Jr. Foundation. Who will provide primary care and how will they be trained? New York: Josiah Macy Jr. Foundation; 2010
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- Shortell SM, Casalino LP, Fisher ES. How the center for medicare and medicaid innovation should test accountable care organizations. Health Aff (Millwood) 2010; 29(7):1293-8
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