Queridos familiares y amigos:

Acepten por favor nuestra más profundo pesame por la muerte de su ser querido. Nosotros, el personal de Hartford Hospital, queremos que sepan que nuestros corazones están con ustedes en la muerte de su ser querido. Queremos que sepan que el cuidado de nuestros pacientes incluye el cuidado y el apoyo de sus familiares y amigos. Si bien el camino del dolor es uno que cada uno de nosotros experimenta en su propia forma, ofrecemos este libro de recursos como un medio de darles más apoyo.

Hartford Hospital está comprometido con ayudar a los familiares, amigos y profesionales del cuidado con el apoyo que necesitan durante la pérdida de un ser querido. Hay muchos profesionales y voluntarios capacitados y con experiencia disponibles para ayudarlos. También podemos ayudarlos a encontrar recursos y agencias en la comunidad.

Indicamos a continuación los teléfonos que podrán usar si necesitan más ayuda:

- **Bereavement Support** (Apoyo en el Duelo) 860.972.2290
- **Pastoral Services** (Servicios Pastorales) 860.972.2251
- **Social Services** (Servicios Sociales) 860.972.2966
- **Trauma Support Coordinator** (Coordinador de Apoyo para el Trauma) 860.972.5418
- **Coordinator, Family Donor Services** (Coordinador de Servicios de Donantes Familiares) 860.286.3120

Sinceramente,

Stuart K. Markowitz, MD FACR
President, Hartford Hospital and Hartford Region, SVP Hartford Health Care

harthosp.org

(El Programa de Duelo aparece bajo “Programs & Services” (Programas y Servicios))
Dear Family Members and Friends:

Please accept our deepest sympathy in the death of your loved one. We, the Hartford Hospital staff, want you to know that our hearts go out to you in your loss. We want you to know that the care of our patients includes the care and support of their family and friends. Although the path of grief is one that we each experience in our own way, this resource guide is offered as a means of providing further support to you.

Hartford Hospital is committed to assisting families, relatives, friends and professional caregivers with the support they need during the loss of a loved one. Many trained and experienced professionals and volunteers are available to help you. We can also assist you in locating resources and agencies in the community.

Listed below are telephone numbers you may call if you need further assistance:

- Bereavement Support: 860.972.2290
- Pastoral Services: 860.972.2251
- Social Services: 860.972.2966
- Trauma Support Coordinator: 860.972.5418
- Coordinator, Family Donor Services: 800.874.5215

With sincere regards,

Stuart K. Markowitz, MD FACR
President, Hartford Hospital and Hartford Region, SVP Hartford Health Care
harthosp.org
(Bereavement Program is listed under Programs & Services)
Bereavement Support Resources Index

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Please report any corrections or updates to Heide Weise at: heide.weise@hhchealth.org.

Please be advised that the information referenced here is updated annually, you are advised to call before attending any of these programs.
Statewide Support Groups

The following is an overview of support groups identified in this booklet, since it is impossible to list all organizations; we encourage you to look online for additional resources.

**Family Centers for Hope**
They offer support groups for young and older widows and widowers, general bereavement, as well one-on-one counseling. Visit [familycenters.org](http://familycenters.org) click on support groups/services for information on locations.

**Compassionate Friends**
They offer support for bereaved parents who have lost a child of any age. Visit [compassionatefriends.org](http://compassionatefriends.org) click on find Support and then click on Chapter Locator.

**The Cove**
A safe haven for children ages 5-17 who have experienced the death of a parent or sibling. Visit [covect.org](http://covect.org) click on find support then click on chapter locator.

**Hartford Healthcare at Home**
Greater Hartford Area. Call **860.493.7328** for information, registration and location.

**Healing Hearts**
They offer support in a variety of support groups for adults and children in various locations throughout Fairfield County. Visit [regionalhospicect.org](http://regionalhospicect.org) click on programs/services/healing hearts center for grief & loss for more information and locations.

**Home and Community Health Services**
They offer a general bereavement group that meets the second and fourth Monday 5:30-7pm. They offer a widows/widowers group that meets the first and third Thursday 5:30-7pm. They also offer a general bereavement group that meets in eight week sessions several times a year.
Call **860.763.7634** for information and registration.
**Hospice** (statewide – also see page 25)

*Southeastern CT*
For group schedules and information on the various groups they offer, call **860.848.5699** or toll free **1.877.654.4035** or go to hospicesect.org.

*Western CT*
For group schedules and information on the various groups they offer, call **203.792.4422** or go to regionalhospicect.org.

**Mary’s Place, A Center for Grieving Children and Families**
Provides grief support groups for children ages 3-12 who have experienced the death of a parent or sibling, teens ages 13-18 who have experience the death of a parent, sibling or significant person and for young widows and widowers. Call **860.688.9621** for information, registration and location. Find more information on MarysPlaceCT.org.

**Survivors of Homicide** (statewide)
Call **860.257.7388** or visit survivorsofhomicide.com for information, location.

**United Services Inc.**

**United Way of CT** (statewide)
They provide support groups for adult parental, parental and/or child loss, cancer, suicide or homicide loss, widow/widowers. For information and location call 211 or go to 211ct.org.

**VNA & Hospice of Fairfield County**
They offer various support groups and locations. Call **203.762.8958 ext. 255** or go to visitingnurse.net scroll to health information and community programs and click on bereavement support groups for information and registration.
Statewide Hospital Bereavement Programs

**Bristol Hospital**  
*Brewster Road, Bristol, CT*  
They offer a support group for adults several times a year in seven week sessions, both day/evening available. Call **860.585.4752** for information and registration.

**Charlotte Hungerford Hospital Sullivan Senior Center**  
*88 East Albert Street, Torrington, CT*  
General bereavement support group meets first and third Wednesday 6-7:30 pm. Call **860.496.6350** for information.

**Day Kimball Healthcare**  
*320 Pomfret Street, Putnam, CT*  
They offer a six session children’s bereavement support group held twice a year. There is also a six session bereavement support group for adults. “Light a Candle” is offered in November. Call **860.928.0422** for information on location and registration.

**Greenwich Hospital**  
*5 Perryridge Road, Greenwich, CT*  
They offer general bereavement support in eight week sessions several times a year. A “Tree of Light” celebration is offered in December. Call **203.863.3892** for information and registration.

**Griffin Hospital**  
*130 Division Street, Derby, CT*  
Offers a general bereavement support group that meets every Tuesday from 2:30-4 pm and 6:30-8 pm. They also offer a general bereavement group that meets in eight week sessions. Call **203.732.1100** for information and registration.

**Hartford Hospital – Hartford Healthcare at Home**  
*80 Seymour Street, Hartford, CT*  
Bereavement Support Group every second and fourth Monday from 1:00-2:15 pm. Call Bereavement Support Program at **860.972.2290** for more information and registration.

Este grupo está abierto a toda persona que ha experimentado la pérdida de un ser querido. Siéntase en libertad para asistir a las reuniones que desee, pocas o muchas. Este es un grupo continuo y tiene el propósito de brindar apoyo. El grupo es facilitado por un capellán y un trabajador social de Hartford Hospital.
El Bereavement Support Group (Grupo de Apoyo en el Duelo) se reúne cada segundo y cuarto lunes de 1:00 a 2:15 pm. Llame al Bereavement Support Program (Programa de Apoyo en el Duelo) al 860.972.2290 si desea más información y para la inscripción. Traiga por favor su ticket (boleto) de estacionamiento a la reunión para que sea validado.

Bereavement groups are available in various locations in the greater Hartford area, call 860.493.7328 for specific information.

**Johnson Memorial Medical Center/Home & Community Health Services**

A general bereavement group meets the second and fourth Monday from 5:30-7 pm at the Enfield Senior Center, 299 Elm St. Enfield, CT.

A widows/widowers group meets the first and third Thursday from 5:30-7 pm at Home & Community Health Services, 101 Phoenix Ave. Enfield, CT.

They also offer daytime eight week sessions several times a year. Call 860.763.7600 for information and registration on any of these programs.

**Lawrence & Memorial Hospital (Hospice of SECT)**

Center for Hospice Care Southeast CT.

Call toll free 1.877.654.4035 or visit hospicesect.org

**Manchester Memorial Hospital/Northcentral Hospice VNA**

8 Keynote Dr., Vernon, CT

Monday 2-3:30 pm, 4-5:30 pm, 6-7:30 pm.

Seven week sessions are also offered several times a year. Call 860.872.9163 for information and registration.
**Middlesex Hospital**

**Middlesex Hospital**
28 Crescent Street, Middletown CT
First and third Monday from 5-6:30 pm.
Conference Room A at the Hospital.

**One Macdonough Place**

**One Macdonough Place, Main St Ext and Macdonough Place, Middletown, CT**
Second and fourth Wednesday from 10-11:30 am.

Call 203.640.5821 for information on the various groups that are available at various locations.

**MidState Medical Center/VNA Hope Team**

435 Lewis Street, Meriden, CT
Second and fourth Tuesday from 5:30-6:30 pm.
Call 203.694.8369 for information.

**Milford Hospital/Bridges of Milford**

**Bridges of Milford**
949 Bridgeport Avenue, Milford, CT
Grief support for adults and children. First and third Wednesday 6-8 pm.
Call 203.878.6365 for information.

**Norwalk Hospital**

34 Maple Street, Norwalk, CT
They offer a General Bereavement Support Group every Monday from 5-6:15 pm. Call 203.852.2174 for information and registration.

**Rockville General Hospital/North Central Hospice VNA**

8 Keynote Dr., Vernon, CT
Monday 2-3:30 pm, 4-5:30 pm, 6-7:30 pm.
Seven week sessions are also offered several times a year.
Call 860.872.9163 for information and registration.

**St. Francis Hospital and Medical Center/St. Francis Hospital Home Care & Hospice**

Call 860.714.4749 for information.
St. Vincent’s Medical Center
2800 Main Street, Bridgeport, CT
They offer a Perinatal Bereavement Support Group and a General Bereavement Support Group. Call 203.576.5110 for information and registration.

The Hospital of Central CT
100 Grand Street, New Britain, CT
They offer a general bereavement support group and a widows/widowers group. Meetings are held twice a month on Tuesday afternoons at the New Britain campus. Call 860.224.5900 x 6573 for information, registration is required. Parking is validated.

William W. Backus Hospital/Hospice Southeastern CT
Call 860.848.5699 for information on the groups they offer.

Yale-New Haven Hospital
They offer a variety of bereavement services. “Healing Grief” seminars, Bereavement Support Groups, short-term counseling by telephone or office visit. “Hope for the Holidays” and an annual “Night of Remembrance” are also offered, as well as information and referral services. Call 203.415.8940 for more information and registration.
Bereaved Parents Support Groups

See also statewide support groups on page 2.

**Compassionate Friends**
Compassionatefriends.org click on find support/chapter locator

**Light Beyond Loss For Bereaved Parents**
lightbeyondloss.org
General Bereaved Support Groups

Please note:
religous affiliation not required for groups that meet in churches.

Avon

Valley Community Baptist Church
590 West Avon Road, Avon, CT
General Bereavement Group meets in six week sessions.
Call 860.673.6826 x 108 for information and registration.

Bloomfield

Bloomfield Senior Center
330 Park Avenue, Bloomfield, CT
General Bereavement Group meets first Wednesday at 2:15 pm.
Call 860.243.8361 for information.

Branford

CT Hospice Bereavement Support Groups
Grieving the Loss of a Spouse on first and third Thursday in the mornings.
General bereavement group for family, partners, friends in the evenings.
Grieving the Loss of a Spouse for younger individuals in the evenings.
Call 203.315.7544 for information, location and registration.

Bridgeport

St. Vincent’s Medical Center
2800 Main Street, Bridgeport, CT
They offer a Perinatal Bereavement Support Group and a General Bereavement Support Group. Call 203.576.5110 for information and registration.

Bristol

Bristol Hospital/Hospice Home Care
They offer seven week sessions several times a year, as well as day/evening sessions. Call 860.585.4752 for location and registration.
Danbury
Healing Hearts
They offer various support groups in various locations. Call 203.702.7400 for information, locations and registration or www.regionalhospicect.org click programs & services/healing hearts center for grief & loss.

Darien
Family Centers for Hope
Groups for general bereavement, young and older widows/widowers as well as one-on-one counseling available. Call 203.655.4693 or go to www.familycenters.org click on support groups/services for information on locations.

Dayville
United Services Inc.
Offers several support groups in multiple locations. Call 860.774.2020 for information and registration. See also unitedservicesct.org for multiple locations.

Derby
Griffin Hospital
130 Division Street, Derby, CT
General Bereavement Tuesday 2:30-4 pm and 6:30-8 pm. General Bereavement offered in eight week sessions. Call 203.732.1100 for information and registration.

Enfield
Senior Center 299 Elm Street, Enfield, CT
They offer eight week sessions Thursday from 5:30-7 pm. Call 860.763.7634 for information and registration.

Essex
Middlesex Hospital Bereavement Support Group
Essex Library
33 West Avenue, Essex, CT
Meets first and third Tuesday at 2 pm or second and fourth Tuesday at 5 pm. Call 860.767.1560 or 203.640.5821 for information.
Fairfield
St. Pius
834 Brookside Drive, Fairfield, CT
Group meets on second Saturday from 11 AM-1 pm, but not in summer from June to September. Call 203.255.6134 for information.

Fairfield County Southwest CT
Family Centers for HOPE
Individual and group support Darien 203.655.4693
Greenwich 203.869.4848
Stamford 203.324.3167

Regional Hospice of Western CT – Healing Hearts
They offer various support groups in various locations. Call 203.702.7400 for information, locations and registration or www.regionalhospicect.org click programs & services/healing hearts center for grief & loss.

Farmington Valley
Farmington Valley VNA
They offer a general bereavement support group. Call 860-651-3539 for information and registration.

Forestville
St. Matthew Church
120 Church Avenue, Bristol, CT
They offer general bereavement support in ten week sessions in spring and fall using the New Day book. Call 860.583.1833 for information and registration.

Glastonbury
Hartford HealthCare at Home at Riverfront Community Center
300 Welles Street, Glastonbury, CT
First and third Wednesday from 2 to 3:30 pm. Call 860.493.7328 for information and registration.
Hamden

Family Life Office of the Hartford Catholic Archdiocese
Groups meet in ten week sessions in the spring and fall using the New Day book for which there is a fee of $10. They also have one day monthly groups in summer. Call 203.230.2460 for information and registration.

Hartford

Hartford HealthCare at Home at Hartford Hospital
Room JB 116, 85 Jefferson Street, Hartford, CT
Second and fourth Monday from 1-2:15 pm.
No registration required; bring parking ticket to be validated. Call 860.972.2290 or 860.493.7328 for information.

Hebron

The Grief Journey
Church of the Holy Family Parish House 185 Church Street, Hebron, CT
Bereavement Support Group meets from September to June on Wednesdays from 7-8:30 pm.
Call 860.228.3077 for information and registration.

Madison

The Hearth at Tuxis Pond
They offer speakers throughout the year.
Call 203.350.3847 for information and registration.

Mansfield

Hartford HealthCare at Home
36 Ledgebrook Drive Mansfield Center, CT
First and third Thursday at 11:00 am. Call 860.456.7276 for information.

Meriden

Hope Team
MidState Medical Center, 435 Lewis Avenue, Meriden, CT
Second and fourth Tuesday from 5:30-6:30 pm meet in the Chapel. Call 203.694.8369 for information and registration.
Middletown

Middlesex Memorial Hospital
28 Crescent Street, Middletown, CT
First and third Monday from 5-6:30 pm Conference Room A Middlesex Hospital.

One Macdonough Place, Middletown CT
Meets the second and fourth Wednesday from 10-11:30 am in the Community Room
Call 203-640-5821 for information on either program.

Milford

St. Mary’s Church/Rectory
70 Gulf Street, Milford, CT
They offer a ten week session in spring and fall. There is a cost of $10 for the New Day book used during the sessions. Call 203.878.3571 for information and registration.

Kingdom of Life Community Resource Center
588 Naugatuck Avenue, Milford, CT
Offers a Grief Share group the first Sunday of the month. Call 203.878.7729 x15 for information.

Monroe

St. Jude Church
707 Monroe Turnpike, Monroe, CT
They offer a ten week session in spring and fall. There is a cost of $10 for the New Day book used during the sessions. Call 203.261.6404 for information and registration.

New Britain

The Hospital of Central CT
They offer two support groups that meet twice a month. Call 860.224.5900 x 6573 for information, registration is required. Parking is validated.

New Caanan

First Presbyterian Church
178 Oenoke Ridge, New Caanan, CT
They offer nine week sessions in March and September from 6:30-8 pm. Call 203.966.0002 for information and registration.
New Milford
New Milford VNA
They offer several groups in several locations.
Call 860.354.2216 for information and registration.

Newington
St. Mary’s
626 Willard Avenue, Newington CT
Offers two eight week sessions Wednesday from 7-8:30 pm in the spring and fall. Call 860.666.1591 for information and registration.

Norwalk
VNA & Hospice of Fairfield County
Health & Wellness Center at I-Park 761 Main Avenue, Norwalk, CT
Adults grieving loss of parent. Thursdays 6-7:30 pm.
Adults grieving loss of spouse. Mondays, 11:00 am to 12:30 pm.
Adults grieving loss of spouse. Wednesdays, 3-4:30 pm.
Adults grieving loss of friend/family. Tuesdays 6-7:30 pm.
“Coping with Loss During the Holidays” which runs four weeks from mid-December through the beginning of January. Call 203.762.8958 x 255 for more specific information and registration. Check the website for updates visitingnurse.net scroll to community programs/events and click on bereavement support groups.

Norwich
Lawrence & Memorial/Hospice of Southeastern CT
227 Dunham Street, Norwich, CT
Loss of Spouse Support Group every Tuesday from 5:30-7 pm.
Adults Grieving loss of Parent Support Group every Monday from 5:30-7 pm.
They also offer Bereavement Support in six week sessions throughout the year. Call 860.848.5699 for information and location on any of these groups.

Old Saybrook
Estuary Council of Senior Clubs
220 Main Street, Old Saybrook CT
Widow/widowers group second and fourth Thursday 10:30 am. Call 860.388.5796 for information.
Orange

Holy Infant Church
456 Race Brook Road, Orange, CT
Widows & Widowers Support Group meets Thursdays at 7pm in the school across parking lot from the church. Call 203.799.2379 for information.

Putnam

Day Kimball Hospital
320 Pomfret Street, Putnam, CT
Offers a six session children’s bereavement support group held periodically throughout the year. There is also a six session bereavement support group for adults. Coping with the Holidays meets in November. Call 860.928.0422 for information on location and registration.

Simsbury

Farmington Valley VNA
They offer a general bereavement support group that meets once a month. Call 860.651.3539 for information and registration.

McLean Home Care and Hospice
75 Great Pond Road, Simsbury, CT
Spousal loss group meets second and fourth Monday from 10-11:00 am. Call 860.658.3950 for information and registration.

Southbury

Healing Hearts/RHHC Western CT
Adult bereavement group. Call 203.792.4422 for information.

Sacred Heart
910 Main Street, Southbury, CT
Second Tuesday at 1:30 pm. Call 203.264.5071 for information or go to sacredheartchurch.info.

Southington

St. Thomas Church
99 Bristol Street, Southington, CT
First and third Wednesday from 7-9:00 pm. Call 860.628.4713 for information.
**Stamford**

**Jewish Family Service**

733 Summer Street, Stamford, CT 06901

General bereavement group meets on Tuesdays at 11:00 am. They also offer individual counseling. Call **203.921.4161** for information and registration.

**Stonington**

**Town of Stonington Human Services**

166 South Broad Street, Pawcatuck, CT

They offer a young widow/widowers group on second Thursday from 5-6:00 pm. Call **860.535.5015** for information and registration.

**Suffield**

**Emergency Aid Association**

450 South Street, Suffield, CT

They offer a general bereavement group in eight week sessions in spring and fall, which is facilitated by Masonicare Partners Home Health & Hospice. Call **860.668.1986** for information and registration.

**Torrington**

**Charlotte Hungerford Hospital Sullivan Senior Center**

88 E. Albert Street, Torrington, CT

First and third Wednesday from 6-7:30 pm. Call **860.496.6350** for information.

**Trumbull**

**St. Stephen’s Church**

6948 Main Street, Trumbull, CT

First Wednesday at 7:00 pm. Call **203.261.3676** for information.

**St. Theresa’s Parish – Parish Center**

19 Rosemond Terrace, Trumbull, CT

First Monday at 7:00 pm. Call **203.261.3676** for information.
**Vernon**

**North Central Hospice VNA**
8 Keynote Drive, Vernon, CT
Monday 2-3:30 pm, 4-5:30 pm and 6-7:30 pm.
Seven week sessions offered several times a year. Call 860.872.9163 for information and registration.

**Waterbury**

**Blessed Sacrament**
182 Robbins Street, Waterbury, CT
Second and fourth Thursday from 7-8:30 pm.
Call 203.757.1656 for information.

**Watertown**

Falls Avenue Senior Center 311 Falls Avenue, Oakville, CT
Every Tuesday from 6-8 pm
Call 860.945.5250 for information.

**Windsor**

**Mary’s Place, A Center for Grieving Children and Families**
6 Poquonock Avenue, Windsor, CT
Children’s Support Groups, ages 3-12, who have experienced the death of a parent or sibling meet two Sundays a month.
Teens Support Group, ages 13-18, who have experienced the death of a parent, sibling or significant person meet two Tuesday evenings a month.
Young Widows and Widowers Support Group meets two Wednesday evenings a month.
General Adult Bereavement Group
meets two Thursday evenings a month.
Call 860.688.9621 for information and to register. Find more information on MarysPlaceCT.org.

**Windsor Locks**

**St. Mary Church**
42 Spring Street, Windsor Locks, CT
Ten week sessions are offered in the spring and fall using the New Day book. Call 860.623.2524 for information and registration.
Woodbury
St. Theresa of Avila Church
11 Washington Avenue, Woodbury, CT
They offer a ten week session in spring and fall.
Call 203.263.2008 for information and registration.

Northeast
United Services Inc.
Various groups and locations.
Call 860.774.2020 for information.
See also unitedservicesct.org for multiple locations.

Statewide
New Day Seminar for the Bereaved
Ten week sessions offered at various times and locations throughout the state. Call the Family Life Office 860.242.5578 for information, location and registration.
Support Groups for Children

Danbury Western CT
  Healing Hearts
  They offer various support groups in various locations. Call 203.702.7400 for information, locations and registration or regionalhospicect.org click programs & services/healing hearts center for grief & loss.

Darien Southwest CT
  Family Centers for Hope
  590 Post Road, Darien, CT
  Various groups and one-on-one counseling are offered. Call 203.655.4693.

Meriden
  The Cove Center for Grieving Children
  Call for information and to register 203.634.0500 or go to covect.org.

Milford
  Bridges of Milford
  949 Bridgeport Avenue, Milford, CT
  First and third Wednesday 6-8:00 pm. Call 203.878.6365 for information.

Norwich
  Hospice Southeastern CT
  227 Dunham Street, Norwich, CT
  They offer bereavement support for children and an expressive arts group meets in six week sessions throughout the year. Call 860.848.5699 for information, location, and registration.

Putnam
  Day Kimball Healthcare
  320 Pomfret Street, Putnam, CT
  Offers a six session children’s bereavement support group held periodically throughout the year. Coping with the Holidays meets in November. Call 860.928.0422 for information on location and registration.
Windsor

Mary’s Place, A Center for Grieving Children and Families
6 Poquonock Avenue, Windsor, CT

Children’s Support Groups, ages 3-12, who have experienced the death of a parent or sibling meet two Sundays a month.

Teen Support Group, ages 13-18, who have experienced the death of a parent, sibling or significant person meets two Tuesday evenings a month.

Call 860.688.9621 for information and to register. Find more information on MarysPlaceCT.org.

Statewide

The Cove Center for Grieving Children

Meets twice monthly during the school year in various locations throughout the state for children ages 4 to 18 along with their families. Call 800.750.2683 for information, location and registration.
Support Groups for Families/Friends affected by Suicide

Darien Southwest CT
Family Centers for Hope
590 Post Road, Darien, CT
Various groups and one-on-one counseling are offered. Call 203.655.4693.

Middlesex County
Middlesex Memorial Hospital
Various groups and locations are offered. Call 203.640.5821 for information.

Seymour
Seymour Congregational Church
45 Broad Street, Seymour, CT
Last Tuesday, 7-8:30 pm
There is also a memorial service in December. Call 203.264.5613 or 203.888.6729 for information, location and registration.

Western CT
Healing Hearts/RHHC Western CT
Various support groups and locations. Call 203.792.4422 or go to regionalhospicect.org for information, locations and registration.
Connecticut Hospice and VNA Programs

Branford

Connecticut Hospice
They offer day and evening groups for loss of spouse, parent and general bereavement. They also offer groups in Branford, Farmington, Shelton, Norwalk and Wallingford throughout the year. Call 203.315.7544 for information, location and registration.

Bridgeport

Hospice at Home
Call 203.366.3821 for information.

Bristol

Bristol Hospital
They offer a support group for adults in seven week sessions several times a year, both day/ evening available. Call the Bereavement Coordinator at 860.585.4752 for information and registration.

Central CT

VNA Hospice Central CT
Call 860.493.7328 for information on any of the following:

Glastonbury Riverfront Community Center
300 Welles Street, Glastonbury, CT
First and third Wednesday from 2-3:30 pm.

Hartford Hospital
85 Jefferson Street, Room JB116, Hartford, CT
Second and fourth Monday from 1-2:15 pm.

MidState Medical Center
435 Lewis Avenue, Meriden, CT
Second and fourth Tuesday from 5:30-6:30 pm.

Danbury Western CT

Regional Hospice & Home Care of Western CT
They offer various support groups in various locations. Call 203.702.7400 for information, locations and registration or regionalhospicect.org click programs & services/healing hearts center for grief & loss.
Fairfield County
VNA & Hospice of Fairfield County
Adults grieving loss of parent. Thursdays 6 – 7:00 pm.
Adults grieving loss of spouse. Mondays 11 am – 12:30 pm.
Adults grieving loss of child. Wednesdays 3 – 4:30 pm.
Adults grieving loss. Tuesdays 6 – 7:30 pm
They also offer a “Celebration of Life” in June.
“Coping with Loss During the Holidays” which runs four weeks from mid-December through the beginning of January. Call 203.762.8958 x 255 for more specific information and registration. Check the website for updates. visitingnurse.net scroll to community programs/events and click on bereavement support groups.

Farmington Valley
Farmington Valley VNA
8 Old Mill Lane, Simsbury, CT
They offer a general bereavement group and referrals for one-on-one counseling. Call 860.651.3539 for information and registration.

Hartford
Masonicare Home Health & Hospice
Call 860.528.2273 for information.

Mansfield Eastern CT
VNA East and Hospice of Eastern CT
34 Ledgebrook Drive, Mansfield Center, CT
First and third Thursday at 11am Call 860.456.7288 x 293 for information, location, and registration or visit vnaeast.org.

Meriden
MidState VNA Hospice
Call 203.235.5714 for information.

New Milford
New Milford VNA/Hospice Home Care Program
68 Park Lane Road, New Milford, CT
They offer several groups on different days/times. Call 860.354.2216 for information.
Middlebury

**VITAS Innovative Hospice Care**

They offer general bereavement groups. They also have memorial services in various locations. They also offer community resource referral to grief therapists, community support groups.

Call **203.437.3145** for information and registration.

Norwich

**Hospice Southeastern CT**

They offer bereavement support in six week sessions throughout the year. Call **860.848.5699** for information, location, and registration.

Norwalk

**VNA & Hospice of Fairfield County**

*At the Health & Wellness Center at I-Park 761 Main Avenue, Norwalk, CT*

- **Adults grieving loss of parent.** Thursdays, 6-7:30 pm.
- **Adults grieving loss of spouse.** Mondays, 11 am-12:30 pm.
- **Adults grieving loss of child.** Wednesdays, 3-4:30 pm.
- **Adults grieving loss.** Tuesdays, 6-7:30 pm.

They also offer a “Celebration of Life” in June.

“Coping with Loss During the Holidays” which runs four weeks from mid-December through the beginning of January. Call **203.762.8958 x 255** for more specific information and registration. Check the website **visitingnurse.net** for updates, scroll to community programs/events and click on bereavement support groups.

Simsbury

**McLean Home Care and Hospice**

mcleancare.org

**McLean Health Center**

*75 Great Pond Road, Simsbury, CT*

Spousal Loss Group second and fourth Monday, 10-11:30 am

Call **860.658.3950** for information and to register.
Statewide

**Masonicare Home Health & Hospice**
They offer a variety of bereavement support in various locations.
Brookfield – call 203.775.0675 for information.
East Hartford – call 860.528.2273 for information.
East Lyme – call 860.691.4630 for information.
Norwalk – call 203.831.8882 for information.
Wallingford – call 203.679.5888 for information.

**Western CT**

**Regional Hospice and Home Care of Western CT**
Various support groups for adults and children.
Call 203.702.7400 or regionalhospicect.org for information, locations and registration.

Wilton

**VNA & Hospice of Fairfield County**
They offer a variety of support groups and individual counseling. They also offer a “Celebration of Life” in June.
Call 203.762.8958 x 255 for information, location.

**Winsted**

**Foothills VNA Home Care**
32 Union Street, Winsted, CT
They offer general bereavement in six week sessions in spring and fall. Call 860.379.8561 for information and registration.
Other Agencies

The Caring Network – Network of Care
This website that offers a variety of support services, go to connecticut.networkofcare.org.

Northeast
United Services Inc.
Various groups and locations. Call 860.774.2020 for information. See also unitedservicesct.org.

Southwest CT Fairfield County
Family Centers for HOPE
Individual and group support.
Darien – 203.655.4693
Greenwich – 203.629.2822
Stamford – 203.324.3167

Orange
Bridges, A Community Support System
Call 203.878.6365 for information on their services.
notes
Hartford Hospital is committed to assisting families, relatives, friends and professional caregivers with the support they need during the loss of a loved one. Many trained and experienced professionals and volunteers are available to help you. We can also assist you in locating resources and agencies in the community.

— Stuart K. Markowitz, MD

hartfordhospital.org