

the 16th Annual Evidence Based Practice Conference

Outcome-Focused Innovations



Friday, October 5, 2012

7:15AM – 2:30PM

Hartford
Hospital 
A Hartford HealthCare Partner

Presented by
*The Institute for Health Care
Education and Connecticut
Nursing Research Alliance*

The 16th Annual Evidence Based Practice Conference:

Outcome-Focused Innovations is presented by the Institute of Health Care Education and Connecticut Nursing Research Alliance. The keynote address will be delivered by Kathleen R. Stevenson, EdD, RN, FAAN, Professor of Nursing, University of Texas Health Science Center at San Antonio (UTHSCSA).

The morning session includes your choice of concurrent abstract presentations or skill building sessions. Poster and research awards and lunch will be followed by the plenary address given by Pepper Sobieski, RN, BSN, CPHQ, Director of Quality, Hartford HealthCare.



Keynote Speaker

Kathleen R. Stevenson, EdD, RN, FAAN

is a Professor of Nursing at the University of Texas Health Science Center at San Antonio (UTHSCSA) and Founding Director of the Academic Center for Evidence-Based Practice (ACE), a UTHSCSA School of Nursing Center of Excellence where she leads efforts to advance evidence-based quality improvement through research, education and

practice. Her positions also include PI and Director, *Improvement Science Research Network*, an improvement science national laboratory; professor of family nursing, graduate and doctoral teaching.

Throughout her career as a nurse, Dr. Stevenson unwavering desire was to build bridges between education, research and practice for excellence. Dr. Stevenson has been a nurse scientist, educator, and innovator since 1973. This long-standing devotion to research application has positioned her as one of today's top experts in evidence-based quality improvement.

Her national leadership in nursing reflects this passion for bridging research and practice through education. Dr. Stevenson's contributions to nursing are expressed through her service as an officer of the Sigma Theta Tau International (STTI) Board of Directors, co-developer of the international electronic library, and editor of the *Online Journal of Knowledge Synthesis for Nursing*, carving out a unique niche for evidence-based nursing. Her work as an officer on the National League for Nursing Board of Governors advanced the program of nursing education research.

Her expertise is widely sought after: She is called upon frequently to provide consultation, workshops, and services in academic and clinical settings, where EBP is being implemented. She co-developed and currently serves on the Editorial Advisory Board of the Agency for Healthcare Research and Quality Innovations Exchange, and provides leadership to the Department of Defense Technical Advisory Panel on Healthcare Team Performance. She served on the IOM Expert Panel for the 2006 report, *Preventing Medication Errors*.

Her contributions have been recognized with honors and awards. These include invitational conferences and visiting professorships. She is the 2011-13 *Episteme Laureate* for Sigma Theta Tau International Nursing Honor Society, the highest research honor bestowed in nursing. In 2012, she was inducted into the International Nursing Research Hall of Fame at the STTI. She received the Great 100 Distinguished Alumni award from Texas Womans University. Her peers awarded her the Faculty Recognition Award for Scholarship in Teaching and the Distinguished International Leadership Award and Image Maker Award from Delta Alpha Chapter of STTI. Students selected her to receive the Outstanding Nurse Faculty Member Award. She has received Excellence in Research Awards from three organizations, including the National League for Nursing award for Excellence in Nursing Education Research. In recognition of the impact of her achievements on the profession of nursing, she was inducted into the American Academy of Nursing in 1999.

In her current role as Director of the Academic Center of Evidence-Based Practice (ACE), Dr. Stevenson is leading the nation in the advancement of evidence-based quality improvement. She initiated the federally-funded Summer Institutes on Evidence-Based Quality Improvement. Her center of excellence is visited by international scholars. She guides this center in supporting the missions of research, education, professional development, and service in her community and nationally. The most recent addition to ACE is the establishment of the national collaboratory for improvement research, the Improvement Science Research Network, a \$3.1 million initiative that established this virtual research collaboratory for conducting improvement research to transform healthcare.





Plenary Speaker

Pepper Sobieski, RN, BSN, CPHQ is the Director of Quality at Hartford HealthCare.

In this role, Pepper is responsible for the hospital system in planning, developing and executing strategies for quality and patient safety, clinical process improvement, clinical performance measurement and knowledge management initiatives throughout Hartford HealthCare.

Pepper is a 15-year veteran of Hartford Hospital who, for the last six years, has been dedicated to quality management and, most recently, was Director of Quality for Hartford Hospital. She is a Certified Professional in Healthcare Quality (CPHQ), a member of National and Connecticut Association for Healthcare Quality.

In her long clinical career, Pepper has worked throughout the care continuum. She has managed hospital inpatient units, Ambulatory Care, Infection Control, Bed Management, Care Continuum, Community Case Management and Quality. Pepper began her career with a strong focus in Pediatrics and a 12-year career at Newington Children's Hospital. Pepper has been a quality liaison to a skilled nursing facility, a hospital facilitator and an insurance care manager. In her work, she has focused on departmental development in the start up of Case Coordination departments in two facilities and was part of a team that developed and coordinated a community case management program for high-risk managed Medicare patients.

The Connecticut Nursing Research Alliance is comprised of twenty colleges, universities and acute care institutions throughout Connecticut. The Alliance seeks to provide a network of support for nurses and nursing students in evidence-based practice activities including nursing research and research utilization. The mission of this Alliance is to promote and improve the health of individuals and communities by supporting evidence-based practice through collaborative efforts.

Alliance member organizations include: Bristol Hospital, Capitol Community College, Central Connecticut State University, Charlotte Hungerford Hospital, Connecticut Children's Medical Center, Eastern Connecticut Health Network, Hartford Hospital, The Hospital of Central Connecticut, Hospital of Saint Raphael, Hospital for Special Care, MidState Medical Center, Quinnipiac University, Saint Joseph College, Southern Connecticut State University, University of Connecticut, University of Hartford, William Backus Hospital, Windham Hospital, Saint Francis Hospital and Yale University.

Program Schedule

- 7:15 – 8:00 AM** **Registration Coffee & Danish**
Heublein Hall, ERC Lobby
- 8:00 AM** **Welcome (Heublein Hall)**
Cheryl Ficara, RN, MSN
Vice President, Patient Care Services, Hartford Hospital
- 8:15 AM** **Keynote Address**
Evidence Based Practice at the Point of Care
Kathleen R. Stevenson, EdD, RN, FAAN
- 9:30 AM** **Coffee Break**
Heublein Hall
Poster Exhibit Viewing – Formal Lounge
Vendor Exhibits – ERC Lobby

10:00 AM

Skill Building Presentations:

Presentation A
Stats for Staff
Michelle Godin, RN, EDD, RN-BC, NE-BC
Saint Mary Hospital

Presentation B
You Can Have It All!
Organize Your Professional Life with a Personal Homepage
Wendy Urciuoli, MLS
Health Science Librarian
MidState Medical Center

Presentation C
Writing Out on the Cloud
Lisa Carter, MSLIS
Clinical Librarian
Hartford Hospital

Concurrent Abstract Presentations:

Presentation D
End of Life and Bereavement Care Survey for the Neonatal Healthcare Team
Janet Parkosewich, DNSc, RN, FAHA
Yale-New Haven Hospital
paired with
Innovative Approaches to Patients and Family Centered Care in a Medical Intensive Care Unit
Kathy McKiernan, RN
Yale-New Haven Hospital

Presentation E
Improving Peripheral Intravenous Insertion Practices in the Adult Inpatient Population
Heather Studley, MSN, RN-BC
Yale-New Haven Hospital
paired with

Far From Zero: Measuring Actual Pressure Ulcer Occurrence in Acute Care
Lisa Corbett, APRN, CWOCN
Hartford Hospital



Program Schedule *(continued from page 4)*

11:15 AM

Skill Building Presentations:

Presentation F

What's the Burning Question?

Joanne Roy, RN, PhD

*Director of Clinical Professional Development
MidState Medical Center*

Presentation G

Metasynthesis Symposium:

Generating New Insights from Qualitative Studies

Mary Ann Cordeau, PhD, RN

*Assistant Professor of Nursing
Quinnipiac University*

Presentation H

Commissioned by God:

the Birth of American Nursing During the Civil War

Joyce Fontana, PhD, RN

University of Saint Joseph

Concurrent Abstract Presentations:

Presentation I

A Strategy to Decrease Heart Failure

Readmissions: Improving Nurse Knowledge

Maureen G. Roussel, DNP, APRN, CCRN, CCNS

Fairfield University

paired with

What Do Nurses Want? Making Safety

Data Meaningful

Valerie Neary, RN, MSN

Hartford Hospital



Program Schedule *(continued)*

12:15 – 12:30 PM

Poster and Research awards

12:30 PM

Luncheon (Heublein Hall)

1:15 PM

Plenary Address:

Muddling through the Maze of Metrics

Pepper Sobieski, RN, BSN, CPHQ

*Director of Quality
Hartford HealthCare*

2:15 PM

Conference Wrap Up

Summary, Evaluation and Raffle

Contact Hours

Contact hours will be awarded to participants who attend the entire conference. Partial contact hours will be awarded based on the number of sessions attended.

Hartford Hospital is an approved provider of continuing education by the Connecticut Nurses' Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Contact hour approval does not imply ANCC Commission on Accreditation/CNA or Hartford Hospital endorsement of any commercial products displayed in conjunction with this conference.



Registration

The conference is limited to the first 240 registrants.

Registration Deadline: September 28, 2012

You may register online at www.harthosp.org/NursingResearchConference or by calling **860.545.1888**.

Fee includes morning refreshments, luncheon and off-site parking.

\$25.00 Students (full & part time)

\$45.00 Hartford HealthCare Employees* and Employees of CT Nursing Research Alliance Organizations (see listing page 1)

\$65.00 Non HHC and Non-Alliance

Additional copies of the conference brochure may be downloaded at: www.ctnursingresearchalliance.org

*HHC Employees: Eastern Rehabilitation Network, Hartford Hospital, Hartford Medical Group, The Hospital of Central Connecticut, Jefferson House, MidState Medical Center, Natchaug Hospital, Rushford, VNA Healthcare, Windham Hospital

Parking & Travel Directions

Conference location: The conference will be held at Hartford Hospital's Education and Resource Center (ERC), 560 Hudson Street.

Free, secure, off-site parking at ProPark America, 94 Hudson Street, Hartford. Please allow extra travel time for shuttle to conference site. We ask that you avoid parking in the hospital's public garage so that patients and families are not displaced. Parkers who use the public garage will do so at their own expense.

From North or South of Hartford

Take I-91 South or I-91 North to exit 29A Capitol Area. Proceed under three overpasses to rotary. Follow the blue "H" signs $\frac{3}{4}$ of the way around the rotary and take right onto Hudson Street. The ProPark America lot will be on your left, at the corner of Hudson and Linden Place.

From I-84 West

Take I-84 West and follow signs to exit 50, Main Street. At 2nd traffic light, take left onto Main Street. Follow Main Street through – 9 lights. Take right onto Linden Place. Turn right onto Hudson Street and the ProPark America lot will be on your right.

From I-84 East

Take I-84 East to Exit 48B Capitol Avenue. Take left at light onto Capitol Avenue and proceed through next two traffic lights. At third traffic light turn left onto Hudson Street. The ProPark America lot will be on your right just beyond the first cross street, Linden Place.

CT Nursing Research Alliance Board Representatives

Hartford Hospital

Nancy Bafundo, RN, MS, BC; Dawn Beland, RN, MSN; Cynthia Belonick, APRN, BC; Lisa Carter, MSLIS; Cathy Chance, RN, CS; Karen Cudworth, RN, MSN; Deborah Gingras, MS, RN, CNS; Ginger Goddu, RN, MSN; Andrea Hagstrom, RN, MSN, CNOR; Eileen Hermann, RN, MHS; Gail Nelson, MS, RN, CNA, BC; Amy Schröder, RNC, MSN.

Bristol Hospital

Fran Leach, RN, MSN and Kerry Yeager, RN, BSN

Central Connecticut State University

Meg Levis, MSN, PhD

Connecticut Children's Medical Center

Claire Hibbs-Cusson, BA, BSN, RN, CCRN

Hospital for Special Care

Dottie Bezanson, BSN, RN, WCC and Kathy Tanyuk, RN, MA

Hospital of Saint Raphael

Anne Moore, DNP

MidState Medical Center

Suzanne Casey, RN, MSN and Joanne Roy, RN, PhD

Quinnipiac University

Mary Ann Cordeau, PhD, RN

Saint Joseph College

Terry Bosworth, RN, PhD

Southern Connecticut State University

Barbara Aronson, RN, PhD, CNE

University of Hartford Hospital

Anne Marie Buonocore, PhD, RNC

Poster Presentations

Teaching Compassion Skills in a Graduate Nurse Residency Program

Cynthia Belonick, APRC-BC
Ginger Goddu, RN, MSN
Mary Kate Eaniello, RN, MSN
Tara McLaughlin, PhD

Hartford Hospital and the Institute of Living

Screening for Staphylococcus Aureus in Patients Scheduled for Spine Surgery: Is it Cost Effective?

Anne Moore, DNP
Shirvinda Wijesekera, MD

Hospital of Saint Raphael

Enhancing Diversity of the Nursing Workforce: A Work in Progress

E. Carol Polifroni, EdD, CNE, NEA-BC, RN
Brenda Jaramillo, MS, RN
Kyle Chmielecki
Stephanie Greaney, BS, RN

UConn Health Center

Timing of Blood Pressure Measurements in a Primary Care Clinic

Staci McNeil, BSN, RN, CNIII
Dominic Novicio, RN, BSN, CNIII
Lemuel Pendon, PCA II
May Schapira, PCA II
Barbara Phelan, DNSc, RN

Yale-New Haven Hospital

What Makes a Nurses's Day Extraordinary?

Francine Leach, RN, MSN, CCM
Kerry Yeager, RN, BSN, RN-BC

Bristol Hospital

Enteral Feeding in the PICU: Factors Associated with Failure to Meet Nutritional Goals

Amanda Watkins, RN, BSN, CLC, CCRN
Mary Ann Brus, RN, BSN, MSN, CCRN
Christopher Carroll, MD, MS

Connecticut Children's Medical Center

An Advanced Practice Nurse-Led Oncology Journal Club to Promote Research Dissemination

Marianne Davies, MSN, CNS-BC, ACNP-BC, AOCNP-BC
Monica Fradkin, RN, MPH, OCN
Elizabeth Blasiak, RN, MSN, OCN

Yale-New Haven Hospital

From Clinical Trials to Commercial Use: New Oncology Drugs and the Oncology Nurse Coordinator Role in a Clinical Setting

Eileen Dehm, RN, BSN
Matthew Burke, MBA, RN, MSN, APRN-BC

Yale-New Haven Hospital

Comparison of Point of Care and Laboratory Analysis Methods for Testing Urine in Pediatric Oncology Patients

Janet Parkosewich, DNSc, RN, FAHA
Karen Kalbfeld, MSN, RN-BC, CPON
Nancy T. Glaser, BSN, RN, CPON, CDE
Patricia Gray, BSN, RN, CPON
Laura Lucarelli, BSN, RM, CPON
Laura Ryzewski, BSN, RN, CPON
Michelle Tempesta, AND, RN, CPON

Yale-New Haven Hospital

Ventilator Bundle Effectively Decreases Ventilator Associated Pneumonia Rates in the Neurosurgical-Trauma ICU Patients

Michelle Stevens, BSN, RN, EMT-B

Hartford Hospital

The Assessment and Early Identification of Overweight Children in Primary Care

Kimberly Joerg, DNP, APRN, PNP-BC, IBCLC

Saint Joseph College

Poster Presentations (Continued from page 10)

Collaborative Testing and Clinical Simulations: An Innovative Approach to Increasing Nursing Student Competency in the Simulation Lab Setting

Erica Mumm, MSN, RN

Helen Brooks, RN, MSN Ed

Northwestern Connecticut Community College

Dexamethasone Administration and the Effect on Post-Operative Nausea and Vomiting in the Laparoscopic Cholecystectomy Patients

Donna McKeehan, RN, CAPA

Stacy Colantonio, BS, RN

MidState Medical Center

Improving Patient Outcomes Through Implementation of Bedside Reporting

Jessica Lagassey, BSN, RN

Francine Leach, MSN, RN

Patricia Duclos-Miller, MSN, RN

Bristol Hospital

The Power of Journals to Influence Nurse Leadership Development: A Mixed Methods Study

Lee Galuska, RN, MSN, NE-BC

Saint Francis Hospital and Medical Center

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