



Health Referral Services  
Hartford Hospital  
80 Seymour Street  
P.O. Box 5037  
Hartford, CT 06102-5037

Evidence-Based Practice:  
Caring for our Patients and Ourselves  
Tuesday, October 3, 2006  
7:15 AM - 2:15 PM

Please share with your nursing colleagues

Presented by  
The Institute for Health Care Education and  
Connecticut Nursing Research Alliance

# 10<sup>th</sup> Annual Conference

## Caring for our Patients and Ourselves

Tuesday, October 3, 2006  
7:15 am – 2:15 pm



### Overview

This all day conference is jointly sponsored by The Institute for Health Care Education, the Connecticut Nursing Research Alliance and the Hartford Hospital Medical Staff.

The keynote address will be delivered by Veda Andrus, EdD, MSN, RN, HN-BC, a Senior Educator and Consultant for the Birch Tree Center for Healthcare Transformation. The morning session includes your choice of concurrent abstract presentations or skill building sessions.

Lunch and poster awards presentation will be followed by the plenary address given by Maggie McKivergin, RN, BSN, MSN, CNS, HNC, a Holistic Health Consultant. A variety of activities including Reiki and massage, and displays will be available during registration and lunch. The afternoon will conclude with a summary, evaluation, and book giveaways.

### Contact Hours

Contact hours will be awarded to participants who attend the entire conference. Partial contact hours will be awarded based on the number of sessions attended.

Hartford Hospital is an approved provider of continuing education by the Connecticut Nurses' Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Contact hour approval does not imply ANCC Commission on Accreditation/CNA or Hartford Hospital endorsement of any commercial products displayed in conjunction with this conference.

### Registration

Conference fee includes refreshment breaks, buffet luncheon, and conference materials:

#### Registration Fees:

\$25.00	Hartford Healthcare Corporation employees* (HHCC)
	Connecticut Nursing Research Alliance Organizational members ( <i>Board Representatives free</i> )
\$15.00	Students (full & part-time)
\$30.00	Non-HHCC/Non-Alliance

\*HHCC Employees: Hartford Hospital, MidState Medical Center, New Britain General Hospital, Jefferson House and VNA Health Care.

### Alliance Organizational Members and Board Representatives Conference Planning Committee:

#### Hartford Hospital

Nancy Bafundo, RN, MSN, BC; Dawn Beland, RN, MSN; Cindy Belonick, APRN, MSN; Laura Caramanica, RN, PhD; Janice Cousino, RN, MSN, CNS; Eileen Herrmann, RN, MHS; Lynn Jansky, RN, MSN; Karen Cudworth, RN, MSN; Amy Schröder, RN, MSN; Ruth Zafian, MSN, MA, APRN, BC

#### Connecticut Children's Medical Center

Sally Strange, RN, MSN

#### John Dempsey Hospital

Cheryl Tafas, RN, MSN and Gina Reiners, APRN

#### Middlesex Hospital

Kathleen Stolzenberger, RN, BC, MS, MSN

#### Midstate Medical Center

Kathleen Barta, RN, BC, MS, MSN, PCCN-CMC

#### New Britain General Hospital

Arlene Morin, RN, PhD

#### Capitol Community College

Joanne Anfinson, RN, PhD

#### Central Connecticut State University

Carol Williams, RN, PhD

#### Quinnipiac University

Anne Durkin, RN, PhD

#### Sacred Heart University

Dori Taylor-Sullivan, RN, PhD

#### Southern Connecticut State University

Barbara Aronson, RN, MSN, PhD

#### St. Joseph College

Terry Bosworth, RN, PhD

#### University of Connecticut

Lynn Allchin, RN, PhD

#### University of Hartford

Karen Breda, RN, PhD

#### VNA HealthCare

Tracy Wodatch, RN, BSN

#### William Backus Hospital

Deb Furtado, BSN, MA

#### Yale University

Margaret Grey, RN, PhD

### Parking & Travel Directions

#### Parking

A limited number of parking spaces on Hudson Street, adjacent to the ERC, will be available to those that car pool on a first come basis. Parking is also available in the Public Parking Garage located opposite the hospital. Please enter the garage via Washington Street or Seymour Street entrances. **Car-pooling is encouraged.**

#### Travel Directions

**West:** Enter city via I-84. Take Capitol Avenue exit. At light, take left onto Capitol Avenue, right onto Washington Street. Go through 4 traffic lights. At 5<sup>th</sup> traffic light take left on street between Medical Building and Connecticut Children's Medical Center. Public Parking Garage is on the left.

**East:** Take downtown Hartford Exit. Take left onto Columbus Boulevard (it will become Wyllys Street). Go through 3 traffic lights and straight onto Jefferson Street. At 2<sup>nd</sup> traffic light, take a left onto Seymour Street. The Public Parking Garage is on the right side behind the 85 Seymour Street Medical Building.

**North/South:** Take I-91 to Capitol Area Exit (29A). Follow until exit ends at a rotary (Pulaski Circle). Follow the rotary 3/4 of the way around and take right onto Hudson Street. Follow Hudson Street to the end. Take a right onto Jefferson Street. At next traffic light, take a left onto Seymour Street. The Public Parking Garage is on the right side behind the 85 Seymour Street Medical Building.

#### Conference Site

The conference is being held in the Education and Resource Center (ERC), 560 Hudson Street at the corner of Hudson and Jefferson Streets.

## Program Schedule

\*—7:15 AM – 8:00 AM

**REGISTRATION Coffee & Danish**  
Heublein Hall, ERC Lobby

**8:00 AM WELCOME (Heublein Hall)**

Janice A. Cousino, RNC, MSN, CNS  
Amy Schröder, RNC, MSN  
Co-Chairs, Planning Committee

**8:05 AM OPENING REMARKS**

Laura Caramanica, RN, PhD  
Vice President Nursing, Hartford Hospital  
Michael Conway, MD  
President, Hartford Hospital Medical Staff

**8:15 AM KEYNOTE ADDRESS: Caring for Ourselves:  
Enhancing the Therapeutic Partnership  
within Nursing Practice**

Veda Andrus, EdD, MSN, RN, HN-BC

**9:15 AM COFFEE BREAK**

Heublein Hall  
Poster Exhibit Viewing – Formal Lounge  
Book Exhibit – ERC Lobby

**9:45 AM SKILL BUILDING PRESENTATIONS:**

**Presentation A (ERC Room 216)**

*Evaluating the Strength of the Research*  
Sheryl Horowitz-Kiefer, PhD

Director of Evaluation and Surveys, Plantree

**Presentation B (ERC Room 217)**

*Interpreting Meta-analysis*

Regina M. Cusson, APRN, RNC, PhD

Professor of Nursing, University of Connecticut

**CONCURRENT ABSTRACT PRESENTATIONS:**

**Presentation C (ERC Room 218)**

*Development of a Culturally Sensitive  
Intervention for Disadvantaged Persons  
with HIV/AIDS*

Stephanie Andrade, BSN student

*Modification of Cardiovascular Risk Factors:  
Female Registered Nurses as Compared to  
Women who are Not Registered Nurses in  
the Surgical Setting*

Maureen Tiroletto, MSN, RN, CCRN

**Presentation D (ERC Room 221)**

*Ventilator-associated Pneumonia:  
Implementation of Evidence-Based  
Interventions to Improve Patient Outcomes*

N. Mozealous, RN;

N. Merkouriou, MS, RRT-NPS;

C. Ligi, RN, BSN, CIC;

K. Barta, RN, MSN, PCCN-CMC;

L. Amarante, RN;

M. Kailasam, MD;

M. Brennan, APRN;

R. Smith, MD;

T. Erickson, RN;

D. Santoro, CRT

*Results following introduction of a silver-  
impregnated pre-connected catheter, urinary  
drainage system, May – September 2005*

Catherine Ligi, RN, BSN, CIC;

Cynthia Decker, RN, MS;

Lynette Michaud

**11:00 AM SKILL BUILDING PRESENTATIONS:**

**Presentation E (ERC Room 216)**

**BACK BY POPULAR DEMAND!**

*The Enhancement of Evidence Based  
Practice – The Forces of Magnet*

E. Carol Polifroni, RN, EdD, CNAA

Associate Professor of Nursing,

University of Connecticut

**Presentation F (ERC Room 217)**

*Translating Evidence into Practice*

Joanne Roy, RN, PhD

Nurse Educator, Hartford Hospital

**CONCURRENT ABSTRACT PRESENTATIONS:**

**Presentation G (ERC Room 218)**

*Rapid Response Team – Excellence in  
Evidence-Based Practice*

Terri Savino, BSN, RN, CPHQ

*Instructing Nurses in the Use of the  
Confusion Assessment Method (CAM):  
A Pilot Study Involving Two Units at  
Hartford Hospital*

Christine Waszynski, RN, MSN, GNP-C

Kimberly Petrovic, MSN, RN

**12:15 PM LUNCHEON (Heublein Hall)**

*Poster Awards and Research Awards*

**1:15 PM PLENARY ADDRESS:**

*Caring for our Patients and Ourselves;  
Complementary Modalities*

Maggie McKivergin, RN, BSN, MSN, CNS, HNC

**2:15 PM CONFERENCE WRAP UP**

*Summary, Evaluation and Book Giveaways*

**Additional Sponsorship Acknowledgements:**

Hartford Hospital Medical Staff and Elsevier Science,  
courtesy of Jeane Kalanta, Elsevier Publishing.



## KEYNOTE SPEAKER

**Veda Andrus, EdD, MSN, RN, HN-BC,** is Senior Educator and Consultant for the Birch Tree Center for Healthcare Transformation and is on the

faculty of the Health Arts and Science Program at Goddard College. She served as Founder/President of Seeds and Bridges Center for Holistic Nursing Education and co-created *The Certificate Program in Holistic Nursing* and other professional development continuing education programs in holistic nursing. She is the recipient of the 2004 Holistic Nurse of the Year award through the American Holistic Nurses' Association.



## PLENARY SPEAKER

**Maggie McKivergin, RN, MSN, CNS, HNC,** is an international speaker and has authored many publications. She is in private practice using a broad spectrum

of assessment and complimentary modalities. She is a national consultant, working in partnership with physicians and other practitioners to create new protocols for the care of disease.

All Deans and Directors  
are invited to attend a

## Special Future Projects Planning Meeting

from 2:45 – 4:00 PM in the

Fund Development Conference Room,  
ERC, 1st floor, to discuss the next steps in  
collaborating across sites and regions of  
the state in evidence based practice.

**Facilitators:** Margaret Grey, Dr Ph, SAAN, CPNP  
Laura Caramanica, RN, PhD

## Registration Form

### Caring for Our Patients and Ourselves

DEADLINE FOR REGISTRATION:  
SEPTEMBER 8, 2006

NAME \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

CITY/STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

EMPLOYER \_\_\_\_\_

WORK ADDRESS \_\_\_\_\_

CITY/STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

PHONE (W) \_\_\_\_\_ PHONE (H) \_\_\_\_\_

Fee includes: conference materials, refreshments,  
and luncheon.

\$25.00 Hartford Healthcare Corporation (HHCC)  
employees and Connecticut Nursing  
Research Alliance Organizational  
members (*Board Representatives free*)

\$15.00 Students

\$30.00 Non-HHCC/Non-Alliance

Student ID's must be shown at registration table on the  
morning of the conference.

Make check payable to HARTFORD HOSPITAL and  
send to:

Health Referral Services  
Hartford Hospital  
80 Seymour Street  
P.O. Box 5037  
Hartford, CT 06102-5037

For telephone registration (with credit card payment)  
contact Health Referral Services at (860) 545-1888

**Registration is limited • No on-site registration**