

# THE 15TH ANNUAL EVIDENCE BASED PRACTICE CONFERENCE

HEALTH REFORM: CONNECTING PRACTICE TO POLICY



FRIDAY, OCTOBER 14, 2011  
7:15 AM – 2:30 PM

*Presented by*  
*The Institute for*  
*Health Care Education*  
*and Connecticut Nursing*  
*Research Alliance*

Hartford  
Hospital   
A Hartford HealthCare Partner



**THE 15TH ANNUAL EVIDENCE BASED PRACTICE CONFERENCE: HEALTH REFORM: CONNECTING PRACTICE TO POLICY** is presented by the Institute of Health Care Education and Connecticut Nursing Research Alliance. The keynote address will be delivered by Dr. Donna M. Nickitas, PhD, RN, NEA-BC, CNE, Professor, Hunter College, City University of New York, Hunter-Bellevue School of Nursing and Editor, *Nursing Economic\$*. The morning session includes your choice of concurrent abstract presentations or skill building sessions. Poster and research awards and lunch will be followed by the plenary address given by Lynn Price, JD, MSN, MPH, Associate Professor, Department of Nursing, Quinnipiac University.



## KEYNOTE SPEAKER

.....

**DONNA M. NICKITAS, PHD, RN, NEA-BC, CNE** is a Professor, at Hunter College, City University of New York, Hunter-Bellevue School of Nursing and the Deputy Executive Officer, Doctor of Nursing Science Program at the CUNY Graduate Center.

Dr. Nickitas teaches across the nursing curriculum at the undergraduate, graduate and doctoral level. She held several key clinical nursing positions from staff nurse, head nurse, clinical director of maternal and child health. Dr. Nickitas retired from the United States Air Force Nurse Corps at the rank of major. She is certified by the American Nurses Credentialing Center in Nursing Administration Advanced and a certified Nurse Educator.

Dr. Nickitas is the Editor of *Nursing Economic\$*, Journal for Health Care Leaders, editorial board member for *Medical Surgical Nursing* and *Nursing Forum* and a manuscript reviewer for several peer review nursing journals. She has authored numerous articles, chapters in books, and her own books, *Quick Reference Guide to Nursing Leadership*, *Nursing Leadership and Management: Review and Rationales* and Co-editor of the newly published, *Public Policy and Politics for Nurses and Other Healthcare Professionals*.

As a researcher, she has published studies on Faculty, Clinical Nurses and Nursing Students Perceptions of Electronic vs. Paper-based Documentation as well as studies on Service-Learning and Community Engagement.



## PLENARY SPEAKER

.....

**LYNN PRICE, JD, MSN, MPH** is an Associate Professor in the Nursing Department at Quinnipiac University. Her education includes a Juris Doctorate, a Master's Degree in Philosophy, a Master's Degree in Public Health, and a Master's Degree in Nursing with a concentration in the Family Nurse Practitioner Track. She holds certifications in Wound Care and as a Family Nurse Practitioner.

Lynn served for many years as the Government Relations Chair for the Connecticut APRN Society, lobbying and testifying on a wide variety of issues concerning patient care, advanced nursing practice, and health care systems. For the past four years, she represented the Connecticut Nurses Association on the Statewide Primary Care Access Authority, a legislatively appointed taskforce looking directly at patient access to meaningful primary care.

In addition to her faculty work, Lynn's experience includes civil law practice, positions as an RN in acute and community health care settings, as an APRN in a community clinic setting, and as an APRN in skilled nursing facilities.



The **CONNECTICUT NURSING RESEARCH ALLIANCE** is comprised of eighteen colleges, universities and acute care institutions throughout Connecticut. The Alliance seeks to provide a network of support for nurses and nursing students in evidence-based practice activities including nursing research and research utilization. The mission of this Alliance is to promote and improve the health of individuals and communities by supporting evidence-based practice through collaborative efforts.

Alliance member organizations include: Bristol Hospital, Capitol Community College, Central Connecticut State University, Charlotte Hungerford Hospital, Connecticut Children's Medical Center, Eastern Connecticut Health Network, Hartford Hospital, Hospital of Central Connecticut, Hospital of Saint Raphael, Hospital for Special Care, Midstate Medical Center, Quinnipiac University, Saint Joseph College, Southern Connecticut State University, University of Connecticut, University of Hartford, William Backus Hospital and Windham Hospital.

# PROGRAM SCHEDULE

---

**7:15 – 8:00 AM**

**REGISTRATION Coffee & Danish**

Heublein Hall, ERC Lobby

**8:00 AM**

**WELCOME (Heublein Hall)**

Amy Schröder, RNC, MSN  
Chair, CT Nursing Research Alliance

**8:15 AM**

**KEYNOTE ADDRESS**

**Health Reform: Leading with Evidence**

Donna M. Nickitas, PhD, RN, NEA-BC CNE

**9:30 AM**

**COFFEE BREAK**

Heublein Hall

**Poster Exhibit Viewing- Formal Lounge**

Vendor Exhibits – ERC Lobby

**10:00 AM**

**SKILL BUILDING PRESENTATIONS:**

**Presentation A**

How to Write an Abstract

**Mary Ann Cordeau PhD, RN**

**Assistant Professor of Nursing**

**Quinnipiac University**

**Presentation B**

Creating Conference Posters with

Microsoft Powerpoint®

**Edward Donald MLS**

**Health Science Librarian**

**Quinnipiac University**

**Presentation C**

Evaluating Patient Education Websites

**Wendy Urciuoli MLS**

**Tremaine Resource Center**

**Midstate Medical Center**

**CONCURRENT ABSTRACT PRESENTATIONS:**

**Presentation D**

Nurses' Involvement in Health Policy Development:

Past Lessons as Prelude to Present Successes and

Future Strategies

**Celeste Kehoe Yanni PhD, RN-CHPN**

**Quinnipiac University**

# PROGRAM SCHEDULE *(continued from page 2)*

---

## CONCURRENT ABSTRACT PRESENTATIONS:

### Presentation E

Pressure Ulcer Prevention: Enhancing the Perioperative Cardio-Thoracic Patient Experience

**Andrea Hagstrom, RN,MSN, CNL,CNOR**  
Hartford Hospital

### Paired with

Gestational Diabetes Mellitus: The Effect of an Interdisciplinary Intervention on Glycemic Control and Infant Birth Weight

**Elizabeth Caffrey MPH, RD, CDE,**  
**Maria Daigneault ANP-BC, Audrey White RN, CDE**  
Hartford Hospital

11:15 AM

## SKILL BUILDING PRESENTATIONS:

### Presentation F

The Evidence Based Practice Experience:  
Panel Discussion

**Moderator: Barbara Aronson PhD, RN, CNE**  
Southern Connecticut State University

**Panelists: Judy Bahr MSN, RN-BC &**  
**Emily Morelli BSN, RN Middlesex Hospital,**  
**Christine Waszynski, RN, MSN, GNP-BC &**  
**Mary Kate Eanniello RN, MSN, OCN, CHPN,**  
Hartford Hospital, **Joseph Baczewski RN, BSN**  
& **Suzanne Casey RN, MSN, GEN,**  
Midstate Medical Center.

### Presentation G

How to Write an Abstract

**Mary Ann Cordeau PhD, RN**  
Assistant Professor of Nursing  
Quinnipiac University

### Presentation H

Creating Conference Posters with  
Microsoft Powerpoint®

**Edward Donald MLS**  
Health Science Librarian  
Quinnipiac University

# PROGRAM SCHEDULE *(continued from page 3)*

---

## CONCURRENT ABSTRACT PRESENTATIONS:

### Presentation I

Social Justice: Faculty Reports of Student Clinical Incompetence from the Ethic of Justice and the Ethic of Care

**Maria Tackett MS, EdD, CEN, CCRN**  
Hartford Hospital

### Paired with

Policy and Procedure Process: Bridging the Practice Gap  
**Debra Furtado, RN-BC, BSN, MA, MSN**  
The William W. Backus Hospital

**12:15 – 12:30 PM**      **POSTER AND RESEARCH AWARDS**

**12:30 PM**              **LUNCHEON (Heublein Hall)**

**1:15 PM**              **PLENARY ADDRESS:**  
Health Reform and Nursing Practice: What's Next  
**Lynn Price, JD, MSN, MPH**  
Quinnipiac University

**2:15 PM**              **CONFERENCE WRAP UP**  
Summary, Evaluation and Raffle



## CONTACT HOURS

---

Contact hours will be awarded to participants who attend the entire conference. Partial contact hours will be awarded based on the number of sessions attended.

Hartford Hospital is an approved provider of continuing education by the Connecticut Nurses' Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Contact hour approval does not imply ANCC Commission on Accreditation/CNA or Hartford Hospital endorsement of any commercial products displayed in conjunction with this conference.

# REGISTRATION

---

**The conference is limited to the first 240 registrants.**

**Registration Deadline: October 7, 2011**

You may register online at [www.harthosp.org/NursingResearchConference](http://www.harthosp.org/NursingResearchConference) or by calling 860 545 1888.

Fee includes morning refreshments, luncheon and off-site parking.

**\$25.00** Students (full & part time)

**\$45.00** Hartford HealthCare Employees\* and Employees of  
CT Nursing Research Alliance Organizations (see listing page 1)

**\$65.00** Non HHC and Non-Alliance

Additional copies of the conference brochure may be downloaded at:  
[www.ctnursingresearchalliance.org](http://www.ctnursingresearchalliance.org)

\*HHC Employees: Eastern Rehabilitation Network, Hartford Hospital, Hartford Medical Group, Hospital of Central Connecticut, Jefferson House, Midstate Medical Center, Natchaug Hospital, Rushford, VNA Healthcare, Windham Hospital

# PARKING & TRAVEL DIRECTIONS

---

**Conference location: The conference will be held at Hartford Hospital's Education and Resource Center (ERC), 560 Hudson Street.**

**Free, secure, off-site parking at ProPark America, 94 Hudson Street, Hartford.**

Please allow extra travel time for shuttle to conference site. We ask that you avoid parking in the hospital's public garage so that patients and families are not displaced. Parkers who use the public garage will do so at their own expense.

## **From North or South of Hartford**

Take I-91 South or I-91 North to exit 29A Capitol Area. Proceed under three overpasses to rotary. Follow the blue "H" signs  $\frac{3}{4}$  of the way around the rotary and take right onto Hudson Street. The ProPark America lot will be on your left, at the corner of Hudson and Linden Place.

## **From I-84 West**

Take I-84 West and follow signs to exit 50, Main Street. At 2nd traffic light, take left onto Main Street. Follow Main Street through – 9 lights. Take right onto Linden Place. Turn right onto Hudson Street and the ProPark America lot will be on your right.

## **From I-84 East**

Take I-84 East to Exit 48B Capitol Avenue. Take left at light onto Capitol Avenue and proceed through next two traffic lights. At third traffic light turn left onto Hudson Street. The ProPark America lot will be on your right just beyond the first cross street, Linden Place.

# POSTER PRESENTATIONS

## **Differences in the Vaginal Microenvironment of Women Who Do and Women Who Do Not Wear Vaginal Pessaries**

Colleen Mellen, MS, CNS, APRN

**Hartford Hospital**

## **Fall Risk Prevention in Postpartum Patients**

Joanne Auger MSN, RNC & Women's Health Services

Evidence Based Practice Group

**Hartford Hospital**

## **Let's Get Moving**

Jessica Hooker BSN, RN, Maureen Leach BS, RN, OCN,  
Elena Mendez BSN, RN, Kelly Zercie BSN, RN-BC, CHPN

**Middlesex Hospital**

## **Leveling the Playing Field One Bed at a Time: Teaching Nurses about the Female Condom**

Daileann Hemmings RN, MSN

**Hartford Hospital**

## **Mobility is Medicine: A Pilot Project to Create Culture Change on Acute Medical Units**

Christine Waszynski, RN, MSN, GNP-BC, Carolyn Kelly BS, PT,  
Mary Kate Eanniello RN, MSN, OCN, CHPN

**Hartford Hospital**

## **The Ability to Trust the Recovering Nurse**

Lisa Cook MSN, RN

**The William W. Backus Hospital**

## **The Effects of Probiotics on Antibiotic Associated Diarrhea in the Elderly Residing in an Extended Care Facility**

Elizabeth Visone, RN, MSN, APRN, BC

**Hartford Medical Group**

## **Understanding Substance Abuse Among Nurses**

Heather Machado RN, MS

**Hartford Hospital**