

The 18th Annual Evidence Based Practice Conference

Sustaining Quality Patient Outcomes through Evidence Based Practice



Friday, October 3, 2014

7:15AM – 2:30PM

Presented by:

The Connecticut Nursing
Research Alliance

Thank you to our Sponsors:

Greenwich Hospital

Hartford Hospital

Hospital for Special Care

University of CT, School of Nursing

The 18th Annual Evidence Based Practice Conference:

Sustaining Quality Patient Outcomes Through Evidence Based Practice is presented by the Connecticut Nursing Research Alliance. The Keynote address will be delivered by Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC. Dr. Gallagher-Ford is the Director, Center for Transdisciplinary Evidence-Based Practice and Clinical Associate Professor at The Ohio State University, College of Nursing.

The morning session includes your choice of concurrent abstract presentations or skill building sessions. Poster awards and lunch will be followed by the plenary address given by Janet Parkosewich, RN, DNSc, FAHA, Nurse Researcher, Patient Services, Yale-New Haven Hospital.

Keynote Speaker: Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC



Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC, is director of the Center for Transdisciplinary Evidence-based Practice at The Ohio State University College of Nursing. Her clinical background in maternal child health and nursing administration has spanned 26 years in which she served in a variety of roles ranging from bedside clinician to chief nursing officer. Dr. Gallagher-Ford has extensive experience and expertise in teaching and implementing evidence-based practice clinical settings. She is currently active as a consultant, facilitator, panelist and keynote presenter at evidence-based practice conferences and education programs across the country. Dr. Gallagher-Ford was inducted into the National Academies of Practice and the Nursing Academy as a Distinguished Practitioner and Fellow in 2013.



Plenary Speaker: Janet Parkosewich, RN, DNSc, FAHA

Dr. Janet Parkosewich is the Nurse Researcher at Yale New Haven Hospital. She is known for her work in the acute care setting for driving practice innovations that ensure quality of care and responsiveness to patients' needs. She has numerous publications and national presentations to her credit that focus on reducing delays for treatment to ST-segment myocardial infarction, methods to optimize quality of care for hospitalized patients, and establishing infrastructures for advancing the scholarly work of acute care nurses through the use of evidence based practice and research. In her current role, she mentors nursing staff in the conduct of scholarly work and oversees 23 staff nurse-driven research projects that involve more than 100 clinical nurses.

Program Schedule

7:15-8:00 AM	Registration , Coffee/tea/water ONLY Heublein Hall, ERC Lobby
7:30-8:00	Poster Exhibit Viewing
8:00 AM	Welcome (Heublein Hall) Cheryl Ficara, RN, MSN Vice President, Patient Care Services, Hartford Hospital
8:15 AM	Keynote Address Creating Environments Where Evidence Based Practice Can Arrive, Survive and Thrive! Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC
9:30 AM	Coffee Break , Heublein Hall Poster Exhibit Viewing – Formal Lounge, ERC 123 Vendors Exhibit – ERC Lobby

10:00 AM

Concurrent Skill Building Sessions and Abstract Presentations

Presentation A

1. Development of a Journal Club Training Workbook to Enhance Competence & Confidence of Journal Club Facilitators

Marianne Davies, RN, APRN, CNS, ACNP, DNP

Yale University-Smilow Cancer Center

2. Innovation & Transformation of a Nursing Research Council

Deborah Gingras, MS, RN

Hartford Hospital

Presentation B

1. The Lived Experience of Heart Transplant Patients: Post-Operative Initial Awareness

Eileen Hermann, PhD, RN

Hartford Hospital

2. Getting Used to Being a Patient: The Post-Operative Of Living – Liver Transplant Donors

Jeffrey Curran, RN, BSN, MA, MBA, CCTN

Yale New Haven Hospital

Presentation C

Mendeley, A Reference Manager

Lisa Carter, MSLIS, Clinical Librarian

Hartford Hospital

Presentation D

Grant Writing

Michelle Eberly, MSLIS; Health Literacy & Community Engagement

Coordinator for National Network of Libraries of Medicine, New England Region

Presentation E

1. Value Based Purchasing

Lisa Q. Corbett, APRN, CWOCN

Hartford Hospital

2. Enhancing Student Learning Through a Failure-to-Rescue Simulation Scenario Utilizing Role Model Intervention

Barbara Glynn, DNP, RN-BC, Assistant Professor

Quinnipiac University

11:15 AM

Concurrent Skill Building Sessions and Abstract Presentations

Presentation F

1. Nurses Perceptions about Technology and the Use of Biomedical Device Integration Technology in Emergency Room

Jason Milia, MHA, BSN, RN, EMT-P

Presentation H

Grant Writing

Michelle Eberly, MSLIS; Health Literacy & Community Engagement

Coordinator for National Network of Libraries of Medicine, New England Region

Yale New Haven Hospital

2. Reducing Unplanned Extubations in the Pediatric Intensive Care Unit

Mary Mazu, RN, BSN

Connecticut Children's Medical Center

Presentation G

1. Parents' Perceptions of Care in Relation to Hope, Resolution and Functioning in Families with a Child with Cancer

Mary Conway, MSN, RN, CPHON

Connecticut Children's Medical Center

2. Attitudes and Knowledge of Pediatric Emergency Department Nursing Regarding Child Management

Laura Caneira, RN, BSN

Yale New Haven Hospital

Presentation I

Evernote, A Reference Manager

Lisa Carter, MSLIS, Clinical Librarian

Hartford Hospital

Presentation J

1. Value Based Purchasing

Lisa Q. Corbett, APRN, CWOCN

Hartford Hospital

2. Checking the Pulse of New Nurse Hires: "The 60 Day Hire"

Heather Machado, RN, MS

Hartford Hospital

Program Schedule *(continued)*

12:15-12:30 PM

Poster Awards

12:30 PM

Luncheon (Heublein Hall)

1:15 PM

Plenary Address:

Accelerating Adoption of Best Evidence into Nursing Practice: Guiding Principles

Janet Parkosewich, RN, DNSc, FAHA

Contact Hours

Contact Hours will be awarded to participants who attend the Keynote and Plenary presentations. Certificates of attendance will be provided for individuals attending the entire conference.

Hartford Hospital is an approved provider of continuing education by the Connecticut Nurses' Association, an accredited approver by the American Nurses' Credentialing Center's Commission on Accreditation.

Contact hour approval does not imply ANCC Commission on Accreditation/CNA or Hartford Hospital endorsement of any commercial products displayed in conjunction with this conference.

Registration

The registration is limited to the first 220 registrants.

Registration Deadline: September 26, 2013

You may register online at www.harthosp.org/event/495 or by calling 860.545.1888

Fee includes morning refreshments, luncheon and on-site parking (for registered participants).

\$25.00 students (full and part time)

\$50.00 Hartford Healthcare Employees* and Employees of CT Nursing Research Alliance Organizations

\$70.00 Non-HHC and Non-Alliance

**HHC Employees: Backus Hospital, Hartford healthcare Rehabilitation Network, Hartford Hospital, Hartford Medical Group, The Hospital of Central Connecticut, The Institute of Living, Jefferson House, Midstate Medical Center, Natchaug Hospital, Rushford, VNA Healthcare, Windham Hospital*

Speakers and Oral Presenters pay no cost. Posters: **only one individual per poster is admitted at no cost.

Additional copies of the brochure may be downloaded at www.ctnursingresearchalliance.org

Parking & Travel Directions

The conference will be held at Hartford Hospital's Education and Resource (ERC), 560 Hudson Street, Hartford, CT

Free, secure parking at Hartford Hospital's Hudson Street garage for pre-registered participants. You will need to push the button at the garage entrance. Tell them you are there for the Research Conference and give them your name.

If you are not pre-registered you will need to park in public parking and assume the cost.

CT Nursing Research Alliance Board Representatives

Hartford Hospital

Dawn Beland, RN, MSN; Cynthia Belonick, APRN, BC; Lisa Carter, MSLIS; Cathy Chance, RN; Ginger Goddu, RN, MSN; Eileen Hermann, PhD, RN, MHS; Gail Nelson, MS, RN, CNA, BC

Central Connecticut State University

Shelley Bochain, Associate Professor

Connecticut Children's Medical Center

Erin Knoche, RN; Jacqueline McGrath PhD; Joanne Meucci, MSN

Greenwich Hospital

Anne Swallow, DNP, RN

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Dee Anderson, Ed.D, RN-BC

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Barbara Aronson, RN, PhD, CNE

University of Connecticut

Denise Bourassa, MSN, RN, CNL and Ruth Lucas, PhD, RN

University of Connecticut Health Center

Jessie Reimer, RN, MSN, AOCNS, CNS

William W. Backus Hospital

Lisa Gilmore, MSN, MBA, RN

Yale New Haven Hospital

Dawn Cooper, RN; Anne Moore (Hospital of Saint Raphael) and Janet Parkosewich, DNSc, RN, FAHA

Poster Presentations

Sensitivity and Specificity of the Triage Nurses' Prediction of Patient Admission

Danette Alexander, DNP, RN, NEA-BC

Hartford Hospital

Let's Get Personal: Sustaining Pressure Ulcer Prevention Improvement

Barbara Falkowski, RN, BSN, CWCN; Thomas Banever, MD, FACS; Lisa Q. Corbett, APRN, CWOCN; Rebecca Morton, RN, BSN, CWCN; Nancy Ough, LPN & Beverly Styles, RN, MSN, CWOCN

Hartford Hospital

Social Isolation and its Effects on Self-Care in Older Adults with Type-2 Diabetes

Danielle Giglione, Nursing Student

Nicholas Nickerson Jr, PhD, MPH, RN, PHCNS-BC

Quinnipiac University

Real Time Feedback to Increase Staff Nurses' Ability to Detect Delirium

Christine Waszynski, RN, MSN, GNP-BC; Sarah Levick RN, BSN; Jennifer Andrews, RN, BSN; Michael Stowe, RN & Melissa Reagan, RN

Hartford Hospital

Dress Rehearsal for the Opening Act: Restructuring Simulation Training to Sustain Competence

Karen Freed, MSN, APRN; Cherie Case, BSN, RN; Laura Johnston, BSN, RN; Cheryl Simons, BSN, RN; JoAnn Thompson, RN & Alicia Whiting, BSN, RN

Hartford Hospital

An Analysis of 30-Day Readmissions Following Bariatric Surgery Supports Quality Improvement Initiatives

*Sally Strange, PhD, RN, CBN; Darren Tishler, MD; Pavlos Papasavas, MD; Janet Ng, PhD & Cheryl Grieco, RN
Hartford Hospital*

Simulation Training to Prepare Parents for Management of Airway Obstruction in Children Going Home with a Tracheostomy

*April Buck, BSN, RN; Heather Parrott, BSN, RN-BC, Danielle Morton, MSN, RN-BC; & Cheryl Mayeran, MPH, EMT
Yale New Haven Hospital*

Targeting Zero: Nosocomial Wounds

*Dottie B. Leighton, MSN, APRN-BC, WCC & Vicky Golab, RN, MSN, CCRN, CPHQ
Hospital for Special Care*

Standardizing post-operative medications: Impact of an analgesia-based sedative regime on extubation times in the Cardiothoracic-ICU

*Michelle Kolios, RN, BSN, MS; Elizabeth Udeh, PharmD, BCPS & Kevin Keating MD
Hartford Hospital*

ILEOSTOMY PATHWAY

*Sharon Davies, RN, CWON; Bettina Magliato, RN, CWON; Dr Bartus, Gillian Wanik, RD; Jennifer Fredo, RD; Katie Banas, RN & Francine Knight, RN, CWON
The Hospital of Central Connecticut*

Using Clinical Simulation to Prepare Senior Nursing Students to Manage Workplace Safety and Emotionally Difficult Patient Situations

*Margaret Gray, DNP, MSN, RN & Mary Ann Cordeau, PhD, RN
Quinnipiac University*

MRI Findings of Bone Marrow Edema in a Division I NCAA Women's Soccer Team During a Nine Week Competitive Season

Karen M. Myrick, DNP, APRN, FNP-BC, ANP-BC; Thomas Martin, PhD; David Wallace, PT, PhD; Richard Feinn, PhD; Joseph Gagliardi, MD & Juan Garbalosa, PT, PhD
Connecticut Children's Medical Center

Use of Interpretative Services in Connecticut Hospitals: Are National Standards Being Met?

Halina Gorecki, RN, BSN

Action Nurses

Caring for the Alcohol Withdrawal patient

Deirdre Doyle, RN, MHA/MSNCNML' Laura McKnight, RN, APRN; Carolyn Haight, RN, APSM; Katherine Deis, LCSW; Kelli Arsenault, LCSW; Sarah Ingraham, LCSW; Will Cushing, PA; Carly Brown, MD & Lynelle Abel, Volunteer Services

Yale New Haven Hospital

Central Line Manual Red Blood Cell Exchange Transfusion Procedure: A Performance Improvement Project

Jessie Riemer, RN, MSN, AOCNS; Stephanie Tapia, RN,AD; Susan Chellis, RN, BS, MBA; Siobhan Cavagnaro, RN, BSN, CPON, OCN; Biree Andemariam, MD; Genice Nelson, APRN & Nayre Greene, RN, BSN

University of CT Health Center

The Connection Study: Comparison of Pain, Anxiety and Patient Experience after Caring Touch in Orthopedic Nursing

Lisa Gilmore, RN, MSN; J. Miller, RN; N. Dunn, RN; C. Fitzmaurice, RN; M. Gamboa, RN; S. Myers; J. Poole; K. Rice, RN; R. Sandberg, RN & D. Taylor

William W. Backus Hospital

Automatic versus Manual Blood Pressure Measurement: Can We Trust the Monitor?

Katie Sojkowski, RN

Connecticut Children's Medical Center

Implementing Skin-to-Skin in the Operating Room...Overcoming Staff Resistance and Shifting the Focus to Family Centered Care"

Sara Garcia, RNC-OB, C-EFM, BSN

Hartford Hospital

Competencies within a Professional Clinical Ladder: Difference in Understanding between Nurse Managers and Staff Nurses

*Joanne H. Meucci, MSN, RN & Erin L. Knoche, MSN, RN
Connecticut Children's Medical Center*

Evaluation of a Safety Risk Assessment Pathway for the Hospitalized Pediatric patient
*Mary Shafer, RN, BSN, CPN; Luanne Gherardi, RN, BSN & Karen Velez, RN, BSN
Connecticut Children's Medical Center*

Evaluation of Best Practice for Thermometry Measurement in the Hospitalized Pediatric patient
*Mary Shaffer, RN, BSN, CPN & Samantha Willis, RN, BSN
Connecticut Children's Medical Center*

Patient Service Managers' Perceived Knowledge of Relationship Management
*Lisa Silk, MA, RN-BC, RN-NE; Janet Parkosewich, RN, DNSC, FAHAc; Linda Strong, EdD & Linda Morrow, RN, DNP
Greenwich Hospital/Yale New Haven Hospital System*

The Impact of Quality Improvement Strategies on the National Quality Forum (NQF) Venous Thromboembolism (VTE), Set Measures One and Two (VTE-1, VTE-2), in the Department of Medicine at Hartford Hospital
*Debra Hernandez, MSN, APRN-BC; Mitchell McClure, MD; Laura Hobbs, PharmD; Laura McKiernan, RN; Alison Heney, PA-C & Margie Helme-Brother
Hartford Hospital*

Looking at expectations through rose-colored glasses and again in the fluorescent light of reality: How does the first nursing job compare to personal and school acquired expectations?
*Francine Leach, MSN, RN, CCM & Jennifer Mallia, MSN, RN, CEN
Bristol Hospital*

Face to Face Peer Feedback in Ambulatory Nursing
*Robin Bradshaw, BSN, RN, ONC; Cindy Colston, BSN, RN, CPN; Monique France, RN; Marjorie Khan, BSN, RN, CPN, ONC; Joanne Meucci, MSN, RN; Barbara Mulholland, BSN, RN, CPN & Jennifer Ryiz-Semmel, BSN, RN
Connecticut Children's Medical Center*

Breast Patient Cancer patient Adherence to A1/SERM Hormonal Therapy in One Community Private Practice

*Camille Servodidio, RN, MPH, OCN, CCRP; Deborah Pantalena, RN, BS, OCN; Susanna Hong, MD; Andrea Malon, MD & Kathleen Gould-Mitchell, RHIA, CTR
Middlesex Hospital*

STEP UP: Study of Effectiveness of Pragmatic Ambulation Protocol

*Laurie Matney, MSNRN-BC; Catherine Teodoro, BSN, RN; Kathleen Breault, RN; Carolee Garvey, PCT; Cheryl Klick, PCT; Jennifer O'Brien, RN, BSN; Tracy Purdue, RN; Anthony Stolaronek, PCT & Heather Wilbur, BSN, RN
William W. Backus Hospital*

Diabetes Education for the Spanish Speaking Population

*Karen Barone, RN, MSN, CDE
Windham Hospital*

In the critically ill patient, what is the effect of air-fluidized therapy in comparison to the standard of care on preventing the deterioration of deep tissue injuries?

*Bettina Magliato, MS, RN & Sharon Davis, BSN, RN
The Hospital of Central Connecticut*

Are IN-Bed Electronic Weights Recorded in the Medical Record Accurate?

*Lori Godaire, MSN, CCRN, CLN; Heather Gerl, BSN, RN; Alexandra Miko, BSN, RN & Mandy Nelson, BSN, RN
William W. Backus Hospital*

Early Extubation: A Nurse's Challenge

*Barbara Nowak, RN
Hartford Hospital*

Nurses bring shift report to the bedside to improve patient outcome and satisfaction

*Madgalena Wroblewska, RN, MSN, CNL
The Hospital of Central Connecticut*

Standardization of Patient Bathing Practices in the Acute Care Setting

Andrea Hammett, MSN, RN; Andrea Griffin, BSN, RN; Natalie Mica, BSN, RN; Melissa Violette, BSN, RN & Megan Mooney, MSN, RN

Middlesex Hospital

Improving Our Team Response to Shoulder Dystocia

Jennifer Moller, MSN, RNC-OB

Hartford Hospital

Healthcare Providers Behavioral Response to Aggressive/Violent Patients in a Simulated Environment: An Observational Study

Mary Allegra, MSN, RN-BC; Betty Molle, MS, RN-BC & Andrea Hammett, MSN, RN

Middlesex Hospital

Promoting Early Palliative Care Referral

Lauren Boule, MSN, RN-BC; Danielle Czesak, BSN, RN; Meghan Killilea, BSN, RN & Rose Anna Petonito, BSN, RN

Middlesex Hospital

Self-Efficacy Preceptor Instrument (SEPI) Development and Content Validity Testing

Betty Molle, MS, RN-BC; Lauren Boule, MSN, RN-BC & Andrea Hammett, MSN, RN

Middlesex Hospital

A System Wide Nursing Initiative to Improve Early Recognition and Implementation of Evidence Based Treatment of Sepsis in Cancer patients

Mary Kate Eanniello, RN, MSN, OCN, CHPN; Marcia Caruso-Bergman, APRN, CNS; Liza Nowicki, RN, MSN; Holly DeFeo, MSN, RN-BC; Melissa Dibble, RN, MSN, CAPA; Renee Ambos, RN, MSN, CRNI; Kathy Barta, RN-BC, MS, MSN, PCCN-CMC, CCRN; Pat Zikorus, RN, MSN; Melanie Long, BS, RN, ONC & Thomas Nowicki, MD

Hartford Hospital

Action Research: Testing Interventions to Prevent Violence in Inpatient Psychiatric Settings

Ellen Blair, MSN, APRN, NEA-BC; Stephen B. Woolley, DSc, MPH; Bonnie L. Szarek, RN; Theodore F. Mucha, MD; Olga Dutka, MSN, MBA; Harold I. Schwartz, MD; John W. Goethe, MD & Jeff Wisniowski, MPH

Institute of Living @ Hartford Hospital

Evidence of the Success of Interventions to Prevent Violence and Reduce Use of Seclusion and Restraint in an Inpatient Psychiatric Setting

Ellen Blair, MSN, APRN, NEA-BC; Stephen B. Woolley, DSc, MPH; Bonnie L. Szarek, RN; Theodore F. Mucha, MD; Olga Dutka, MSN, MBA; Harold I. Schwartz, MD; John W. Goethe, MD & Jeff Wisniowski, MPH

Institute of Living @ Hartford Hospital

Evidence-based Practice Project: Distress Thermometer

Ellen Shaw, RN, OCN, MBA

The Hospital of Central Connecticut

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