the 23rd Annual Evidence-Based Practice Conference
What Does it Mean to be a Nurse: Finding Joy in Work

Friday, October 18, 2019
7AM – 3PM

Presented by
The Connecticut Nursing Research Alliance

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Connecticut Children’s Medical Center
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The 23rd Annual Evidence-Based Practice Conference:

What Does it Mean to be a Nurse: Finding Joy in Work

Keynote Speaker

E. CAROL POLIFRONI, RN, EDD, CNE, NEA-BC, ANEF

Carol Polifroni is an educator, researcher and consultant. She is Professor in the School of Nursing at the University of Connecticut. Carol’s scholarship is in health policy with a focus on engagement and workplace environment issues. She has received greater than $5 million in externally funded grants to support her work. Currently she is working on adolescent health services through School Based Health Centers with a colleague and her most recent collaborative study, presented at IHI and SIGMA as well as at several research conferences, is published in Nursing Administration Quarterly, and addresses IHI’s fourth aim; joy and meaning.

Her commitment to diversity in the health care workforce is illustrated in RUN with LC, (Recruiting Underrepresented Individuals to Nursing through Learning Communities), a HRSA funded project, designed to enhance the diversity of the nursing and health care workforce through direct work with students in inner city schools and those in college by addressing career choices, academic preparation, resiliency and a commitment to excellence.

Carol currently serves on the North Hartford Triple Aim Collaborative, serves as a steering committee member of In CHIP’s community engaged research core, co-directs UConn’s Collaboratory on School & Child Health, is immediate Past President of SIGMA Mu Chapter, and serves on boards of healthcare organizations.

She is the co-editor of the only anthology of Philosophy of Science in Nursing, used throughout the international world of higher education. Carol earned her BSN from Saint Anselm College, an MA in Nursing from New York University and an EdD in Curriculum Theory and Development from Rutgers University.
Morning Program Schedule

7:00 – 8:00 AM  Registration Continental Breakfast (Heublein Hall, ERC Lobby)

7:00 – 8:00 AM  Poster Exhibit Viewing (Formal Lounge, ERC Lobby)

8:00 AM  Welcome (Heublein Hall)
Lisa Q. Corbett, DNP, APRN, CWOCN,
Co-chair, CT Nursing Research Alliance
Denise Bourassa, DNP, MSN, RNC, CNL, CNE
Co-chair, CT Nursing Research Alliance

8:15 – 9:30 AM  Keynote Address (Heublein Hall)
Meaning and Joy in the Workplace: The Nurses' Voice
(1.25 Contact Hours)
E. Carol Polifroni, RN, EdD, CNE, NEA-BC, ANEF; Professor,
University of Connecticut School of Nursing

9:30 – 10:00 AM  Poster Exhibit Viewing (Formal Lounge, ERC Lobby)

10:00-11:00am  Concurrent Breakout Sessions (Choose One – see page 3)

11:00-11:15am  Rotation of Breakout Sessions

11:15am-12:15pm  Concurrent Breakout Sessions (Choose One – see page 4)

12:15 – 1:15 PM  Buffet Luncheon (Heublein Hall)
Poster Viewing (Formal lounge and ERC lobby)

1:15 – 2:30 PM  Plenary Address (1.25 Contact Hours)
An Onsite Self-Care Break to Decrease Stress and
Promote a Culture of Wellness
Catherine Alvarez, RN, MA, BS, CNML, HNB-BC, PCCN
Yale-New Haven Hospital

The Mindful Path for Healthcare Providers: Cultivating
Self-Compassion and Resilience Through Mindfulness
and Self-Care
Manpreet Baweja, MD
The Hospital of Central Connecticut

2:30 – 3:00 PM  Conference Wrap Up
Awards/ Evaluations/ Closing Remarks
Concurrent Breakout Sessions (choose one)
*1 Contact Hour will be granted for attending two 25-minute sessions.

10:00 – 11:00 am Library Room 1 *Max 16
Electronic Literature Search Skills (1 Contact Hour)
Janene Batten, MLS, Yale School of Nursing, Lisa Carter, MSLIS, Hartford Hospital

10:00 – 10:25 am Heublein Hall
Reducing Opioid Use with an Enhanced Recovery After Cardiac Surgery Process Improvement
Karen Freed, MSN, APRN; Cherie Case, BSN; Julianne Jacela, Joshua Russell, Mallory Norman, Cedric White, Antonia Alquist, Michele Kolios, RN, MS Hartford Hospital

10:30 – 10:55 am Heublein Hall
Opioid Tapering Schedule for Postoperative Pain after an Elective Total Hip Arthroplasty (THA) and Total Knee Arthroplasty (TKA)
Sherry Stohler, MSN, RN; Julie Lecco, BS; Jannat Gill, MPH, BS; Ashly Stovall, BS; Ilene Staff, PhD; Courtland Lewis, MD, Hartford HealthCare Bone & Joint Institute

10:00 – 10:25 am ERC 216
Creation and Testing of a Virtual Crash Cart Program for its Impact on User’s Self-efficacy
Christopher Mann, RN, BSN; Jyoti Chhabra, PhD, AWP, RYT, CCWS; Dawn K. Beland, MSN, RN, CCRN-K, ACNS-BC, CNRN, SCRN; Liza Nowicki, RN, MSN Hartford Hospital

10:30 – 10:55 am ERC 216
Innovative Classroom Upgrade: Simulating an ICU for BSN Students
Cynthia Bautista, PhD, APRN, FNCS; Susan Bartos, PhD, RN, CCRN, Fairfield University Egan School of Nursing

10:00 – 10:25 am ERC 217
Clinical Redesign: Transition of the Intermediate Care Area to the Progressive Care Unit
Jennifer O’Neil, MSN, RN, CCRN, Yale New Haven Health, Bridgeport Hospital

10:30 – 10:55 am ERC 217
Rapid Response Optimization
Jacqueline Laird, BSN, RN, CNML, Yale New Haven Health, Bridgeport Hospital
Anne M. Aquila, MSN, RN, CENP, Yale New Haven Health, Bridgeport

10:00 – 10:25 am CESI Room D
Aggression in Medical Settings and Missed Care: A Descriptive Study
Elizabeth Molle, PhD, RN-BC; Janet Parkosewich, DNSc, RN, FAHA; Joanne DeSanto Jennaco, PhD, PMHNP-BC, APRN; David Depukat, PhD, RN, Middlesex Health, Yale New Haven Health

10:30 – 10:55 am CESI Room D
Characteristics of Patient Aggression in Inpatient Medical Settings
Joanne DeSanto Jennaco, PhD, PMHNP-BC, APRN; Elizabeth Molle, PhD, RN-BC; Janet Parkosewich, DNSc, RN, FAHA; David Depukat, PhD, RN, Middlesex Health, Yale New Haven Health

11:00- 11:15 am Rotate to Next Session
**Concurrent Breakout Sessions** *(choose one)*

*1 Contact Hour will be granted for attending two 25-minute sessions.*

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Topic</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>11:15 am – 12:15 pm</td>
<td>Heublein Hall</td>
<td>Evidence Based Research Project Skill Building <em>(1 Contact Hour)</em></td>
<td>Katie Hinderer, PhD, RN, CCRN-k, CNE, Connecticut Children’s Medical Center</td>
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<tr>
<td>11:15 am – 11:40 am</td>
<td>ERC 216</td>
<td>Creating Value with a Vascular Access Team through a Peripheral Intravenous Catheter Best Practice Bundle Study</td>
<td>Lee Steere, RN, CRNI, VA-BC, Hartford Hospital</td>
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<td>11:45 am – 12:10 pm</td>
<td>ERC 216</td>
<td>Beliefs and Utilization of Intrauterine Devices (IUDs) among Women’s Healthcare Providers</td>
<td>Christa Palancia Esposito, DNP, MSN, CNM; Jenna A. LoGiudice, PhD, CNM, RN, Fairfield University Egan School of Nursing</td>
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<tr>
<td>11:15 – 11:40 am</td>
<td>ERC 217</td>
<td>ALL for ONE: An Interdisciplinary Approach to Improve Discharge Timeliness in the Heart and Vascular Center at Yale New Haven Hospital</td>
<td>Ruth Merenguelli, BSN, RN, CMSRN, RN-BC; Maura Shea, MSN, RN; John Sward, MSN, RN, Yale-New Haven Hospital</td>
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<tr>
<td>11:45 am – 12:10 pm</td>
<td>ERC 217</td>
<td>Improving COPD Care, the Hartford HealthCare Way</td>
<td>Jay A. Encarnacion, BSN, RN, Hartford HealthCare</td>
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<tr>
<td>11:15 am – 11:40 pm</td>
<td>CESI Room D</td>
<td>Inpatient Glycemic Care Variation – We have opportunities to improve in Connecticut</td>
<td>Sally O. Gerard, DNP, RN, CNL, CDE; Josephine Richie, DNP, RN, CNL, Fairfield University</td>
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<tr>
<td>11:45 am – 12:10 pm</td>
<td>CESI Room D</td>
<td>Finding the Balance: Managing Diabetes in the Hospital with an Insulin Pump: Patient and Nurse Perspectives</td>
<td>Karen McAvoy, MSN, RN, CDE; Ann Kaisen, MSN, MPA, ANP-BC, APRN, CDE; Leigh Bak MSN, APRN, ACNS-BC, CDE, Yale-New Haven Hospital</td>
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Contact Hours

Contact Hours will be awarded to participants who attend Keynote session, Breakout sessions and Plenary presentation. Hartford Hospital is an approved provider of continuing nursing education by the Connecticut Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Contact Hour approval does not imply ANCC Commission on Accreditation or Hartford Hospital endorsement of any commercial products displayed in conjunction with this conference.
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Stamford Health
University of Connecticut School of Nursing
University of Connecticut Health Center
University of Hartford
Yale New Haven Hospital
Yale University School of Nursing
Poster Presentations

1) Can an Inter-professional Prospective Patient Review Process (PPRP) Reduce Length of Stay and Post-operative Complications Following a Total Joint Arthroplasty (TJA)? A Retrospective Review.
Karen Livingston, APRN, ONC; Sherry Stohler, MSN, RN; Amber Monson, MSN, RN;
Donna Jones, MSN, RN
Hartford HealthCare Bone & Joint Institute

2) Finding Improvement Opportunities in Transition Teaching for Total Hip and Knee Arthroplasty Patients: The Role of the Transition RN Navigator
Charles Johnson, BSN, RN; Lorraine Achiles, BSN, RN; Carol Ghergurovich, MSN, RN;
Victoria Freed, BSN, RN; Sherry Stohler MSN, RN
Hartford HealthCare Bone & Joint Institute

3) A Comparative Analysis of Two Different Newborn Hypoglycemia Protocols
Sarah Purcell, BSN, RN; Katie Dalton, BSN, RN; Abby Thaqi, BSN, RN; Anna Wei, BSN, RN, MS;
Amy Luviano, BSN, RN; Gisel Quintana, BSN, RN; Nichole Riehm, BSN, RN; Tina Wickstrom, RN;
Dr. Alison Kris, PhD, RN; Barbara Flanagan, MSN, RN-BC, CNL
Greenwich Hospital, Fairfield University

4) New Graduate RNs in Homecare, can it work? Immersion program to decrease turnover in Homecare Nursing
Leanne LaRose MSN, RN; Teresa Soule BSN, RN; Dr. Stacey Benham OTD, OTR/L
Hartford HealthCare at Home

5) Application of a Pediatric Individualized Seizure Action Plan (ISAP) at the Bedside: A Nurse Residency Project
Alexa Pallotti BSN, RN; Mikayla Rein-Walsh BSN, RN; Megan Starkowski BSN, RN
Connecticut Children’s Medical Center

6) Minimizing Radial Arterial Bleeding Risk with a Revised Radial Arteriotomy Compression Device Removal Protocol in the Heart & Vascular Center at Yale New Haven Hospital
Alison Brennan MSN, RN, CCRN, CNL; Elizabeth Fletcher MSN RN CNML; Carlos Mena, MD, Sam Hahn, MD, HVC Interdisciplinary TR Band Task Force, HVC Nursing Professional Governance
Yale-New Haven Hospital

7) “What About Me?”. Sibling Support in the NICU
Kristen Ehrhardt, BSN, RN; Elizabeth Harwood, BSN, RN; Courtney Lopiano, BSN, RN;
Cassidy Norton, BSN, RN
Connecticut Children’s Medical Center

8) Using Humor to Enhance the Nurse-Patient Relationship
Donna-Ree Beckford, BSN, RN; Anifatu Kasanga BSN, RN; Matthew Padykula, BSN, RN;
Chrissy Pikos, BSN, RN
Hartford Hospital

9) Gestational Carrier Pregnancy: Beginning of a New Life and New Family
Deborah A Gingras, MS, RN, CNS
Hartford Hospital

10) The New Age of Quality Improvement and Patient Safety with Clinical Nurse Leaders: a Reduction in Reportable Pressure Injuries
Vallerie Push MSN, RN, CCRN, CNL
Yale-New Haven Health System, Bridgeport Hospital
11) Improving Nursing Student Engagement in Empathic Behaviors
   Joan Kuhnly DNP, NNPC-BC, APRN, IBCLC, CNE; Jessica Holden DNP, RN-BC
   Westfield State University, Hartford Hospital

12) The Hidden Joys of Hair Care
   Olivia Warner, BSN; Nicole Kranz BSN; Dijon Wiggins BSN; Emily Nguyen, MSN; Shilpa Mistry PA
   Yale-New Haven Hospital

13) Clinical Outcomes of the Furlow Z-Plasty Following Primary Cleft Palate Repair from 2007-2017
   Erin Bibber, B.S., Charles Castiglione, MD, FACS, Kelly Mabry, PhD, Monique France, BSN, RN, CPN, Deborah Redford-Badwal, DDS, PhD
   Connecticut Children’s Medical Center

14) Implementing a Multidisciplinary Shared Governance Model to Improve Early Ambulation in Fragility Hip Fracture Patients
   E. Braudrick, BSN, RN, ONC; M. Anderson, DPT; Victoria Freed BSN, RN; C. Ghergurovich MSN, RN; Kim Hayes RN, MS; S. Stohler, MSN, RN
   Hartford HealthCare Bone & Joint Institute

15) Outcomes Demonstrated by the Clinical Documentation Specialist Nurse: Ensuring Integrity of the Medical Record
   Chi D. Nguyen RN, MSN, CCDS
   Hartford Hospital

16) Pediatric Healthcare Providers’ Knowledge, Attitudes, and Current Practice of Trauma-Informed Care
   Elissa Center-Gray, BSN, RN; Kathy Visinski, RN, MSN, WCC, CPN; Catherine Novak, BSN, RN; Katie Hinderer, PhD, RN, CCRN-K, CNE; Beth A. Wentland, MBA, BSN, RN, CCRN
   Connecticut Children’s Medical Center

17) “Wellness Champions”: A Quality Improvement Project to Address Compassion Fatigue among Oncology Nurses at Hartford Hospital
   Ashley Shelden, RN, MSN, OCN, Anna-Rae Montano, RN-BC, BSN, MS, Maura Kenny, BSN, RN and Mary Kate Eanniello, DNP, RN, OCN
   Hartford Hospital

18) Healthy Possibilities: A Prospective Study of Health Promotion in Stamford Hospital Nurses
   Christin Lucia; Eva Bourke
   Stamford Hospital

19) Transforming an Orthopedic Service Line from Volume to Value
   Dianne Vye, MSN, RN, ONC and Donna Sassi, MSN, RN, NEA-BC
   Hartford HealthCare

20) Standardizing Pediatric Behavioral Health Initiatives Across the Continuum of Care
   Emily Swindelles, ADN, RN; Risa Squires, BSN, RN; Joanne Meucci, MSN, RN
   Connecticut Children’s Medical Center

21) Nursing Satisfaction with Handoff Reporting in the Emergency Department
   Christine Kirk DNP, MSN, RN, CEN
   Central Connecticut State University

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Poster Presentations  

(Continued from page 8)

22) Effect of a Standardized Transfer Protocol on Transfer Times in patients with Stroke  
Dawn Beland, MSN, RN, CCRN-K, ACNS-BC, CNRN, SCRN  
Hartford Hospital  
Karin Nystrom, APRN, FAHA  
Yale New Haven Health

23) An Evidence Based Pediatric Palliative Care Continuing Education Program’s Impact on Self-Efficacy in Pediatric Nurses  
Taryn J. Hamre DNP, APRN, FNP-BC, CPHON and Beth A. Wentland MBA, BSN, RN, CCRN  
Connecticut Children’s Medical Center

24) ‘Mock Code’ Class for Undergraduate Nursing Students  
Susan Bartos PhD, RN, CCRN  
Fairfield University

25) Is there a need for standardization of Venous Thromboembolism (VTE) prophylaxis in total shoulder arthroplasty (TSA) patients? : A Retrospective Review.  
N. LaVette APRN, S. Stohler RN, MSN, J. Gill BDS, MPH  
Hartford HealthCare Bone & Joint Institute

26) Reducing Time to Operating Room (TTOR) for Fragility Hip Fractures: Implementation of an Orthopedic Trauma Nurse Navigator  
E. Braudrick, BSN, RN, ONC; Kim Hayes RN, MS; S. Stohler, MSN, RN  
Hartford Hospital

27) Implementing Scripted 48-Hour Post-Discharge Phone Call for Patients with Heart Failure: An Evidence-Based Practice Quality Improvement Project  
Judy C. Ruggiri RN, MSN, DNP(c); Kerry A. Milner, RN, DNSc; Denise Buonocore, ACNPC, MSN  
Southern Connecticut State University

28) Leveraging Technology to Enhance the Patient and Family Experience  
T. Wesoloskie, BSN, RN CPN; M. Mazur, BSN, RN, CCRN; D. Hallbach, BSN, RN, CPN; K. Bohonnon, BSN, RN, CPN  
Connecticut Children’s Medical Center

29) Identifying Burn Patient Challenges with Implementation of Follow-up Phone calls  
Melissa Emanuel RN; Jacqueline Laird BSN RN CNML; Alisa Savetamal MD, FACS; B. Bartos, PhD, RN, CC; Anne Aquila RN MSN  
Bridgeport Hospital

30) The Evolution of The Role of The Public Health Nurse  
Loan D. Nguyen MSN, RN  
Connecticut Department of Public Health

31) Tell me in your own words: The teach back method improves nurse’s ability to teach about heart failure  
Cathryn Broadwell MSN, RN; Dr. Cherry Karl PhD, RN, C.N.E.  
Hartford Hospital

32) New Nurse Retention: A Collaborative Approach to Improving Medical Surgical Nurses Job Satisfaction in a Pediatric Hospital to Improve First Year Retention Rates  
Kristen Overton, BSN, RN, CPN; Megan Strobel, MSN, RN, WCC; Risa Squires, BSN, RN; Joanne Meucci, MSN, RN  
Connecticut Children’s Medical Center

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33) Caritas Cart Initiative to Improve Self-Care through Mindfulness Practice
Roberta Brown, BSN, RN, LMT, CYT, CHTP/I; Marie Dalton, MA, BSN, RNC
Greenwich Hospital

34) Fall Fridays: A Creative Strategy for Patient Safety
Nicole DeNapoli BSN RN; Laura Lessard BSN RN
Hartford Hospital

35) Surgical Smoke Evacuation
Elizabeth Duffy BSN, RN, CNOR; Emily Hixson BSN, RN, PHN, CNOR
Stamford Hospital

36) Sustaining Unit-Based Skin Champions to Reduce Pressure Injury: Outcomes From 8 Years of “Champ Camp”
Lisa Q. Corbett DNP APRN CWOCN; Kimberlee Cheney BSN RN CWON; Barbara Falkowski BSN RN CWCN; Carol Lightbody BSN RN COCN; Suzanne Miller BSN BA RN CWCN; Nancy Ough LPN; Lisa A. Smith BSN RN CWON
Hartford Hospital

37) Quality Improvement Initiative to Support Early Milk Expression in NICU Mothers
Wendy Petow, MSN, APRN, CLC; Brittany Rubenstein, BSN, RNC-NIC, IBCLC; Kayla Little, BSN, RNC-NIC, IBCLC; Marisa Merio, BSN, RN, IBCLC; Marci Ouellette, BSN, RN
University of Connecticut Health Center

38) Cultivating Joy in Nursing Work: Evolution of Nursing Grand Rounds
Beth Wentland, BSN, RN, MBA, CCRN; Debra Martin, MSN, RN, CNML; Katherine Hinderer, PhD, RN, CCRN-K, CNE
Connecticut Children’s Medical Center

39) Is Experience the Best Teacher for Repeat Total Joint Replacement Patients?: A Prospective Cohort Analysis.
Lorraine Achiles, BSN, RN; Charles Johnson BSN, RN; Sherry Stohler MSN, RN
Hartford Hospital

40) Technology as a Conduit for Creating Joy in Nursing: Initiatives of the Strategic Talent Acquisition and Retention Team
J. Meucci, L. Shine, K. Candiloro, A. Canfield, B. Barbeau, A. Brown
Connecticut Children’s Medical Center

41) A Team-Based Annual Competency Assessment using Low-Fidelity Simulation to Improve Patient Outcomes and Align with System Balanced Score Card Strategic Goals
Holly DeFeo MSN, RN-BC & Joanne Roy PhD, RN-BC, CNL
The Hospital of Central Connecticut

42) What is the Effectiveness of a Customized Patient / Family Stroke Education Guide on Patient Satisfaction?
Judith Greco-Dugan BSN, RN, CNRN, SCRN
Hartford Hospital

43) Insitu Rapid Response Simulation Program Improves Outcomes
Laura Conway DNP, APRN
The Hospital of Central Connecticut
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