

the **23rd**
**Annual Evidence-Based
Practice Conference**

What Does it Mean to be a Nurse: Finding Joy in Work



Friday, October 18, 2019
7AM – 3PM

Presented by
The Connecticut Nursing
Research Alliance

Hartford
Hospital



Thank you to our sponsors

Connecticut Children's Medical Center
Fairfield University, Egan School of Nursing
Greenwich Hospital
Hartford Hospital
Quinnipiac University
Stamford Hospital
University of Connecticut, School of Nursing
Yale-New Haven Hospital

The 23rd Annual Evidence-Based Practice Conference:

What Does it Mean to be a Nurse: Finding Joy in Work



Keynote Speaker

E. CAROL POLIFRONI, RN, EDD, CNE, NEA-BC, ANEF

Carol Polifroni is an educator, researcher and consultant. She is Professor in the School of Nursing at the University of Connecticut. Carol's scholarship is in health policy with a focus on engagement and workplace environment issues. She has received greater than \$5 million in externally funded grants to support her work. Currently she is working on adolescent health services through School Based Health Centers with a colleague and her most recent collaborative study, presented at IHI and SIGMA as well as at several research conferences, is published in *Nursing Administration Quarterly*, and addresses IHI's fourth aim; joy and meaning.

Her commitment to diversity in the health care workforce is illustrated in RUN with LC, (Recruiting Underrepresented Individuals to Nursing through Learning Communities), a HRSA funded project, designed to enhance the diversity of the nursing and health care workforce through direct work with students in inner city schools and those in college by addressing career choices, academic preparation, resiliency and a commitment to excellence.

Carol currently serves on the North Hartford Triple Aim Collaborative, serves as a steering committee member of In CHIP's community engaged research core, co-directs UConn's Collaboratory on School & Child Health, is immediate Past President of SIGMA Mu Chapter, and serves on boards of healthcare organizations.

She is the co-editor of the only anthology of Philosophy of Science in Nursing, used throughout the international world of higher education. Carol earned her BSN from Saint Anselm College, an MA in Nursing from New York University and an Edd in Curriculum Theory and Development from Rutgers University.



Morning Program Schedule

7:00 – 8:00 AM	Registration Continental Breakfast (Heublein Hall, ERC Lobby)
7:00 – 8:00 AM	Poster Exhibit Viewing (Formal Lounge, ERC Lobby)
8:00 AM	Welcome (Heublein Hall) Lisa Q. Corbett, DNP, APRN, CWOCN, Co-chair, CT Nursing Research Alliance Denise Bourassa, DNP, MSN, RNC, CNL, CNE Co-chair, CT Nursing Research Alliance
8:15 – 9:30 AM	Keynote Address (Heublein Hall) Meaning and Joy in the Workplace: The Nurses' Voice (1.25 Contact Hours) E. Carol Polifroni, RN, EdD, CNE, NEA-BC, ANEF; Professor, University of Connecticut School of Nursing
9:30 – 10:00 AM	Poster Exhibit Viewing (Formal Lounge, ERC Lobby)
10:00-11:00am	Concurrent Breakout Sessions (Choose One – see page 3)
11:00-11:15am	Rotation of Breakout Sessions
11:15am-12:15pm	Concurrent Breakout Sessions (Choose One – see page 4)
12:15 – 1:15 PM	Buffet Luncheon (Heublein Hall) Poster Viewing (Formal lounge and ERC lobby)
1:15 – 2:30 PM	Plenary Address (1.25 Contact Hours) An Onsite Self-Care Break to Decrease Stress and Promote a Culture of Wellness Catherine Alvarez, RN, MA, BS, CNML, HNB-BC, PCCN Yale-New Haven Hospital The Mindful Path for Healthcare Providers: Cultivating Self-Compassion and Resilience Through Mindfulness and Self-Care Manpreet Baweja, MD The Hospital of Central Connecticut
2:30 – 3:00 PM	Conference Wrap Up Awards/ Evaluations/ Closing Remarks



Concurrent Breakout Sessions (choose one)

*1 Contact Hour will be granted for attending two 25-minute sessions.

10:00 – 11:00 am Library Room 1 *Max 16

Electronic Literature Search Skills (1 Contact Hour)

Janene Batten, MLS, Yale School of Nursing, Lisa Carter, MS LIS, Hartford Hospital

10:00 – 10:25 am Heublein Hall

Reducing Opioid Use with an Enhanced Recovery After Cardiac Surgery Process Improvement

Karen Freed, MSN, APRN; Cherie Case, BSN; Julianne Jacela, Joshua Russell, Mallory Norman, Cedric White, Antonia Alquist, Michele Kolios, RN, MS Hartford Hospital

10:30 – 10:55 am Heublein Hall

Opioid Tapering Schedule for Postoperative Pain after an Elective Total Hip Arthroplasty (THA) and Total Knee Arthroplasty (TKA)

Sherry Stohler, MSN, RN; Julie Lecco, BS; Jannat Gill, MPH, BS; Ashly Stovall, BS; Ilene Staff, PhD; Courtland Lewis, MD, Hartford HealthCare Bone & Joint Institute

10:00 – 10:25 am ERC 216

Creation and Testing of a Virtual Crash Cart Program for its Impact on User's Self-efficacy

Christopher Mann, RN, BSN; Jyoti Chhabra, PhD, AWP, RYT, CCWS; Dawn K. Beland, MSN, RN, CCRN-K, ACNS-BC, CNRN, SCRNI; Liza Nowicki, RN, MSN Hartford Hospital

10:30 – 10:55 am ERC 216

Innovative Classroom Upgrade: Simulating an ICU for BSN Students

Cynthia Bautista, PhD, APRN, FNCS; Susan Bartos, PhD, RN, CCRN, Fairfield University Egan School of Nursing

10:00 – 10:25 am ERC 217

Clinical Redesign: Transition of the Intermediate Care Area to the Progressive Care Unit

Jennifer O'Neil, MSN, RN, CCRN, Yale New Haven Health, Bridgeport Hospital

10:30 – 10:55 am ERC 217

Rapid Response Optimization

Jacqueline Laird, BSN, RN, CNML, Yale New Haven Health, Bridgeport Hospital
Anne M. Aquila, MSN, RN, CENP, Yale New Haven Health, Bridgeport

10:00 – 10:25 am CESI Room D

Aggression in Medical Settings and Missed Care: A Descriptive Study

Elizabeth Molle, PhD, RN-BC; Janet Parkosewich, DNSc, RN, FAHA; Joanne DeSanto Iennaco, PhD, PMHNP-BC, APRN; David Depukat, PhD, RN, Middlesex Health, Yale New Haven Health

10:30 – 10:55 am CESI Room D

Characteristics of Patient Aggression in Inpatient Medical Settings

Joanne DeSanto Iennaco, PhD, PMHNP-BC, APRN; Elizabeth Molle, PhD, RN-BC; Janet Parkosewich, DNSc, RN, FAHA; David Depukat, PhD, RN, Middlesex Health, Yale New Haven Health

11:00- 11:15 am Rotate to Next Session

Concurrent Breakout Sessions *(choose one)*

**1 Contact Hour will be granted for attending two 25-minute sessions.*

11:15 am – 12:15 pm *Heublein Hall*

Evidence Based Research Project Skill Building (1 Contact Hour)

Katie Hinderer, PhD, RN, CCRN-k, CNE, Connecticut Children's Medical Center

11:15 am – 11:40 am *ERC 216*

Creating Value with a Vascular Access Team through a Peripheral Intravenous Catheter Best Practice Bundle Study

Lee Steere, RN, CRNI, VA-BC, Hartford Hospital

11:45 am – 12:10 pm *ERC 216*

Beliefs and Utilization of Intrauterine Devices (IUDs) among Women's Healthcare Providers

Christa Palancia Esposito, DNP, MSN, CNM; Jenna A. LoGiudice, PhD, CNM, RN, Fairfield University Egan School of Nursing

11:15 – 11:40 am *ERC 217*

ALL for ONE: An Interdisciplinary Approach to Improve Discharge Timeliness in the Heart and Vascular Center at Yale New Haven Hospital

Ruth Merenguelli, BSN, RN, CMSRN, RN-BC; Maura Shea, MSN, RN; John Sward, MSN, RN, Yale-New Haven Hospital

11:45 am – 12:10 pm *ERC 217*

Improving COPD Care, the Hartford HealthCare Way

Jay A. Encarnacion, BSN, RN, Hartford HealthCare

11:15 am – 11:40 pm *CESI Room D*

Inpatient Glycemic Care Variation – We have opportunities to improve in Connecticut

Sally O. Gerard, DNP, RN, CNL, CDE; Josephine Richie, DNP, RN, CNL, Fairfield University

11:45 am – 12:10 pm *CESI Room D*

Finding the Balance: Managing Diabetes in the Hospital with an Insulin Pump: Patient and Nurse Perspectives

Karen McAvoy, MSN, RN, CDE; Ann Kaisen, MSN, MPA, ANP-BC, APRN, CDE; Leigh Bak MSN, APRN, ACNS-BC, CDE, Yale-New Haven Hospital

Contact Hours

Contact Hours will be awarded to participants who attend Keynote session, Breakout sessions and Plenary presentation. Hartford Hospital is an approved provider of continuing nursing education by the Connecticut Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Contact Hour approval does not imply ANCC Commission on Accreditation or Hartford Hospital endorsement of any commercial products displayed in conjunction with this conference.



CT Nursing Research Alliance Members

Hartford HealthCare System:

Hartford HealthCare at Home, Hartford Hospital,
MidState Medical Center, Hospital of Central Connecticut,
William W. Backus Hospital, Windham Hospital, Char-
lotte Hungerford Hospital, The Institute of Living

Bridgeport Hospital

Central Connecticut State University

Connecticut Children's Medical Center

Fairfield University, Egan School of Nursing

Greenwich Hospital

Hospital for Special Care

Middlesex Health

Northwestern Connecticut Community College

Quinnipiac University

St. Francis Hospital & Medical Center

Southern Connecticut State University

Stamford Health

University of Connecticut School of Nursing

University of Connecticut Health Center

University of Hartford

Yale New Haven Hospital

Yale University School of Nursing

Hartford
Hospital



Poster Presentations

- 1) **Can an Inter-professional Prospective Patient Review Process (PPRP) Reduce Length of Stay and Post-operative Complications Following a Total Joint Arthroplasty (TJA)? A Retrospective Review.**
Karen Livingston, APRN, ONC; Sherry Stohler, MSN, RN; Amber Monson, MSN, RN;
Donna Jones, MSN, RN
Hartford HealthCare Bone & Joint Institute
- 2) **Finding Improvement Opportunities in Transition Teaching for Total Hip and Knee Arthroplasty Patients: The Role of the Transition RN Navigator**
Charles Johnson, BSN, RN; Lorraine Achilles, BSN, RN; Carol Ghergurovich, MSN, RN;
Victoria Freed, BSN, RN; Sherry Stohler MSN, RN
Hartford HealthCare Bone & Joint Institute
- 3) **A Comparative Analysis of Two Different Newborn Hypoglycemia Protocols**
Sarah Purcell, BSN, RN; Katie Dalton, BSN, RN; Abby Thaqi, BSN, RN; Anna Wei, BSN, RN, MS;
Amy Luviano, BSN, RN; Gisel Quintana, BSN, RN; Nichole Riehm, BSN, RN; Tina Wickstrom, RN;
Dr. Alison Kris, PhD, RN; Barbara Flanagan, MSN, RN-BC, CNL
Greenwich Hospital, Fairfield University
- 4) **New Graduate RNs in Homecare, can it work? Immersion program to decrease turnover in Homecare Nursing**
Leanne LaRose MSN, RN; Teresa Soule BSN, RN; Dr. Stacey Benham OTD, OTR/L
Hartford HealthCare at Home
- 5) **Application of a Pediatric Individualized Seizure Action Plan (ISAP) at the Bedside: A Nurse Residency Project**
Alexa Pallotti BSN, RN; Mikayla Rein-Walsh BSN, RN; Megan Starkowski BSN, RN
Connecticut Children's Medical Center
- 6) **Minimizing Radial Arterial Bleeding Risk with a Revised Radial Arteriotomy Compression Device Removal Protocol in the Heart & Vascular Center at Yale New Haven Hospital**
Alison Brennan MSN, RN, CCRN, CNL; Elizabeth Fletcher MSN RN CNML; Carlos Mena, MD, Sam Hahn, MD, HVC Interdisciplinary TR Band Task Force, HVC Nursing Professional Governance
Yale-New Haven Hospital
- 7) **"What About Me?": Sibling Support in the NICU**
Kristen Ehrhardt, BSN, RN; Elizabeth Harwood, BSN, RN; Courtney Lopiano, BSN, RN;
Cassidy Norton, BSN, RN
Connecticut Children's Medical Center
- 8) **Using Humor to Enhance the Nurse-Patient Relationship**
Donna-Ree Beckford, BSN, RN; Anifatu Kasanga BSN, RN; Matthew Padykula, BSN, RN;
Chrissy Pikos, BSN, RN
Hartford Hospital
- 9) **Gestational Carrier Pregnancy: Beginning of a New Life and New Family**
Deborah A Gingras, MS, RN, CNS
Hartford Hospital
- 10) **The New Age of Quality Improvement and Patient Safety with Clinical Nurse Leaders: a Reduction in Reportable Pressure Injuries**
Vallerie Push MSN, RN, CCRN, CNL
Yale-New Haven Health System, Bridgeport Hospital

- 
- 11) **Improving Nursing Student Engagement in Empathic Behaviors**
Joan Kuhnly DNP, NNP-BC, APRN, IBCLC, CNE; Jessica Holden DNP, RN-BC
Westfield State University, Hartford Hospital
 - 12) **The Hidden Joys of Hair Care**
Olivia Warner, BSN; Nicole Kranz BSN; Dijon Wiggins BSN; Emily Nguyen, MSN; Shilpa Mistry PA
Yale-New Haven Hospital
 - 13) **Clinical Outcomes of the Furlow Z-Plasty Following Primary Cleft Palate Repair from 2007-2017**
Erin Bibber, B.S., Charles Castiglione, MD, FACS, Kelly Mabry, PhD, Monique France, BSN, RN, CPN, Deborah Redford-Badwal, DDS, PhD
Connecticut Children's Medical Center
 - 14) **Implementing a Multidisciplinary Shared Governance Model to Improve Early Ambulation in Fragility Hip Fracture Patients**
E. Braudrick, BSN, RN, ONC; M. Anderson, DPT; Victoria Freed BSN, RN; C. Ghergurovich MSN, RN; Kim Hayes RN, MS; S. Stohler, MSN, RN
Hartford HealthCare Bone & Joint Institute
 - 15) **Outcomes Demonstrated by the Clinical Documentation Specialist Nurse: Ensuring Integrity of the Medical Record**
Chi D. Nguyen RN, MSN, CCDS
Hartford Hospital
 - 16) **Pediatric Healthcare Providers' Knowledge, Attitudes, and Current Practice of Trauma-Informed Care**
Elissa Center-Gray, BSN, RN; Kathy Visinski, RN, MSN, WCC, CPN; Catherine Novak, BSN, RN; Katie Hinderer, PhD, RN, CCRN-K, CNE; Beth A. Wentland, MBA, BSN, RN, CCRN
Connecticut Children's Medical Center
 - 17) **"Wellness Champions": A Quality Improvement Project to Address Compassion Fatigue among Oncology Nurses at Hartford Hospital**
Ashley Shelden, RN, MSN, OCN, Anna-Rae Montano, RN-BC, BSN, MS, Maura Kenny, BSN, RN and Mary Kate Eanniello, DNP, RN, OCN
Hartford Hospital
 - 18) **Healthy Possibilities: A Prospective Study of Health Promotion in Stamford Hospital Nurses**
Christin Lucia; Eva Bourke
Stamford Hospital
 - 19) **Transforming an Orthopedic Service Line from Volume to Value**
Dianne Vye, MSN, RN, ONC and Donna Sassi, MSN, RN, NEA-BC
Hartford HealthCare
 - 20) **Standardizing Pediatric Behavioral Health Initiatives Across the Continuum of Care**
Emily Swindelles, ADN, RN; Risa Squires, BSN, RN; Joanne Meucci, MSN, RN
Connecticut Children's Medical Center
 - 21) **Nursing Satisfaction with Handoff Reporting in the Emergency Department**
Christine Kirk DNP, MSN, RN, CEN
Central Connecticut State University

Poster Presentations (Continued from page 8)

- 22) **Effect of a Standardized Transfer Protocol on Transfer Times in patients with Stroke**
Dawn Beland, MSN, RN, CCRN-K, ACNS-BC, CNRN, SCRN
Hartford Hospital
Karin Nystrom, APRN, FAHA
Yale New Haven Health
- 23) **An Evidence Based Pediatric Palliative Care Continuing Education Program's Impact on Self-Efficacy in Pediatric Nurses**
Taryn J. Hamre DNP, APRN, FNP-BC, CPHON and Beth A. Wentland MBA, BSN, RN, CCRN
Connecticut Children's Medical Center
- 24) **'Mock Code' Class for Undergraduate Nursing Students**
Susan Bartos PhD, RN, CCRN
Fairfield University
- 25) **Is there a need for standardization of Venous Thromboembolism (VTE) prophylaxis in total shoulder arthroplasty (TSA) patients? : A Retrospective Review.**
N. LaVette APRN, S. Stohler RN, MSN, J. Gill BDS, MPH
Hartford HealthCare Bone & Joint Institute
- 26) **Reducing Time to Operating Room (TTOR) for Fragility Hip Fractures: Implementation of an Orthopedic Trauma Nurse Navigator**
E. Braudrick, BSN, RN, ONC; Kim Hayes RN, MS; S. Stohler, MSN, RN
Hartford Hospital
- 27) **Implementing Scripted 48-Hour Post-Discharge Phone Call for Patients with Heart Failure: An Evidence-Based Practice Quality Improvement Project**
Judy C. Ruggiri RN, MSN, DNP(c); Kerry A. Milner, RN, DNSc; Denise Buonocore, ACNPC, MSN
Southern Connecticut State University
- 28) **Leveraging Technology to Enhance the Patient and Family Experience**
T. Wesoloskie, BSN, RN CPN; M. Mazur, BSN, RN, CCRN; D. Hallbach, BSN, RN, CPN; K. Bohannon, BSN, RN, CPN
Connecticut Children's Medical Center
- 29) **Identifying Burn Patient Challenges with Implementation of Follow-up Phone calls**
Melissa Emanuel RN; Jacqueline Laird BSN RN CNML; Alisa Savetamal MD, FACS; B. Bartos, PhD, RN, CC; Anne Aquila RN MSN
Bridgeport Hospital
- 30) **The Evolution of The Role of The Public Health Nurse**
Loan D. Nguyen MSN, RN
Connecticut Department of Public Health
- 31) **Tell me in your own words: The teach back method improves nurse's ability to teach about heart failure**
Cathryn Broadwell MSN, RN; Dr. Cherry Karl PhD, RN, C.N.E.
Hartford Hospital
- 32) **New Nurse Retention: A Collaborative Approach to Improving Medical Surgical Nurses Job Satisfaction in a Pediatric Hospital to Improve First Year Retention Rates**
Kristen Overton, BSN, RN, CPN; Megan Strobel, MSN, RN, WCC; Risa Squires, BSN, RN; Joanne Meucci, MSN, RN
Connecticut Children's Medical Center

-
- 33) Caritas Cart Initiative to Improve Self-Care through Mindfulness Practice**
 Roberta Brown, BSN, RN, LMT, CYT, CHTP/I; Marie Dalton, MA, BSN, RNC
Greenwich Hospital
- 34) Fall Fridays: A Creative Strategy for Patient Safety**
 Nicole DeNapoli BSN RN; Laura Lessard BSN RN
Hartford Hospital
- 35) Surgical Smoke Evacuation**
 Elizabeth Duffy BSN, RN, CNOR; Emily Hixson BSN, RN, PHN, CNOR
Stamford Hospital
- 36) Sustaining Unit-Based Skin Champions to Reduce Pressure Injury: Outcomes From 8 Years of “Champ Camp”**
 Lisa Q. Corbett DNP APRN CWOCN; Kimberlee Cheney BSN RN CWON; Barbara Falkowski BSN RN CWCN; Carol Lightbody BSN RN COCN; Suzanne Miller BSN BA RN CWCN; Nancy Ough LPN; Lisa A. Smith BSN RN CWON
Hartford Hospital
- 37) Quality Improvement Initiative to Support Early Milk Expression in NICU Mothers**
 Wendy Petow, MSN, APRN, CLC; Brittany Rubenstein, BSN, RNC-NIC, IBCLC; Kayla Little, BSN, RNC-NIC, IBCLC; Marisa Merlo, BSN, RN, IBCLC; Marci Ouellette, BSN, RN
University of Connecticut Health Center
- 38) Cultivating Joy in Nursing Work: Evolution of Nursing Grand Rounds**
 Beth Wentland, BSN, RN, MBA, CCRN; Debra Martin, MSN, RN, CNML; Katherine Hinderer, PhD, RN, CCRN-K, CNE
Connecticut Children’s Medical Center
- 39) Is Experience the Best Teacher for Repeat Total Joint Replacement Patients?: A Prospective Cohort Analysis.**
 Lorraine Achiles, BSN, RN; Charles Johnson BSN, RN; Sherry Stohler MSN, RN
Hartford Hospital
- 40) Technology as a Conduit for Creating Joy in Nursing: Initiatives of the Strategic Talent Acquisition and Retention Team**
 J. Meucci, L. Shine, K. Candiloro, A. Canfield, B. Barbeau, A. Brown
Connecticut Children’s Medical Center
- 41) A Team-Based Annual Competency Assessment using Low-Fidelity Simulation to Improve Patient Outcomes and Align with System Balanced Score Card Strategic Goals**
 Holly DeFeo MSN, RN-BC & Joanne Roy PhD, RN-BC, CNL
The Hospital of Central Connecticut
- 42) What is the Effectiveness of a Customized Patient / Family Stroke Education Guide on Patient Satisfaction?**
 Judith Greco-Dugan BSN, RN, CNRN, SCRN
Hartford Hospital
- 43) Insitu Rapid Response Simulation Program Improves Outcomes**
 Laura Conway DNP, APRN
The Hospital of Central Connecticut

The 23rd Annual Nursing Research and Evidence-Based
Practice Conference
What Does it Mean to be a Nurse: Finding Joy in Work



13408 Aug19