

Division of Nursing Education & Research  
Hartford Hospital  
80 Seymour Street • P.O. Box 5037  
Hartford, CT 06102-5037.

*Enhancing Healthcare Outcomes Through Research*  
October 13, 2000 • 7:30 AM - 3:00 PM

The Institute for Health Care Education and  
Capital Region Alliance for Research  
and Research Utilization  
presents

The Fourth Annual Research/Research  
Utilization Conference:

*Enhancing Healthcare  
Outcomes Through Nursing  
Research*



October 13, 2000  
7:30 AM - 3:00 PM



Education & Resource Center  
560 Hudson Street  
Hartford, CT

## OVERVIEW

Co-sponsored by the Institute for Health Care Education and the Capital Region Alliance for Research & Research Utilization, this all-day conference will provide a venue for dissemination of research findings as well as an opportunity to illustrate ways in which utilization of research findings are being used to improve clinical practice.

Keynote address will be delivered by April Vallerand, RN, PhD. Morning session concludes with a choice of concurrent abstract/poster presentations which will provide participants an opportunity to tailor learning regarding projects/strategies that support evidence-based practice.

Plenary address will be delivered by Sean Clarke, RN, PhD, CRNP, CS. Afternoon will conclude with a choice of concurrent skill building sessions.

## KEYNOTE SPEAKER

**KEYNOTE SPEAKER:** April Hazard Vallerand, RN, PhD is currently Assistant Professor in the School of Nursing at Wayne State University in Detroit, Michigan. She lectures nationally, has conducted research and published numerous articles on the topic of pain management. (*Sponsored by educational grant from Jansten Pharmaceutica.*)

## PLENARY SPEAKER

**PLENARY SPEAKER:** Sean Clarke, RN, PhD, CRNP is a post-doctoral fellow with the Center for Health Outcomes & Policy Research at the University of Pennsylvania. (*Sponsored by educational grant courtesy of Pricewaterhouse Coopers, LLP*)

## CONTACT HOURS

5.7 contact hours will be awarded participants who attend the entire conference. Partial contact hours will be awarded based on number of sessions attended.

Hartford Hospital has been approved as a provider of nursing continuing education by the Connecticut Nurses' Association (CNA). CNA is accredited as an approver of nursing continuing education by the Commission on Accreditation of the American Nurses Credentialing Center.

## REGISTRATION

Conference fee includes refreshment breaks, luncheon and conference materials.

Registration Fees:

Non Alliance Students      \$25.00  
Non-HHCC/Non-Alliance    \$44.00

*No charge for employees of the following organizations:* Hartford Hospital, Middlesex Hospital, MidState Medical Center, UCONN Health Center, faculty & students from Capital Community College, Central CT State University, St. Joseph College, UCONN and the University of Hartford.

*Advanced Registration deadline is September 29, 2000.* Telephone registration will be accepted if payment received by October 5th. For more information, call Joan MacRae, RNC, MS at (860) 545-2818.

## CONFERENCE SPONSORS

Special thanks to the members of the conference planning committee:

### *Hartford Hospital*

Janice Bartis, RN,MSN, Dawn Beland, RN,MSN  
Laura Caramanica, RN, PhD, Joan MacRae, RNC, MS  
Peg Moynihan, RN, MS, Amy Schroder, RN, MSN  
Lynn Satherlie, RN, MPH

### *UCONN Health Center:*

Ann Cinotti, RN, MSN, Terese Donovan, RN, MS

### *Middlesex Hospital*

Kathleen Stolzenberger, RN, MS

### *MidState Medical Center*

Linda Berger Spivack, RN, MSN

### *Capital Community College*

Barbara Aronson, RN, MS, APRN

### *Central Connecticut State University*

Nancy Organeck, RN, PhD

### *St. Joseph College:*

Virginia Knowlden, RN, PhD

### *University of Connecticut*

Deborah Dillon McDonald, RN, PhD

### *University of Hartford*

Karen Breda, RN, PhD

## PARKING & TRAVEL DIRECTIONS:

### Parking

Parking is available in the Public Parking Garage located opposite the hospital. Please enter the garage via Washington Street or Seymour Street entrances. Car-pooling is encouraged.

### Travel Directions

**West:** Enter city via I-84. Take Capitol Ave Exit. At light, take a left onto Capitol Ave, right onto Washington St., through four traffic lights. Just past 4th light (Jefferson St.), on the left, is entrance to the Medical Building and Public Parking Garage.

**East:** Take downtown Hartford Exit, left onto Columbus Blvd. to Wyllys St., through three lights onto Jefferson St. At second light, take a left onto Seymour St. Entrance to the Public Parking Garage is on right side of the street just behind the Medical Bldg.

**North/South:** Use I-91 to Capitol Area Exit (29A), under Hartford Public Library and 3/4 of the way around Pulaski Circle (rotary). Take right onto Hudson St. and follow to end. Take right onto Jefferson St. Take first left onto Seymour St. Public Parking Garage is on the right side of the street just behind Medical Bldg.

### Conference Site

Conference is being held in the Education & Resource Center, 560 Hudson Street. Building is located one block NE of parking garage.

# Program Schedule

- 7:30 AM **Registration/Coffee & Danish**  
Heublein Hall, ERC Lobby
- 8:00 AM **Welcome**  
Joan MacRae, RNC, MS  
Co-Chairperson, Planning Committee
- 8:05 AM **Opening Remarks**  
Laura Caramanica, RN, PhD  
Vice President, Nursing, Hartford Hospital
- 8:10 AM **Introduction of Keynote Speaker**  
Laura Caramanica, PhD, RN  
Co-Chairperson, Planning Committee
- 8:15 AM **Keynote Address:**  
"Using Research to Change Practice in Pain Management"  
April Vallerand, RN, PhD  
ERC Heublein Hall
- 9:15 AM **Coffee Break- Heublein Hall**  
Book Exhibit - ERC Lobby  
Poster Exhibit Viewing - Formal Lounge
- 9:45 AM **Concurrent Abstract Presentations**  
ERC 216, 218, 221 & Heublein Hall
- 11:00 AM **Concurrent Abstract Presentations**  
ERC 216, 218, 221 & Heublein Hall
- 11:30 AM **Poster Exhibit Viewing**  
Formal Lounge
- 11:50 AM **Buffet Luncheon**  
Heublein Hall
- 12:45 PM **Luncheon Address**  
"Hospital Restructuring, Patient & Nursing Outcomes: A Research Perspective."  
Sean Clarke, RN, PhD  
Heublein Hall
- 1:45 PM **Concurrent Skill Building Sessions**
- A. **Poster Perfect!**  
Karyl Burns, RN, PhD  
Director, Center for Nursing Research  
UCONN School of Nursing  
ERC 216
- B. **Applying Research Findings to Practice**  
Peg Moynihan, RN, MS  
Director, Professional Practice,  
Hartford Hospital  
Room 221
- C. **Evidence-based Practice: Implementation & Outcome Evaluation**  
Rose Maljanian, RN, MBA  
Director, Outcomes Research  
Hartford Hospital; Room 217
- D. **Evaluating Types & Strength of Research Findings**  
Deborah Dillon-McDonald, RN, PhD  
Associate Professor, University of Connecticut  
School of Nursing  
Heublein Hall
- 2:55 PM **Conference Wrap-Up Evaluation**
- 3:00 PM **Issuing of Certificates of Completion**  
ERC Lobby
- Contact hour approval does not imply ANCC Commission on Accreditation/Connecticut Nurses' Association or Hartford Hospital endorsement of any commercial products displayed in conjunction with this conference.
- ABSTRACT PRESENTATIONS 9:45 AM**
- A1: Are Symptoms of Acute Myocardial Infarction the Same for Men & Women?*  
Colleen Dewan, RN, MSN, CCRN, Clinical Administrator,  
Danbury Hospital - ERC 221
- A2: Diabetic Foot Screening by APRNs: Outcome in a Community Wellness Center*  
Catherine Milne, MSN, APRN, Clinical Specialist, Bristol Hospital - ERC 221
- B1: Validation of Quality of Hospice Care in Nursing Home Setting Utilizing the STAS© Tool*  
Elizabeth Sullivan Syring, RN, MS, CRNH - ERC 216
- B2: Correlates of Depression in Nursing Home Residents*  
Amy Laufer Kenefick, RN, PhD, Assistant Professor,  
University of Connecticut - ERC 216
- C1: Predictors of Patient Recovery Following Traumatic Injury*  
Mary Louise Welch, RN, PhD, Associate Professor, St. Joseph College - ERC Heublein Hall
- C2: Self-Efficacy in Women Following MI: Effects of Cognitive-Interactive Nursing Intervention on Efficacy Enhancement*  
Joanne Roy, RN, PhD, Nurse Educator, Hartford Hospital  
ERC Heublein Hall
- D1: Surgical Patients' Pain Descriptions & Short Form McGill Pain Questionnaire Responses;*  
Deborah Dillon-McDonald, RN, PhD, Associate Professor,  
University of Connecticut; Constance Weiskopf, PhD, APRN,  
QA/CQI Coord UCONN Health Center - ERC 218
- D2: Voices from the Margin: CNA Role in Pain Management of Institutionalized Elders*  
Dorothy Varholak, EdD, RN, Asst. Professor, University of Hartford; Janice Costello, BS, RN, VP of Nursing, Masonic Home - ERC 218
- 11:00 AM
- E1: A Trip Down RU Lane: Lessons Learned* Janice Bartis, RN, MSN, PCC; Amy Schroder, RN, MSN, Educator, Women's Health, Hartford Hospital - ERC 221
- F1: Temporal Trends of Risk Factors Associated with Low Birth Weight-National, State & Local: 1992-1996* Gloria Borders, RNC, MPH, Dept. of Community Medicine & Health Care and Pediatrics, UCONN Health Center  
ERC 216

**G1: Meaning of Patient Education Within Planetree Model From Perspective of the Patient**

Rhea Sanford, RN, PhD, CS, Director, Case Management,  
UCONN Health Center, ERC-Heublein Hall

**H1: Measurement of Asthma Outcomes in Inner-City Puerto Rican Adults: A Tool for Primary Care**

Lynn Satherlie, RN, MPH, PCC  
Jane Reardon, RN, MSN, CS, Clinical Director,  
Cardiopulmonary Rehabilitation, Hartford Hospital  
ERC 218

**POSTER PRESENTATIONS: FORMAL LOUNGE**  
**BOOK EXHIBIT: LOBBY**  
**9:15 AM & 11:30 AM**

**AIDS Related Nausea & Vomiting**

Elizabeth Anderson, PhD, CRNP, APRN, Margaret Spencer,  
APRN & Stephanie Lennon, RN, University of Connecticut

**Second Stage of Labor Management**

Janice Bartis, RN, MSN, PCC & Amy Schroder, RN, MSN,  
Educator, Women's Health, Hartford Hospital

**Family Presence in the Resuscitation Room: Do Families Want to be There?**

Sheri Blasco, RN, MS Candidate, St. Joseph College

**Reducing Unnecessary Bloodwork in the Neurosurgical ICU**

Charlene D'Angelo, RN & Diane Vinci, PAA, NSICU, Dawn  
Beland, RN, MS, CCRN, CS, Critical Care Educator, Hartford  
Hospital

**A Phenomenological Study of The Lived Experience of Stem cell Transplantation for Acute Leukemia**

Ellen Pond Levine, RN, BS, Master's Candidate, St. Joseph  
College

**Adolescence Self-Awareness**

Sandra Palmer, RNC, Master's Candidate, St. Joseph's College

**Chest Pain Study**

Terri Savino, RNC, BSN, Quality Improvement Coordinator &  
Denise MacGregor, RN, BS, CPHQ, Supervisor, Quality  
Improvement, Middlesex Hospital

**Is There "Best Practice" Evidence Regarding Oral Care for Intubated Patients in the ICU?**

Barbara Stone, RNC, Staff Nurse, CCU & Debra Benson, RN,  
Staff Nurse, IMCU, Middlesex Hospital

**A Comparison of the Effectiveness of Midclavicular Placement to Superior Vena Cava Placement of PICC Catheters in an Adult Population**

Donna Woshinsky, MSN, CRNI, Intravenous Therapy  
Services, Hartford Hospital

**Nurse Caring Behaviors: Impact of a Staff Education Program on Improvement of Caring Behavior and Satisfaction Scores**

Susanne Yeakel, RN, BSN, Unit Manager, Luci Trembly, RNC,  
Michelle Nataro, RN, MSN, Claire Quaggin, RN & Jean  
Stielau, APRN, Bliss 8, Hartford Hospital

Registration Form

**Enhancing Healthcare Outcomes  
Through Nursing Research**

**DEADLINE: September 29, 2000**

Name: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Address: \_\_\_\_\_

City State Zip

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

Phone (W): \_\_\_\_\_

Phone (H): \_\_\_\_\_

Choose Skill Building Session You Will Attend:  
(CIRCLE LETTER)

- A. Poster Perfect
- B. Applying Research Findings to Practice
- C. Evidenced-based Practice: Implementation & Outcome Evaluation
- D. Evaluating Types & Strength of Research Findings

**FEE:**

Non HHCC or Alliance Members - \$44.00

Students - \$25.00

No charge for members of following organizations:  
Hartford Hospital, Middlesex Hospital, MidState  
Medical Center, UCONN Health Center, faculty and  
students from CCC, CCSU, SJC, UCONN, and  
University of Hartford. Student Ids must be shown at  
registration table on morning of conference.

Fee includes: conference materials, refreshments and  
luncheon.

Make check payable to **Hartford Hospital** and send to:  
Division of Nursing Education & Research  
Attention Administrative Assistant  
Hartford Hospital, 80 Seymour Street  
Hartford, CT 06102-5037

Please detach and return registration form with your registration fee to the address listed.