

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

PROVIDER: \_\_\_\_\_

## MEDICAL PROGRESS NOTE

WHAT TYPE OF VISIT ARE YOU HERE FOR TODAY?

FOLLOW UP VISIT

PROCEDURE

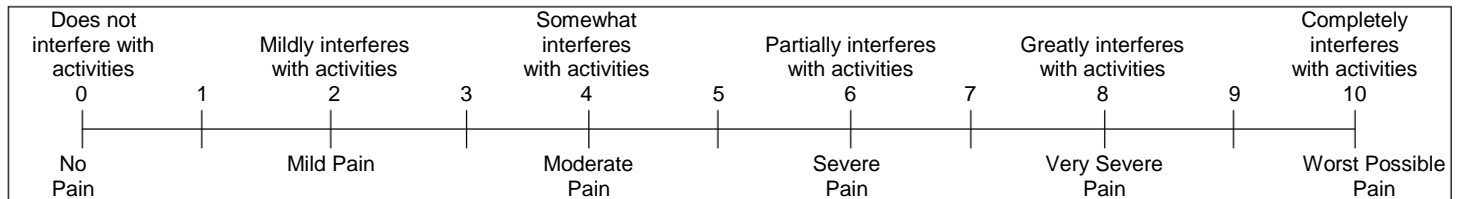
**WORKERS COMP PATIENTS ONLY** (Please complete this section if you are here for a Workers Comp visit today.)

CURRENT WORK STATUS:  Fulltime  Part-time (\_\_\_\_ hours/week)  Not currently employed  Retired

IS YOUR CASE IN DISPUTE?  YES  NO OCCUPATION: \_\_\_\_\_

### SECTION 1: CURRENT PAIN LEVEL

Using the chart below, answer each question by circling the number that corresponds with your pain level.



PAIN SCALE ⇨		☺	0	1	2	3	4	5	6	7	8	9	10	☹
Current pain level.	Does Not Interfere	0	1	2	3	4	5	6	7	8	9	10	Completely Interferes	
Average pain level since last visit.	Does Not Interfere	0	1	2	3	4	5	6	7	8	9	10	Completely Interferes	
Pain level at its worst.	Does Not Interfere	0	1	2	3	4	5	6	7	8	9	10	Completely Interferes	
Pain level at its least.	Does Not Interfere	0	1	2	3	4	5	6	7	8	9	10	Completely Interferes	
Rate your ability to:														
Sleep	Does Not Interfere	0	1	2	3	4	5	6	7	8	9	10	Completely Interferes	
Manage activities that require standing	Does Not Interfere	0	1	2	3	4	5	6	7	8	9	10	Completely Interferes	
Manage activities that require walking	Does Not Interfere	0	1	2	3	4	5	6	7	8	9	10	Completely Interferes	
Manage activities that require sitting	Does Not Interfere	0	1	2	3	4	5	6	7	8	9	10	Completely Interferes	
Manage your daily responsibilities	Does Not Interfere	0	1	2	3	4	5	6	7	8	9	10	Completely Interferes	
Manage your hobbies and/or recreational activities.	Does Not Interfere	0	1	2	3	4	5	6	7	8	9	10	Completely Interferes	
Choosing <u>one</u> from the following activities, rate your ability to do: _____	Does Not Interfere	0	1	2	3	4	5	6	7	8	9	10	Completely Interferes	
① work ② housework ③ gardening/yard work ④ play with children ⑤ driving ⑥ exercise ⑦ sports/golf ⑧ intimacy														

WORK STATUS (if not Workers Comp):  Full Time  Part Time ( \_\_ hrs/wk)  Not currently employed  Retired  Disability

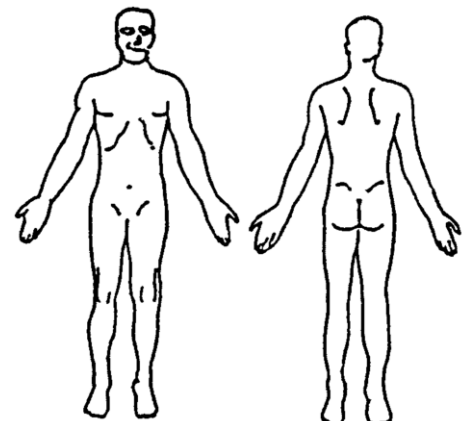
OCCUPATION: \_\_\_\_\_

WHERE IS YOUR PAIN PRIMARILY LOCATED? (Please  below & shade on diagram.)

- Head
- Neck
- Upper-Mid Back
- Right Arm
- Left Arm
- Mid-Back Pain
- Lower Back
- Abdomen
- Pain in the Tailbone
- Other: \_\_\_\_\_

HOW WOULD YOU DESCRIBE YOUR PAIN? (Please  below all that apply.)

- Burning
- Shooting
- Throbbing
- Cramping
- Aching
- Constant
- Sharp
- Dull
- Intermittent
- Other: \_\_\_\_\_



**SECTION 1: CURRENT PAIN LEVEL (continued)**

PAIN INCREASES WITH:  Walking  Sitting  Standing  Activity  Other: \_\_\_\_\_

PAIN DECREASES WITH:  Rest  Lying Down  Heat  Cold  Other: \_\_\_\_\_

DO YOU USE ANY ASSISTIVE DEVICES?  None  Wheelchair  Cane  Walker  Crutches  Prosthesis  Other

IS YOUR PAIN LEVEL BETTER SINCE YOUR LAST VISIT?  Yes  No  Same

IF YOU HAD AN INJECTION ON YOUR LAST VISIT, DID IT DECREASE YOUR PAIN?  0%  25%  50%  75%  
 More than 75%

HOW WELL DO YOU SLEEP?  0-4 hrs/night  4-6 hrs/night  6-8 hrs/night  
 Restful  Disruptive  Pain Related

HAVE YOU HAD ANY NEW SIDE EFFECTS? (If yes, please specify) \_\_\_\_\_

**SECTION 2: CURRENT SYMPTOMS** (Please indicate Yes or No for each symptom.)

**Constitutional**

<input type="checkbox"/> Y <input type="checkbox"/> N Fever	<input type="checkbox"/> Y <input type="checkbox"/> N Feeling Weak	<input type="checkbox"/> Y <input type="checkbox"/> N Recent Weight Gain ( ___ Lbs)
<input type="checkbox"/> Y <input type="checkbox"/> N Chills	<input type="checkbox"/> Y <input type="checkbox"/> N Feeling Tired (Fatigue)	<input type="checkbox"/> Y <input type="checkbox"/> N Recent Weight Loss ( ___ Lbs)
<input type="checkbox"/> Y <input type="checkbox"/> N Feeling Poorly (Malaise)	<input type="checkbox"/> Y <input type="checkbox"/> N Change In Appetite	

**Eyes**

<input type="checkbox"/> Y <input type="checkbox"/> N Vision Loss	<input type="checkbox"/> Y <input type="checkbox"/> N Eye Pain	<input type="checkbox"/> Y <input type="checkbox"/> N Discharge From Eyes
<input type="checkbox"/> Y <input type="checkbox"/> N Blurred Vision	<input type="checkbox"/> Y <input type="checkbox"/> N Dry Eyes	

**ENT**

<input type="checkbox"/> Y <input type="checkbox"/> N Earache	<input type="checkbox"/> Y <input type="checkbox"/> N Nosebleeds	<input type="checkbox"/> Y <input type="checkbox"/> N Sore Throat
<input type="checkbox"/> Y <input type="checkbox"/> N Loss of Hearing	<input type="checkbox"/> Y <input type="checkbox"/> N Nasal Discharge	<input type="checkbox"/> Y <input type="checkbox"/> N Hoarseness
<input type="checkbox"/> Y <input type="checkbox"/> N Post Nasal Drip	<input type="checkbox"/> Y <input type="checkbox"/> N Sinus Stuffiness	<input type="checkbox"/> Y <input type="checkbox"/> N Difficulty Swallowing

**Cardiovascular**

<input type="checkbox"/> Y <input type="checkbox"/> N Chest Pain	<input type="checkbox"/> Y <input type="checkbox"/> N Heart Rate is Slow	<input type="checkbox"/> Y <input type="checkbox"/> N Lower Extremity Swelling (Edema)
<input type="checkbox"/> Y <input type="checkbox"/> N Palpitations	<input type="checkbox"/> Y <input type="checkbox"/> N Leg Pain w/Exercise (Leg Claudication)	
<input type="checkbox"/> Y <input type="checkbox"/> N Heart Rate is Fast		

**Respiratory**

<input type="checkbox"/> Y <input type="checkbox"/> N Shortness of Breath	<input type="checkbox"/> Y <input type="checkbox"/> N Cough	<input type="checkbox"/> Y <input type="checkbox"/> N Short of Breath on Exertion
<input type="checkbox"/> Y <input type="checkbox"/> N Wheezing	<input type="checkbox"/> Y <input type="checkbox"/> N Cough Worse at Night	<input type="checkbox"/> Y <input type="checkbox"/> N Need pillows to breathe (Orthopnea)

**Gastrointestinal**

<input type="checkbox"/> Y <input type="checkbox"/> N Abdominal Pain	<input type="checkbox"/> Y <input type="checkbox"/> N Vomiting	<input type="checkbox"/> Y <input type="checkbox"/> N Bloody Stools
<input type="checkbox"/> Y <input type="checkbox"/> N Constipation	<input type="checkbox"/> Y <input type="checkbox"/> N Diarrhea	<input type="checkbox"/> Y <input type="checkbox"/> N Heartburn/Acid Reflux
<input type="checkbox"/> Y <input type="checkbox"/> N Nausea		

**Genitourinary**

<input type="checkbox"/> Y <input type="checkbox"/> N Painful Urination (Dysuria)	<input type="checkbox"/> Y <input type="checkbox"/> N Incontinence	<input type="checkbox"/> Y <input type="checkbox"/> N Frequency
<input type="checkbox"/> Y <input type="checkbox"/> N Urinary Retention	<input type="checkbox"/> Y <input type="checkbox"/> N Urination Hesitancy	<input type="checkbox"/> Y <input type="checkbox"/> N Pelvic Pain
<input type="checkbox"/> Y <input type="checkbox"/> N Vaginal Discharge	<input type="checkbox"/> Y <input type="checkbox"/> N Abnormal Vaginal Bleeding	<input type="checkbox"/> Y <input type="checkbox"/> N Menstrual Pain (Dysmenorrhea)
<input type="checkbox"/> Y <input type="checkbox"/> N Genital Lesion	<input type="checkbox"/> Y <input type="checkbox"/> N Inadequate Penile Erection	

(CONTINUED ON NEXT PAGE)

**SECTION 2: CURRENT SYMPTOMS (CONTINUED)** (Please indicate Yes or No for each symptom.)

**Musculoskeletal**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Y <input type="checkbox"/> N Joint Pain (Arthralgias) | <input type="checkbox"/> Y <input type="checkbox"/> N Neck Pain       | <input type="checkbox"/> Y <input type="checkbox"/> N Limb Pain     |
| <input type="checkbox"/> Y <input type="checkbox"/> N Muscle Pain (Myalgias)   | <input type="checkbox"/> Y <input type="checkbox"/> N Joint Swelling  | <input type="checkbox"/> Y <input type="checkbox"/> N Limb Swelling |
| <input type="checkbox"/> Y <input type="checkbox"/> N Back Pain                | <input type="checkbox"/> Y <input type="checkbox"/> N Joint Stiffness |   |

**Integumentary**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Y <input type="checkbox"/> N Skin Rash | <input type="checkbox"/> Y <input type="checkbox"/> N Itching (Pruritus) | <input type="checkbox"/> Y <input type="checkbox"/> N Hair Loss     |
| <input type="checkbox"/> Y <input type="checkbox"/> N Hives     | <input type="checkbox"/> Y <input type="checkbox"/> N Dry Skin           | <input type="checkbox"/> Y <input type="checkbox"/> N Skin Wound(s) |

**Neurological**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Y <input type="checkbox"/> N Headache                | <input type="checkbox"/> Y <input type="checkbox"/> N Numbness   | <input type="checkbox"/> Y <input type="checkbox"/> N Fainting           |
| <input type="checkbox"/> Y <input type="checkbox"/> N Confusion               | <input type="checkbox"/> Y <input type="checkbox"/> N Tingling   | <input type="checkbox"/> Y <input type="checkbox"/> N Limb Weakness      |
| <input type="checkbox"/> Y <input type="checkbox"/> N Convulsions             | <input type="checkbox"/> Y <input type="checkbox"/> N Tremor   | <input type="checkbox"/> Y <input type="checkbox"/> N Difficulty Walking |
| <input type="checkbox"/> Y <input type="checkbox"/> N Significant Head Injury | <input type="checkbox"/> Y <input type="checkbox"/> N Dizziness  | <input type="checkbox"/> Y <input type="checkbox"/> N Balance Impaired   |
| <input type="checkbox"/> Y <input type="checkbox"/> N Memory Lapses/Loss      | <input type="checkbox"/> Y <input type="checkbox"/> N Excessive Sleepiness During the Day (Daytime Somnolence) |  |

**Psychiatric**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Y <input type="checkbox"/> N Suicidal           | <input type="checkbox"/> Y <input type="checkbox"/> N Anxiety       | <input type="checkbox"/> Y <input type="checkbox"/> N Depression         |
| <input type="checkbox"/> Y <input type="checkbox"/> N Sleep Disturbances | <input type="checkbox"/> Y <input type="checkbox"/> N Crying Spells | <input type="checkbox"/> Y <input type="checkbox"/> N Emotional Problems |

**Endocrine**

- |  |   |
|--|---|
| <input type="checkbox"/> Y <input type="checkbox"/> N Hot Flashes        | <input type="checkbox"/> Y <input type="checkbox"/> N Deepening of the Voice        |
| <input type="checkbox"/> Y <input type="checkbox"/> N Excessive Sweating | <input type="checkbox"/> Y <input type="checkbox"/> N Excessive Thirst (Polydipsia) |

**Heme/Lymph**

- |  |   |
|--|---|
| <input type="checkbox"/> Y <input type="checkbox"/> N Swollen Glands | <input type="checkbox"/> Y <input type="checkbox"/> N Easy Bruising |
|--|---|

**SECTION 3: CHANGES IN MEDICATIONS** (Please list any changes in your medications since your last visit.)

MEDICATIONS	DATE	MEDICATIONS	DATE
_____	_____	_____	_____
_____	_____	_____	_____

**SECTION 4: PROCEDURES** (If you are having a procedure today, please indicate yes or no to the following questions.)

**Y N**

- Do you have any **active infections** or are you on **antibiotics** at this time?
- Are you **pregnant**?
- Are you **allergic** to **shellfish** or **IV contrast**?
- Are you a **diabetic**?
- Are you taking any **anticoagulants** (blood thinners), such as Aspirin, Coumadin, fish oil, etc.?