



Health Referral Services
Hartford Hospital
80 Seymour Street
P.O. Box 5037
Hartford, CT 06102-5037

Evidence-Based Practice:
Living Well, Aging Well
Friday, October 28, 2005
7:00 AM - 2:15 PM

Please share with your nursing colleagues

Presented by
The Institute for Health Care Education and
Connecticut Nursing Research Alliance

9th Annual Conference

Evidence-Based Practice: Living Well, Aging Well

Friday, October 28, 2005
7:00 am – 2:15 pm



Overview

This all day conference is co-sponsored by The Institute for Health Care Education and the Connecticut Nursing Research Alliance.

The keynote address will be delivered by Elizabeth Capezuti, PhD, RN, APRN-BC, FAAN an Associate Professor in the Division of Nursing at the Steinhart School of Education, New York University. The morning session includes your choice of concurrent abstract presentations or skill building sessions.

Lunch and poster awards presentation will be followed by the plenary address given by Barbara A. Mark, PhD, RN, FAAN. A variety of activities and displays will be available during registration and lunch. The afternoon will conclude with a summary, evaluation, and book giveaways.

Contact Hours

5.3 Contact hours will be awarded to participants who attend the entire conference. Partial contact hours will be awarded based on the number of sessions attended.

Hartford Hospital is an approved provider of continuing education by the Connecticut Nurses' Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Contact hour approval does not imply ANCC Commission on Accreditation/CNA or Hartford Hospital endorsement of any commercial products displayed in conjunction with this conference.

Registration

Conference fee includes refreshment breaks, buffet luncheon, and conference materials:

Registration Fees:

\$20.00	Hartford Healthcare Corporation employees* (HHCC)
	Connecticut Nursing Research Alliance Organizational members (<i>Board Representatives free</i>)
\$10.00	Students (full & part-time)
\$25.00	Non-HHCC/Non-Alliance

*HHCC Employees: Hartford Hospital, MidState Medical Center, New Britain General Hospital, Jefferson House and VNA Health Care.

Alliance Organizational Members and Board Representatives Conference Planning Committee:

Hartford Hospital

Dawn Beland, RN, MSN; Cindy Belonick, APRN, MSN; Laura Caramanica, RN, PhD, Janice Cousino, RN, MSN; Peg Moynihan, RN, MS; Amy Schröder, RN, MSN; Celeste Yanni, RN, MSN

Connecticut Children's Medical Center

Sally Strange, RN, MSN

John Dempsey Hospital

Cheryl Tafas, RN, MSN

Middlesex Hospital

Kathleen Stolzenberger, RN, BC, MS, MSN

Midstate Medical Center

Kathleen Barta, RN, BC, MS, MSN, PCCN-CMC

New Britain General Hospital

Arlene Morin, RN, PhD

Capitol Community College

Joanne Anfinson, RN, PhD

Central Connecticut State University

Carol Williams, RN, PhD

Quinnipiac University

Anne Durkin, RN, PhD

Sacred Heart University

Dori Taylor-Sullivan, RN, PhD

Southern Connecticut State University

Barbara Aronson, RN, MSN, PhD

St. Joseph College

Terry Bosworth, RN, PhD

University of Connecticut

Lynn Allchin, RN, PhD

University of Hartford

Karen Breda, RN, PhD

VNA HealthCare

Tracy Wodatch, RN, BSN

William Backus Hospital

Anne Kreider, EdM, RN

Yale University

Margaret Grey, RN, PhD

Parking & Travel Directions

Parking

Parking is available in the Public Parking Garage located opposite the hospital. Please enter the garage via Washington Street or Seymour Street entrances. Car-pooling is encouraged.

Travel Directions

West: Enter city via I-84. Take Capitol Avenue exit. At light, take left onto Capitol Avenue, right onto Washington Street. Go through 4 traffic lights. At 5th traffic light take left on street between Medical Building and Connecticut Children's Medical Center. Public Parking Garage is on the left.

East: Take downtown Hartford Exit. Take left onto Columbus Boulevard (it will become Wyllys Street). Go through 3 traffic lights and straight onto Jefferson Street. At 2nd traffic light, take a left onto Seymour Street. The Public Parking Garage is on the right side behind the 85 Seymour Street Medical Building.

North/South: Take I-91 to Capitol Area Exit (29A). Follow until exit ends at a rotary (Pulaski Circle). Follow the rotary 3/4 of the way around and take right onto Hudson Street. Follow Hudson Street to the end. Take a right onto Jefferson Street. At next traffic light, take a left onto Seymour Street. The Public Parking Garage is on the right side behind the 85 Seymour Street Medical Building.

Conference Site

The conference is being held in the Education and Resource Center (ERC), 560 Hudson Street. The ERC building is located one block northeast of the Parking Garage (left on Seymour Street, take right on Jefferson Street, left on Hudson Street, building on right).

Program Schedule

7:00 – 8:00 AM

REGISTRATION Coffee & Danish
Heublein Hall, ERC Lobby

7:15 – 7:40 AM

SUNRISE YOGA – Limited Availability
ERC 216

8:00 AM WELCOME (Heublein Hall)

Amy Schröder, RNC, MSN
Co-Chair, Planning Committee

8:05 AM OPENING REMARKS & INTRODUCTION OF KEYNOTE SPEAKER

Laura Caramanica, RN, PhD
Vice President Nursing, Hartford Hospital

8:15 AM KEYNOTE ADDRESS: Facing the Future and Embracing Competence in Aging

Elizabeth Capezuti, PhD, RN, APRN-BC, FAAN

9:15 AM COFFEE BREAK

Poster Exhibit Viewing – Formal Lounge
Book Exhibit – ERC Lobby

9:45 AM SKILL BUILDING PRESENTATIONS:

Presentation A (ERC Room 216)
Evaluating the Strength of the Research
Sheryl Horowitz, BA, PhD
Research Analyst, Hartford Hospital

Presentation B (ERC Room 217)
Translating Evidence into Practice
Joanne Roy, RN, PhD
Nurse Educator, Hartford Hospital

CONCURRENT ABSTRACT PRESENTATIONS:

Presentation C (ERC Room 218)
Nursing Orientees' Baseline Knowledge of Palliative Care Concepts
Celeste Yanni, RN, BSN, MA
Nurse Educator, Hartford Hospital

Learning About Organ and Tissue Donation
Deborah Dillon-McDonald, RN, PhD
Associate Professor of Nursing,
University of Connecticut

Presentation D (ERC Room 221)
Feeling Competent as a Pediatric Nurse
Sally Strange, RN, MSN
Clinical Education Specialist,
Connecticut Children's Medical Center

Barriers Perceived by the OR Staff to a Successful Implementation of a Sharps Safety Program
Andrea Hagstrom, RN, MSN, CNOR
Nurse Educator Perioperative Services,
Hartford Hospital

11:00 AM SKILL BUILDING PRESENTATIONS:

Presentation E (ERC Room 216)
The Enhancement of Evidence Based Practice – The Forces of Magnet
E. Carol Polifroni, RN, EdD, CNAA
Associate Professor of Nursing,
University of Connecticut

Presentation F (ERC Room 217)
Synthesizing Qualitative Research
Joyce S. Fontana, PhD
Assistant Professor of Nursing,
Saint Joseph College

CONCURRENT ABSTRACT PRESENTATIONS:

Presentation G (ERC Room 218)
Changing a Culture, Working to End Alcohol Abuse Among College Students
Anne Durkin, RN, BC, PhD
Associate Professor of Nursing,
Quinnipiac University

Assessment, Management, and Treatment of Delirium In Hospitalized Older Adults: Identifying Related Outcomes
Christine Waszynski, RN, C, MS, APRN
Geriatrics, Hartford Hospital

Presentation H (Heublein Hall)
National Survey of Registered Nurses – 2004
Cynthia Vlasich, RN
Vice President of Professional and Editorial Services, Nursing Spectrum

12:15 PM LUNCHEON (Heublein Hall)
Poster Awards and Research Awards

1:15 PM PLENARY ADDRESS:
The Outcomes Research in Nursing Administration Project
Barbara A. Mark, PhD, RN, FAAN

2:15 PM CONFERENCE WRAP UP
Summary, Evaluation and Book Giveaways

Sponsorship Acknowledgements:

Hartford Hospital Department of Medicine;
Johnson and Johnson Health Care Systems, Inc.;
Wild Oats for the table gifts/giveaways, and
Elsevier Science, courtesy of Jeane Kalanta.



KEYNOTE SPEAKER

Elizabeth Capezuti, PhD, RN, APRN-BC, FAAN is an Associate Professor in the Division of Nursing at the Steinhardt School of Education, New York University. Her program of

research focuses on the development and testing of interventions aimed at improving care of frail elders, including reduction of falls and injuries. Dr. Capezuti has published extensively in the areas of fall prevention, restraint and side rail elimination, elder mistreatment and legal liability issues.



PLENARY SPEAKER

Barbara A. Mark, PhD, RN, FAAN, holds the Sarah Frances Russell Distinguished Professorship in Nursing Systems at the University of North Carolina at Chapel Hill. She is also a Senior

Research Fellow at the Sheps Center for Health Services Research and the Co-Director of the South East Regional Center for Workforce Studies. Dr. Mark's research has focused on work environments, hospital performance, and patient safety.

New this Year!

VISIT THE FOLLOWING DISPLAYS AND ACTIVITIES

- Sunrise Yoga led by a certified Kripalu yoga instructor
- Hartford Hospital Fitness Center: body fat analysis and weight training demonstrations
- Strong Women Program
- Tai Chi for Healthy Living
- Spiritual Health, the often forgotten dimension
- Hartford Hospital Integrative Medicine Department: Chair Massages, Reiki, Reflexology
- Hartford Hospital Mental Health Services at The Institute of Living
- Arbonne: Aromassentials
- "It's Only Natural Restaurant" healthy cooking demonstration
- "Relax Your Back" ergonomically sound furniture

Registration Form

Evidence-Based Practice: Living Well, Aging Well

**DEADLINE FOR REGISTRATION:
SEPTEMBER 30, 2005**

NAME _____

SOCIAL SECURITY NUMBER _____

HOME ADDRESS _____

CITY/STATE _____ ZIP CODE _____

EMPLOYER _____

WORK ADDRESS _____

CITY/STATE _____ ZIP CODE _____

PHONE (W) _____ PHONE (H) _____

Fee includes: conference materials, refreshments, and luncheon.

\$20.00 Hartford Healthcare Corporation (HHCC) employees and Connecticut Nursing Research Alliance Organizational members (*Board Representatives free*)

\$10.00 Students

\$25.00 Non-HHCC/Non-Alliance

Student ID's must be shown at registration table on the morning of the conference.

Make check payable to HARTFORD HOSPITAL and send to:

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For telephone registration (with credit card payment) contact Health Referral Services at (860) 545-1888

Registration is limited • No on-site registration

To register for Sunrise Yoga, contact Health Referral Services