



The Ninth Annual Nursing Research Conference



Elizabeth Capezuti PhD., RN, APRN-BC, FAAN
Keynote Speaker address: "Facing the Future and Embracing Competence in Aging".

On Friday, October 28, 2005, the Institute for Health Care Education and the Connecticut Nursing Research Alliance held its 9th Annual Conference. This year's Conference with over 300 nurses and nursing students from throughout the state featured a conference theme, *Evidence Based Practice: Living Well, Aging Well*. Participants had the opportunity to hear several national speakers. In addition to the keynote and plenary speakers, conference attendees listened to Beth Ulrich, EdD., RN, CHE, Vice President of Professional and Editorial Services, Nursing Spectrum, who reviewed a national survey on Nursing Satisfaction and Retention conducted in 2005. Dr. Carol Polofroni from the University of Connecticut, a magnet examiner, presented on the fourteen forces of Magnet and how to enhance evidence based practice.

NEW THIS YEAR!

Were the following displays and activities:

- Sunrise Yoga led by a certified Kripalu yoga instructor
- Hartford Hospital Fitness Center: body fat analysis and weight training demonstrations
- Strong Women Program
- Tai Chi for Healthy Living



Barbara Mark PhD, RN, FAAN Plenary Speaker
address: "The Outcomes Research in Nursing Administration Project"

- Spiritual Health, the often forgotten dimension
- Hartford Hospital Integrative Medicine Department: Chair Massages, Reiki, Reflexology
- Hartford Hospital Mental Health Services at The Institute of Living
- Arbonne: Aromassentials
- "It's Only Natural Restaurant" healthy cooking demonstration
- "Relax Your Back" ergonomically sound furniture

Decorating by Carol Albert and her staff (Buds n' Bloom) was outstanding. Food service provided by Wayne Oden and his staff from Hartford Hospital Food & Nutrition was the best!!

SPECIAL THANKS TO OUR SPONSORS

Hartford Hospital Department of Medicine; Johnson and Johnson Health Care Systems, Inc.; Wild Oats for the table gifts/giveaways, and Elsevier Science, courtesy of Jeane Kalanta.

Thanks to the Alliance Agencies and the members of the planning committee:

Hartford Hospital

Nancy Bafundo RN, MSN, Dawn Beland RN, MSN, Cindy Belonick APRN, MSN, Laura Caramanica RN, Ph.D., Janice Cousino RN, MSN, Sheryl Horowitz, Ph.D., Amy Schroder RN, MSN, and Teresa Russell.

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Yale University
Margaret Grey RN, Ph.D.



Left to right: Aimee McDaniel BSN, RN, CNN Del-Lor Lisitano RN, MBA, CCRN, Ling Li RN, BSN and Laura Caramanica RN PhD



Nancy Bafundo Ms, RN-BC presenting Del-Lor R. Lisitano RN, MBA, CCRN, Midstate Medical Center with Conduction in Research Utilization Award



Nancy Bafundo MS, RN-BC and Aimee McDaniel BSN, RN, CNN presenting Ling Li, BSN, RN, Hartford Hospital with Research Award



Left to right: Anne Durkin PhD, RN, Yale University poster award presenter, pictured with poster awardees (second place Midstate Medical Center) Del-Lor Lisitano RN, MBA, CCRN, and (not pictured) Patti Lamonica RN, MSN; (third place Hartford Hospital) Carolyn Bauer RN, Ellen Ramos, RN, BSN and (not pictured) Jullie Moore NR, BSN; and (1st place, Hartford Hospital) Maria Palomares BA with Laura Caramanica RN, Ph.D.

Important: Check out the website for the Alliance at ctnursingresearchalliance.org.
Confernece Proceedings are on line!

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