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## Registration

**The conference is limited to 220 registrants.  
Registration Deadline: October 6, 2017**

Please register online at  
[www.ctnursingresearchalliance.org](http://www.ctnursingresearchalliance.org)  
or by calling 1.855.HHC.HERE

Registration fee includes morning refreshments,  
luncheon and on-site parking for registered  
participants.

**\$80** Nurses and all other professionals  
**\$35** Students (full and part-time)

### Parking

Parking will be available at no cost to pre-registered  
guests in the Hudson Street Garage at 500 Hudson  
Street. You will need to push the button at the garage  
entrance to let security know that you are there for  
the conference. Please take the elevator to the 3rd  
floor sky bridge and follow signs for the ERC.

Hartford Hospital employees are asked to park in  
their assigned garage.

Hartford Hospital is approved as a provider of continuing  
nursing education by the Connecticut Nurse's Association,  
an accredited approver by the American Nurses Credentialing  
Center's Commission on Accreditation.

Approved for up to 4.5 contact hours of continuing  
nursing education.

Visit us at [www.ctnursingresearchalliance.org](http://www.ctnursingresearchalliance.org)

21st Annual Nursing Research &  
Evidence-Based Practice Conference

  
**Hartford  
Hospital**  
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Nursing Education & Research  
80 Seymour Street  
Hartford, CT 06102-5037

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Save-the-Date

# 21<sup>st</sup> Annual Nursing Research and Evidence-Based Practice Conference

Friday, October 13, 2017  
8 am to 3:30 pm

## Evidence-Based Practice: The Nursing Role in Promoting a Culture of Health

Sponsored by The Connecticut Nursing  
Research Alliance:

Backus Hospital  
Central Connecticut State University  
Connecticut Children's Medical Center  
Egan School of Nursing Fairfield University  
Greenwich Hospital  
Hartford Hospital  
Hospital for Special Care  
Middlesex Hospital  
MidState Medical Center  
Northwestern Connecticut Community College  
Quinnipiac University  
Southern Connecticut State University  
Stamford Health  
The Hospital of Central Connecticut  
University of Connecticut School of Nursing  
University of Connecticut Health Center  
Yale-New Haven Hospital

Conference Location

**Hartford Hospital**  
Education & Resource Center (ERC)  
Heublein Hall, 560 Hudson Street  
Hartford, CT 06106

# The Nursing Role in Promoting a Culture of Health

7:00 am - 8:00 am

**Registration/Breakfast/Poster Viewing**

8:00 am - 8:15 am

**Opening Remarks**

Cheryl Ficara, RN, MS, NEA-BC, Vice President for Patient Care Services, Hartford Hospital

8:15 am - 9:30 am

**Keynote Address**

**Building Healthier Communities in Connecticut (1.25 Contact Hours)**

Lisa J. Sundean, PhD, RN, MSN, MHA, Statewide Director, CT Nursing Collaborative-Action Coalition

9:30 am - 10:00 am

**Poster Viewing**

10:00 am - 11:00 am

**Concurrent Break-Out Sessions: Choose One**

**Electronic Literature Search Skills** Lisa Carter, MSLIS, Hartford Hospital (1 Contact Hour)

**Oral Abstracts Session A\*:** (Two 25-minute Presentations – 1 Contact Hour)

1. **Localizing Extended Stay Patients to Enhance Cost and Value in Hospitals** Kathryn Laird, MSN, MBA-HCM, Yale-New Haven Hospital
2. **Key Strategies Converge to Create an Innovative Nursing Resource Operations Center** Sheila Coonan, MN, RN, CNML, Yale-New Haven Hospital

**Oral Abstracts Session B:** (Two 25-minute Presentations – 1 Contact Hour)

1. **A Multidisciplinary Approach to the Reduction of Hospital Acquired Pressure Injuries** Kathleen Ruotolo, BSN, RN, Yale-New Haven Hospital
2. **Reducing CLABSI: An Interdisciplinary Approach** Michelle Willard, MSN, RN, CMSRN, Yale-New Haven Hospital

**Oral Abstracts Session C:** (Two 25-minute Presentations – 1 Contact Hour)

1. **Improving Stroke Outcomes Through Simulation** Carol M. DeGennaro, DNP, RN-BC, CEN, Midstate Medical Center
2. **Taking Pause: Implementation of Mindfulness Intervention to Combat Compassion Fatigue** Helen Perez, RN, BSN, CCRN, Hartford Hospital

**Oral Abstracts Session D:** (Two 25-minute Presentations – 1 Contact Hour)

1. **Self-Care Behaviors of Women Living with Heart Failure: A Mixed Methods Study** Susan Bartos, PhD, RN, CCRN, Fairfield University
2. **"I See You" Reducing Restraints in the ICU** Wioletta Chrostowski, RN, BSN, Hartford Hospital

11:00 am - 11:15 am

**Break/Rotation of Break-out Sessions**

11:15 am - 12:15 pm

**Concurrent Break-Out Sessions: Choose One**

**Building Capacity for Nursing Research: One Step At a Time** Janet Parkosewich, DNSc, RN, FAHA, Yale-New Haven Hospital (1 Contact Hour)

**Electronic Literature Search Skills** Lisa Carter, MSLIS, Hartford Hospital (1 Contact Hour)

**Oral Abstracts Session A:** (Two 25-minute Presentations – 1 Contact Hour)

1. **Factors Associated with Critical Care Preceptor's Self Efficacy** Bertie Chuong DNP RN CCRN, Yale-New Haven Hospital
2. **Does Nursing Competency and Care for the Emergency Critical Care Patient Improve Following an Interdisciplinary Critical Care Nursing Lecture Series?** Danette Alexander, DNP, RN, NEA-BC, Hartford Hospital

**Oral Abstracts Session B:** (Two 25-minute Presentations – 1 Contact Hour)

1. **Perceptions and Practice of Health Care Team Members Surrounding Deactivation of Internal Pacemakers at End of Life** Tami Harvey RN BSN CCRN EMT-P, Hartford Hospital
2. **Early Initiation of Oral Intake in Adult Patients after Cardiothoracic Surgery is Safe & Reduces Thirst: RCT** Catharine Ford MSN RN, Yale-New Haven Hospital

**Oral Abstracts Session C:** (Two 25-minute Presentations – 1 Contact Hour)

1. **Reduction in Readmissions to Medical Intensive Care Units at YNH** Jennifer Johnson APRN, Yale-New Haven Hospital
2. **Non-Psychiatric Nurses' Perceived Self-efficacy After an Educational Intervention on Suicide Prevention and Care** Ellen W. Blair, DNP, MSN, RN, APRN, PMHCNS, NEA-BC, Institute of Living at Hartford Hospital

12:15 pm - 1:10 pm

**Lunch/Poster Viewing**

1:15 pm - 2:30 pm

**Exemplars of Nursing-led Programs (1.25 Contact Hours)**

**Evidence-Based Interdisciplinary Home Visiting Program: Minding the Baby®** Denise Webb, RN, MSN, APRN, IMH-E(R) IV, Yale University Child Study Center

**Bridging the Gap: Transitional Care Nurse Program** Wendy Martinson, MSN, RN, Hartford HealthCare Center for Healthy Aging

**Geriatric Outreach & Training with Care (GOT CARE!)** Millicent M. Malcolm, DNP, GNP-BC, AGPCNP-BC, APRN, FAANP, UCONN School of Nursing

2:30 pm - 3:00 pm

**Awards/Closing Remarks**

\*Oral Abstract Primary Presenter