

CONNECTICUT

Stroke Support Groups

Updated June, 2017

Fairfield County

Aphasia Support Group – Greater Fairfield

Hearing, Speech, and Language Center
5 Perryridge Road
Greenwich, CT 06830
Ellen Potter
203-863-3240

Group meets one Thursday a month from 11:00-12:00 pm in the Noble Auditorium. Occasionally, there are therapy dogs or music therapists. For people having difficulty speaking and understanding language as a result of stroke, head trauma or other cause. Also open to family members, sessions offer opportunities to share experiences and communicate in a supportive environment. Led by speech pathologist. Please call for schedule information. Preregistration is required. Call first.

Stroke Support Group – Bridgeport Hospital

Ahlbin Centers of Rehabilitation Medicine
Scinto Corporate Tower
4 Corporate Drive
Shelton, CT 06484
203-925-4201
Rene B. Dagostine
203-336-7329

Group meets on the 1st Tuesday of every month from 6:00-7:00 in suite 184. There are occasional guest speakers, summer picnics, and demonstrations. The group is open to patients, families, and caregivers.

Stroke Support Group – Danbury Hospital

235 Main Street
Danbury, CT 06810
Iris Gilligan
203-730-5966

Group meets 2nd Wednesday of the month from 2:00-3:00 pm. There are no meetings in August. Free parking is available on Delay Street (Delay Street is their parking garage and the entrance to the building—just to verify because the address is not delay street). The meetings provide peer support and occasional guest speakers for stroke survivors as well as their families and friends.

Stroke Peer Support Group

Ann's Place
80 Saw Mill Road
Danbury, CT 06810
845-531-9968 or strokesup4peers@gmail.com

Group meets first Friday of each month from 10:00-12:00 pm.

Stroke Support Group – Norwalk Hospital

34 Maple Avenue
Norwalk, CT 06856
Mary Galasinski
203-855-3595

Group meets on the 4th Monday of every month from 3:00-4:00 pm at the 8 West Day Room.
Refreshments are provided.

Stroke Support Group – Moving Forward: Taking Back Your Life

32 Strawberry Hill Court
Stamford, CT
Leslie Jarbeau PT/OT
203-276-2662; voicemail 3568
Diane Powis PhD
203-276-2605

Group meets on the 2nd Monday of every month from 12:00-1:00 pm at the Tully Health Center in Conference Room C. This is a support group for those who have suffered illness or brain injury and now face physical or cognitive challenges.

Stroke Survivors and Caregivers Support Group

St. Vincent's Medical Center
2800 Main Street
Bridgeport, CT 06606
Jennifer Nascimento
203-576-5257

Group meets at the hospital every 3rd Wednesday of the month from 5:30-7:00 pm on Level C in the Seton Room. Refreshments are served and there are occasional guest speakers.

Hartford County

Central CT Stroke Club

Bristol Senior Center
240 Strafford Avenue
Bristol, CT 06010
Mernie Whitcomb
860-583-5373

Group meets every Friday from 1:00-3:00 pm in Room 109. This group offers informal motivational support.

Stroke Support Group

Hospital for Special Care
2150 Corbin Avenue
New Britain, CT 06053
Kristen Mooney
860-827-1958 ext. 5091

Group meets 2nd Tuesday of the month from 3:00-4:30 pm in the hospital conference room on the lower level. This group provides education, support, monthly guest speakers, and refreshments for stroke survivors and their caregivers and families.

Stroke Support Group

Mt. Sinai Rehabilitation Hospital

490 Blue Hills Avenue

Hartford, CT 06112

Joan Karpuk

860-714-2210

Meets the 2nd Monday of each month from 12:00-1:00pm in the Klein Room. 1st time attenders should call ahead of time.

Stroke Survivors Support Group

Enfield Senior Center

299 Elm St.

Enfield, CT 06082

Sandy Penot

860-763-7425

Meets the 2nd Tuesday each month at 10:00 a.m. This group is social and shares information. At times, speakers or activities are planned.

UConn Health Stroke Survivor Group

UConn Health Center

263 Farmington Ave.

Farmington, CT 06030

Jennifer Sposito

860-679-4846

Meets the 4th Wednesday every month from 12:00 – 1:00 p.m. to provide support and stroke education regarding prevention, risk factors, and daily life. Every month we invite a different guest speaker. Light refreshments are provided.

Wethersfield Stroke Club

William Pitkin Community Center

516 Highland St.

Wethersfield, CT 06109

Joan Haines

860-529-2281

The group meets at Williams Pitkin Community Center on the 2nd Tuesday of the month from 2:00-4:00 pm. There are no meetings in June, July, or August. In December and May, a potluck supper is served from 6:00-8:00 pm.

Litchfield County**Community Stroke Group**

Sharon Hospital

50 Hospital Road

Sharon, CT 06069

Melissa Braislin

860-364-4446

The group meets every Friday at 11:00 am at Sharon Hospital in the Zelman room.

Middlesex County

Estuary Stroke Support Group – Caregivers Support Group for Dementia/Alzheimer’s

Community VNA Guilford
220 Main Street
Old Saybrook, CT 06475
Molly Spandley
860-388-4455

Group meets on the 4th Thursday of each month at 1:00-2:30 pm. There are guest speakers.

New Haven County

Access Network (Southern Connecticut State University)

501 Crescent St.
Davis Hall
New Haven, CT 06515
Jane Hindenlang
203-392-5957

This group offers sessions daily, Monday through Friday. Meeting times vary. Therapy, education, and support are provided. Registration is required for participation in this program. Please call Jane at 203-392-5957 to register and get meeting times.

Life After Stroke Support Group at Griffin Hospital

Center for Cancer Care at Griffin Hospital
First Floor Conference Room
350 Seymour Avenue
Derby, CT 06418
Rehabilitation Services Team at 203-732-7445

Milford Stroke Support Group

Milford Hospital Auditorium C
300 Seaside Avenue
Milford, CT 06460
Amy Mooney; Mary Helgans
203-301-6262

Groups meets on the 3rd Wednesday of each month from 4:00 – 5:00 pm.

Stroke Club of Greater New Haven

Miller Senior Center
2901 Dixwell Avenue
Hamden, CT 06518
Florence Bergamini
203-287-2547

Group meets every Thursday from 1:00-2:30 pm. At noon, a \$3.00 (requested not required—would be a \$3 donation) lunch is served. You must call Wednesday morning to make a reservation. Lunch is at 11:30-12:00, a Form 5 (FWS) is required to be filled out if you want lunch. Have to be over 60.

Stroke Support Group – Yale-New Haven Hospital (Saint Raphael Campus)

1450 Chapel Street - Lobby conference room - Cronin Auditorium
New Haven, CT 06511
203-789-3441

Group meets last Tuesday of the month from 1:30-3:30 pm.

Stroke Survivors

Gaylord Hospital
Wallingford, CT 06492
Allison Accettcello
203-284-2800 ext. 3692

The group meets the 1st Thursday of the month from 3:30-4:30 pm in the Jackson Building on the ground level across from the library.

New London County

Community Stroke Support Group

52 Newton Road
Groton, CT 06340
860-441-6750

Group meets 3rd Thursday of every month at the Groton Public Library from 12:00 – 3:00 pm. A speaker is usually invited.

Tolland County

UConn Aphasia Groups

UConn Speech and Hearing Clinic
850 Bolton Road
Storrs, Ct 06269
Carl Coelho
860-486-4482
860-486-2629 (clinic number)

The group meets on Tuesdays from 1:30-3:00 pm. In order to attend, the patient must be able to participate in conversation. This program requires registration and patients should call ahead.

Vernon Stroke Group

Visiting Nurse and Health Services of Connecticut
8 Keynote Drive
Vernon, CT 06066
Karen Tullson
860-872-9163 ext. 2330