



Who We Are

Hartford HealthCare Inpatient Rehabilitation Unit

When your patient needs specialized rehab care, our 26-bed state-of-the-art unit helps your patients return home faster and healthier with a greater level of independence.

Patients on our unit benefit not only from focused rehabilitation therapies, but also from a team of doctors that manage their ongoing care and treatment. Our case managers can help you transition after your stay in our unit to home care, outpatient services and follow up physician appointments to ensure your road to recovery.

And because we know a patient's needs go beyond medical care, our interprofessional team offers support to address the social, recreational and spiritual aspects of healing.

Mission, Vision & Values

Coordinated Quality of Care

Today, Hartford HealthCare is creating a better future for healthcare in Connecticut and beyond. We are a community of caregivers engaged in developing a coordinated, consistently high standard of care, using research and education as part of care delivery. We create and engage in meaningful alliances to enhance access to services and invest in technology and training to develop new pathways to improve the timeliness, effectiveness and accuracy of our services.

Mission

To improve the health and healing of the people and communities we serve.

Vision

Most trusted for personalized coordinated care.

Our Values

Hartford HealthCare's vision of excellence and leadership is driven by its core values, which are shared by all members of Hartford HealthCare.



Ensuring Your Progress

During your stay you can expect

The experienced team on our unit includes:

- Physical Therapists
- Occupational Therapists
- Speech Therapists
- Therapeutic Recreation Specialist
- Medical Staff Physician and APRNs
- Physiatrists (physician specializing in physical medicine and rehabilitation)
- Consulting Specialists
- Neuropsychologist
- Social workers
- Case Managers

During a stay on the unit, patients can expect:

- 100% all private rooms for comfort and privacy
- Close medical monitoring from specialized doctors and nurses
- A customized treatment plan focused on the skills needed to function safely at home
- A minimum of three hours of therapy per day, at least 5 days a week
- A state-of-the-art “skills” apartment to practice activities of daily living
- Family and caregiver training throughout treatment

Comprehensive Treatments:

- Swallow assessment and treatment
- Diabetic education
- Integrative medicine
- Cognitive re-training and assessment
- Pet therapy
- Innovative rehab technology
- Wound care



Who We Care For

We treat patients with medical conditions including but not limited to:

- Stroke
- Brain injury
- Spinal cord injury
- Neurological/neuromuscular disorders
- Multiple traumas
- Amputation
- Complex joint replacement surgery (bilateral, advanced age, BMI > 50)
- Cardiac/Pulmonary
- Deconditioned patients

Admission Criteria:

- Patients must be at least 18 years old
- Require at least two therapies including physical, occupational or speech therapy
- Require intensive rehab therapy program consisting of 3 hours of therapy per day at least 5 days per week
- Requires close supervision by rehabilitation physician
- Patient expected to actively participate in and benefit from the program
- Require an intensive and coordinated interdisciplinary team approach to the delivery of care
- Require medical monitoring and 24-hour nursing care
- Have the potential to improve their level of functional independence

Patients must also meet criteria for medical necessity

- New acute condition or acute exacerbation of chronic condition
- Cannot adequately recover in a less intensive setting
- Risk for instability, but medically stable
- Requires rigorous interdisciplinary rehab program
- Significant potential for improvement with goal of transition to home



Additional Services

Benefits of Hartford Hospital's Inpatient Rehabilitation Unit:

- Patients discharged home faster and healthier
- Lower hospital readmissions compared to other post-acute settings
- Physicians and other expert clinicians in close proximity on campus
- 100% newly renovated private rooms
- Access to EPIC - electronic medical records for greater continuity of care
- Best-practice clinical care with highly-specialized staff
- State-of-the-art equipment

Extensive Rehabilitation Technology:

Featuring state of the art technologies helping people regain mobility and independence

- Bioness® Electrical Stimulation therapy
- Bioness® L300 Go
- Bioness® H200
- Bioness® BITS
- The Iowa Oral Performance Instrument (IOPI)
- Synchrony Surface EMG
- Integrative Medicine modalities
- Biodex Balance System
- Biodex NxStep Unweighting System

Support and services for patient after an Inpatient Rehabilitation Stay:

The Hartford HealthCare provides comprehensive resources for continuum of care.

- Hartford HealthCare Rehabilitation Network – 43 outpatient locations around the state to provides seamless rehabilitation care
- Hartford HealthCare at Home – Providing certified home care and in home therapy services
- Independence at Home – Private duty homemakers and companion services
- Hartford HealthCare Senior Services – assisting you with supportive care after your stay. Our system has assisted living, skilled nursing homes, adult day care and GoodLife Fitness to maintain strength and wellness and referrals.
- Follow up appointments and referrals made with physicians, homecare, outpatient therapy and other community resources



Bioness
L300 GO Lower



Synchrony
Surface EMG



Bioness
H200 Wireless



Bioness
BITS



FAQs

For more information:

Call Admissions 860.972.0990. Fax: 860.972.0995

During off hours (evenings and weekends), please call 860.972.2170.

Visiting Hours

Visiting hours are unrestricted and there are accommodations for one person to stay overnight with the patient.

Parking and Valet

The parking garage is attached to Hartford Hospital's Medical Office Building (MOB) at 85 Seymour St. and is accessible 24 hours a day. Valet is available at the Hospital main entrance every day, 24 hours a day.

What to Bring

As a part of the therapeutic program, all patients will participate in activities of daily living which include bathing, dressing and grooming. Basic amenities are provided by the hospital but we encourage families to provide patients with the following:

Necessities

- Casual socks
- Elastic waist pants
- Casual shirt/tops
- Undergarments
- Non-skid shoes/sneakers
- Pajamas
- Socks
- Glasses/contact lenses
- Hearing aids

Optional

- Comb/brush
- Shaving kit
- Denture cup/cream
- Soap
- Lotion
- Toothbrush
- Toothpaste
- Shampoo/conditioner



Directions

FROM SOUTH (traveling north)

Take I-91 North to Hartford, follow “Capitol Area” signs to exit 29A (a left-hand exit). Move immediately to the right lane and take the first exit (Columbus Boulevard/Convention Center) and turn left crossing the Columbus Boulevard Bridge. Continue through five (5) traffic lights (Columbus Blvd. will curve west and uphill, becoming Wyllys St.). At the fifth traffic light, continue straight, crossing Main St. onto Jefferson Street. At the second traffic light on Jefferson St., turn left onto Seymour St. At the front of Hartford Hospital, turn right; the entrance to the public garage is on the right immediately past the Medical Office Building and across from Connecticut Children’s Medical Center.

FROM NORTH (traveling south)

Take I-91 South to Hartford. Take the Capitol Area Exit 29A (a right hand exit). Keeping in the right lane, take the first exit (Columbus Boulevard/Convention Center) and turn left crossing the Columbus Boulevard Bridge. Continue through five (5) traffic lights (Columbus Blvd. will curve west and uphill, becoming Wyllys St.). At the fifth traffic light, continue straight, crossing Main St. onto Jefferson Street. At the second traffic light on Jefferson St., turn left onto Seymour St. At the front of Hartford Hospital, turn right; the entrance to the public garage is on the right immediately past the Medical Office Building and across from Connecticut Children’s Medical Center.

FROM WEST (traveling east)

Take I-84 East to Hartford. Take the Capitol Avenue Exit 48-B (a right hand exit). At the end of the ramp between the State Capitol Building and the Legislative Office Building, turn left onto Capitol Avenue and turn right onto Washington St. (at the equestrian statue of Gen. Lafayette). Continue south to the fifth traffic light (Connecticut Children’s Medical Center and public garage on left). Turn into the drive at that light. The entrance to the public garage is on the left.

FROM EAST (traveling west)

Take I-84 West to Hartford. Take the “Downtown Hartford” Exit 54 (a left hand exit) over the Founders Bridge and guide your vehicle to the far left lane. At the bottom of the bridge, turn left onto Columbus Boulevard, travel past the Convention Center and across the Columbus Boulevard Bridge. Continue through five (5) traffic lights (Columbus Blvd. will curve west and uphill, becoming Wyllys St.). At the fifth traffic light, continue straight, crossing Main St. onto Jefferson Street. At the second traffic light on Jefferson St., turn left onto Seymour St. At the front of Hartford Hospital, turn right; the entrance to the public garage is on the right immediately past the Medical Office Building and across from Connecticut Children’s Medical Center.

FROM SOUTH-EAST (ROUTE 2)

Take the “Downtown Hartford” exit onto the Founders Bridge. At the bottom of the bridge, turn left onto Columbus Boulevard, travel past the Convention Center and across the Columbus Boulevard Bridge. Continue through five (5) traffic lights (Columbus Blvd. will curve west and uphill, becoming Wyllys St.). At the fifth traffic light, continue straight, crossing Main St. onto Jefferson Street. At the second traffic light on Jefferson St., turn left onto Seymour St. At the front of Hartford Hospital, turn right; the entrance to the public garage is on the right immediately past the Medical Office Building and across from Connecticut Children’s Medical Center.