



571053

Central Connecticut Cystic Fibrosis Center

Name: _____/DOB: _____

Date: _____

My primary health concern or issue I wish to address during today's clinic is:

Medication List:

Respiratory Care:	Albuterol (nebulizer or MDI with spacer) ___ times/day Xopenex ___ mg ___ times/day nebulizer Hypertonic Saline: ___ mls ___ times/day Pulmozyme: ___ vials ___ times/day Flovent: 110 ___ times/day 220 ___ times/day Advair: 100/50 ___ 250/50 ___ 500/50 ___ clicks ___ times/day ___ Pulmicort: ___ puffs ___ times/day
Antibiotics:	Oral: _____ times/day for ___ days _____ times/day for ___ days Inhaled: _____ times/day for ___ days _____ times/day for ___ days
Diabetes medication:	Insulin: _____ dose (ie: sliding scale, CHO counted) _____ dose Oral: _____ dose
Other medications:	_____ _____ _____

Do you need any pharmacy refills? 30 day _____ 90 day _____

Nutrition:

Appetite:	Great ___ Good ___ Fair ___ Poor ___
Vitamins:	ADEK ___/d OTC MVT ___/d Vit D ___/d/wk Vit C ___/d Vit A ___/d Vit K ___/d Vit E ___/d Other _____
Enzymes:	Brand: _____ Dose: ___/meal and ___/snack
GI Medications:	Uros/Actigal: _____ Reflux/stomach: _____ Anti-nausea/motility: _____
Appetite stimulant:	Yes/No Brand/frequency: _____
Supplements/Tube feeding:	Boost/Ensure/Scandishakes/other: _____ cans/day Tube feeding: _____ cans/day (bolus/pump)
Herbals Medications:	



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Social Work:

Any changes in the following, please specify:	Amount/source of income? No ___ Yes ___
	Medical coverage/insurance? No ___ Yes ___
	Living situation? No ___ Yes ___
	General emotional/social situation? No ___ Yes ___

Are you enrolled in any medication incentive and/or assistance programs? No ___ Yes ___

Please list: _____

Sputum	Amount per day:	None ___ 1 tsp ___ 1 TBSP ___ ¼ cup ___ more than ¼ cup ___			
	Change from normal?	No ___ Increased ___ Decreased ___			
	Color:	White ___ Yellow ___ Green ___ Brown ___ Blood Tinged ___			
Airway Clearance (check as many as apply)	Type	# of times/day	# of days/week		
	Vest				
	Acapella				
	Active Cycle of Breathing				
	Autogenic Drainage				
	Chest PT/postural drainage				
Exercise	Other:				

Respiratory:

Who is your DME provider? _____

What is your sick day plan:

