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Seymour Street Journal



What's news...

From the Offices of Stuart Markowitz, MD and Stacy Nerenstone, MD

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October 30, 2016

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*"Wherever the art of medicine is loved,
there is also a love of humanity."*

- Hippocrates

1890-The country's first Native American trained nurse, Nancy Cornelius, graduated from the Hartford Hospital Training School for Nurses.

Follow Hartford Hospital on [facebook](#), [youtube](#) and [twitter](#)

Chief's Corner

- [Dr. Jack Greene](#), Hartford HealthCare Regional Vice President of Medical Affairs for the Hartford Region and Hartford Hospital

Just Ask Us!

We have put in place a dedicated email box for the medical staff, called "Ask Jack." The emails will be picked up each day, and I will be responsible for making sure that you receive feedback. Send your concerns to askjack@hhchealth.org.

In addition, there is a dedicated email box to ask questions of [Dr. Stu Markowitz](#). Send your questions or comments to StuandYou@hhchealth.org, and you'll get a response from Stu within 10 days.

Epic Training

There have been inquiries about what is currently available for Epic training. You can go directly to www.classman.net/provider/training to sign up for any class.

- 1) You can retake any class. This may be especially helpful for those who rotate into the hospital infrequently.
- 2) Dragon classes are available for those who did not attend a class prior to go-live or want to fine tune their voice recognition skills.
- 3) There are additional personalization classes for those who are interested. Evening personalization classes could also be set up if there is interest.

[Please see the attached Epic Tip sheet for additional information.](#)

For any questions please contact: Dr. Marc Palter, 860 972-3196 or cell 860 970-7205, or email marc.palter@hhchealth.org.

From the President of the Medical Staff

- [Dr. Stacy Nerenstone](#), President of the Hartford Hospital Medical Staff

Universal Flu Prevention: Deadline is Tuesday

Every individual who works, learns and volunteers at HHC is required to receive a flu shot or an approved medical or religious exemption by Nov. 1.

The use of FluMist nasal spray vaccine no longer satisfies the HHC influenza vaccine requirement because it has been shown to be ineffective.

For information on flu go to <https://intranet.hartfordhealthcare.org/inside-hhc/hhc-initiatives/flu-prevention-program>

If you have been vaccinated elsewhere, you may send a copy or drop off a copy of your vaccination documentation to the Medical Staff Office by November 1. Documentation should include your name, HHC employee ID (if applicable), date of birth and practice name. Please be sure all information is legible. The Medical Staff Office will process your documentation and a badge will be available for pick-up.

Medical Staff Elections November 14 - Three At-large Positions Open

Dear Medical Staff Members,

Ballots will be sent out on November 14. Please vote when you get your ballot and return by November 28.

Attached is a list of current nominees and candidate statements for the upcoming Medical Executive Committee election.

We are voting for three at-large active staff members for two-year terms. There are five nominees:

1. **Dr. Heather Einstein**, Obstetrics & Gynecology, Hartford Hospital, appointed 2011
2. **Dr. Michael Golioto***, Medicine/Gastroenterology, Connecticut GI, PC, appointed 2002
3. **Dr. Michael O'Loughlin***, Radiology, Jefferson Radiology, appointed 2001
4. **Dr. Cynthia Price**, Emergency Medicine, Hartford Hospital, appointed 2001
5. **Dr. Peruvamba Venkatesh***, Medicine, Hartford Hospital, appointed 1996

**Incumbent*

Ballots will be sent out on November 14 and will be due back via email, fax or hand delivered to the Medical Staff Office by November 28. Only practitioners (physicians, dentists, oral surgeons, podiatrists, PsyDs or PhDs) who are on the active staff at Hartford Hospital will be eligible to vote.

Candidate Statements

1. Dr. M. Heather Einstein, Department of Obstetrics & Gynecology, Division of Gynecology

My name is Heather Einstein, I have been a Gynecologic Oncologist at HH for 5 years, and I would like to represent you as an at-large member on the MEC.

I am proud to work at Hartford Hospital, primarily because I have such respect for my colleagues: we have excellent physicians here who are focused on giving patients optimal care. We all know there are a lot of changes happening in medicine, at a seemingly break-neck pace. As physicians we can't sit back and let change just happen to us; we need to be drivers of change, helping to guide the hospital so those changes positively benefit our patients and our community.

As a female surgeon and mother of 3, I will represent the changing face of the medical staff, and bring

a slightly different perspective to the MEC. I am committed to the medical staff, serving on the Physician Engagement Committee, the Obstetrics/Gynecology Clinical Competency Committee and as director of the Gynecologic Oncology Resident Rotation at Hartford Hospital. Those that know me well know I am not shy about standing up for what is right. If you elect me to the MEC, I would give a voice to those thoughts you're having that you wish someone would say. It is not enough just to identify problems. I am committed to effecting positive change.

2. Dr. Michael Golioto, Department of Medicine/Gastroenterology (Incumbent)

My name is Michael Golioto and I am running for re-election as a member-at-large seat on the Hartford Hospital medical executive committee. I have been a member of the active medical staff at Hartford Hospital for the last 14 years practicing gastroenterology. Prior to my arrival at Hartford Hospital, I completed my undergraduate degree at Columbia University, medical school at the University of Medicine and Dentistry of NJ- NJ Medical School, and internal medicine residency and gastroenterology fellowship at Duke University Medical Center.

I am a founding member and remain active on the Board of Directors of CTGI for 10 years. In this role, I have been able to advise, lead and shape the vision and strategy of the practice since its inception in 2006. During my time on the board CTGI has expanded dramatically through integration of multiple practices while working in close partnership with Hartford Hospital and HHC on multiple mutual projects and initiatives. I have worked to develop our gastroenterology hospital consultation service by coordinating physicians and mid-level providers in an integrated, team approach. Within my group practice, I have helped to recruit early career physicians and mentor their career development. I have served for 7 years on the Hartford Hospital endoscopy steering committee and worked to standardize the credentialing process for endoscopic procedures for practitioners at HH. In addition, I have an active role in teaching gastroenterology to fellows and residents within HH. I have been in a partnership with the Cancer Institute, providing community outreach with a twice yearly lecture series and performing clinical research in pancreatic cancer with sponsorship and support through outside funding and donations. I am a recent graduate of the HHC Physician Leadership Development Institute through which I formed many meaningful relationships within HHC while also gaining a greater understanding of the landscape of healthcare and the HHC system.

My main focus and passion continues to be patient care. I have been clinically active at Hartford Hospital for over a decade and I maintain a daily presence in the hospital in both outpatient and inpatient areas. I have enjoyed serving on the MEC for the last year, and have been an active participant with a perfect attendance record. I believe that my clinical experience and leadership skills continue to make me a sound candidate for the MEC at Hartford Hospital.

3. Dr. Michael O'Loughlin, Department of Radiology (Incumbent)

I have been at Hartford Hospital since 1996 and a former graduate of the Hartford Hospital Radiology Residency Program in 2000. I then left Connecticut for my Fellowship in Cross Sectional Imaging at the Mayo Clinic in Rochester MN before returning to Hartford in 2001. I am the current MRI section chief for Hartford Hospital and Jefferson Radiology as well as the CT section chief at Jefferson Radiology. Since 2010 I have been the Radiology Residency Program Director at Hartford Hospital. I believe collaboration between disciplines provides the best patient outcomes, and enjoy working alongside my clinical colleagues on multiple DMT's, research projects, and hospital committees. I am the Vice Chair in the Radiology Department at Hartford Hospital and I am a member of the Jefferson Radiology Board of Directors. I have served as a Member at Large on the Medical Executive Committee over the past two years and have found it to be a rewarding experience.

For leadership training, I have completed the Physician Leadership Development Institute for Hartford Healthcare in 2015. I have obtained the Academy of Radiology Leadership and Management Certificate of Achievement. I have reached the Level 1 certification requirements for the American College of Radiology Leadership Institute Certificate (currently working on my level 2 certification). And in my free time, last year I became board certified as a Magnetic Resonance Medical Director/Physician (MRMD), and yes this is a real thing.

I would hope to continue to bring my training, experience, common sense, occasional humor, and helpful personality to the Medical Executive Committee as one of this year's at-large members.

4. Dr. Cynthia Price, Department of Emergency Medicine

My name is Cynthia Price and I would like to run for an at-large position of the Medical Executive Committee.

I have been employed by Hartford Hospital in the Emergency Department for the past 16 years. I have seen Hartford Hospital grow from the close knit family of employees we used to be to now being the flagship organization of a large, progressive conglomeration. I note negative and positives as we transition and feel I have insight as we become the example of how to demonstrate our values.

I will offer my opinion and support new initiatives going forth. I bring the unique perspective from the Emergency Department which means I interact with most specialties and personalities as well as all different patients that need a voice. I also interface with the community physicians who rely on communication with the hospitals in the system to take high quality care of the patients that they entrust to our attention. I have input from my diversity and residency education background and feel I can add to the governance in a constructive manner.

Examples of my leadership involvement include the Physician Engagement Committee to which I was invited to join last year. I have enjoyed being an active member specifically addressing the needs of the physician community. I also sit on the Physician Wellness Committee for the past two years which holds an obligation to improving life for providers here at Hartford Hospital as an addition to the Engagement group. I have participated in Pharmacy and Therapeutics Committee for the past 5 years and was the physician champion of the recently defunded but important Domestic Violence Advisory Board. I have enjoyed leadership training and discussion at the yearly Hamilton retreat. I look forward to serving all with a smile.

5. Dr. Peruvamba R. Venkatesh, Department of Medicine/Internal Medicine (Incumbent)

Dear colleagues and friends:

I'm writing to ask for your continued support to serve on the Medical Staff Executive Committee (MEC) and support you and all of the medical staff. You may be aware I have served on the MEC for the past 6 years and contributed significantly to many initiatives during that time that have been very relevant to the welfare and functioning of the medical staff. I see my role simply stated is to be 'supportive'. That's the only reason I wish to continue my role on the MEC.

Some of my other accomplishments include my role on the Credentials Committee by facilitating the interviews and with on boarding of physicians joining our medical staff. I remain active in the malpractice prevention area by supporting our initiatives for physicians through MRM training and remaining active on our Malpractice Review Committee. I am also on the Physician Engagement and the Physician Wellness Committees.

My membership on the Executive Leadership Team has provided with the opportunity to understand hospital operations better and liaise effectively with hospital leadership and add medical staff perspective to many discussions.

You may be aware that I have been on the medical staff of the Department of Medicine at Hartford Hospital for over 21 years. I continue to serve as the Associate Director of Medicine for the Department and have remained at the forefront of the meaningful operational changes that have been brought about over the past several years. As the Director for Quality, I continue to help the Division Chiefs of Medicine achieve their quality objectives and metrics that go with it.

Medical education has remained the primary focus of my efforts for over 20 years and I remain committed to elevating our status as the premier education site for undergraduate and graduate medical training. Over this past year I have also taken on an additional role of Chief Academic Officer and Assistant Dean. I am actively collaborating with many members of our medical staff to potentially expand the medical staff role in all aspects of education.

Based on the abbreviated summary of my achievements listed above, and my innate desire to contribute to our medical staff leads me to ask for your support. I hope you will find my candidacy one worth supporting and I wish to thank you in advance.

Current Medical Executive Committee Officers

- President: Stacy R. Nerenstone, MD (Exp. 11/17)
- Vice-President: Matthew L. Saidel, MD (Exp. 11/17)
- Treasurer: William V. Sardella, MD (Exp. 11/17)
- Secretary: Elizabeth Brady, MD (Exp. 11/17)

Current Voting Chiefs and At-Large Members of the MEC

- Adam Borgida, MD, Obstetrics & Gynecology
- Michael Golioto, MD, Medicine/Gastroenterology (Exp. 12/16)
- Thomas Farquhar, MD, Radiology
- April Goller, MD, Medicine (Exp. 12/17)
- Ajay Kumar, MD, Medicine
- Mitchell McClure, MD, Medicine/Hospital Medicine (Exp. 12/17)
- Kenneth Robinson, MD, Emergency Medicine
- Michael O'Loughlin, MD, Radiology (Exp. 12/16)
- Steven Shichman, MD, Urology
- Samuel Pope, MD, Medicine/Pulmonary (Exp. 12/17)
- Witold Wiberski, MD, Anesthesiology
- Peruvamba Venkatesh, MD, Medicine (Exp. 12/16)
- Andrew Wakefield, MD, Neurosurgery (Exp. 12/17)

From the Hospital President

Dr. Stu Markowitz, Senior VP, HHC, and Hartford Region President

LEAN Daily Management: Progress and Achievements

As you know, over the past fiscal year, we greatly expanded LEAN daily management throughout the hospital. We have stood up 48 new groups and laid the foundation for more rapid expansion going forward.

LEAN enables rapid response in improving efficiency, effectiveness and overall patient care. Here are some of our LEAN achievements.

- 10 groups achieved bronze status, a Lean assessment certification and are now focusing on achieving silver status for high performance and we plan to stand up dozens of additional daily management sites and achieve bronze certification in 24 areas.
- 630 Hartford HealthCare leaders completed Advanced Lean Training, with more than 40 percent from Hartford Hospital.
- Through the disciplined five-day, rapid-improvement Kaizan process:
 - HH reduced handoffs for psychiatric patients transitioning from HH to the Institute of Living from 32 to six, reducing processing time significantly;
 - We improved by 88 percent the number of stroke patients discharged by 11 a.m., up from 15 percent, and we improved outpatient appointment compliance to 90 percent from 60 percent;
 - For heart-failure patients transitioning to home, we reduced phone calls from 11 to three;

improved timing of home care visits from anywhere from one to three days in the past to within 24 hours today; and new improved the quality and accuracy of transition paperwork by more than 90 percent.

LEAN is the way Hartford Hospital works, and we expect our efficiencies and effectiveness to continue to improve.

Thank you for your participation in this journey.

From the HHC Chief Medical Officer

Dr. Rocco Orlando III, HHC Senior Vice President and Chief Medical Officer

Join Doximity to vote for U.S. News “Best Hospitals”

Want to raise the chance of improving your specialty’s reputation score on the U.S. News & World Report’s “Best Hospitals” rankings? Then claim your profile on doximity.com by early December.

U.S. News & World Report, sponsor of one of the healthcare industry’s most recognized quality ranking programs, will survey all Doximity members who are board-certified in one of the 16 ranked specialties as one part of the reputation score calculation. Reputation accounts for 27.5% of a hospital’s total score in the “Best Hospitals” ranking, except for ophthalmology, psychiatry, rehabilitation and rheumatology, where reputation is 100% of the ranking score.

All board-certified physicians within one of the 16 specialties who become Doximity members by early December (last year the deadline was Dec. 5; this year’s date hasn’t yet been announced) will receive a request to vote either via email or as a prompt when logging into Doximity.

As a Doximity member, you also can connect with physician colleagues across the nation, learn about job openings, access peer-reviewed journal articles and more.

Physicians who are board-certified in the 16 specialties, but who do not claim their Doximity profile to become a member, will be part of the other voting arm.

Among Doximity non-members, U.S. News will select 200 specialists from each of the 16 specialties to receive a “Best Hospitals” ballot. This ballot will be sent first via email, then by regular mail if no vote is cast. Since the chances of being selected randomly for this arm of the reputation voting are slim, claiming your Doximity profile is the only way to ensure you have the opportunity to vote.

Of course, if you do receive a survey via email or mail, this is your opportunity to cast a vote for your specialty in hopes of ranking it as a “Best Hospital.” Be sure your office staff also is aware of this possible mailing, so they can be on the lookout for the survey as well.

Top News

Join Us for the Bone & Joint Institute Ribbon Cutting on November 15

Join us **Tuesday, November 15** as we celebrate a new era in healthcare in the region with the ribbon cutting for the new home of the Hartford HealthCare Bone & Joint Institute at Hartford Hospital. The ceremony will begin at 4:30 p.m.

The five-story inpatient hospital linked by a pedestrian bridge to the institute’s four-story ambulatory

care center has been under construction for the past two years at Seymour Street and Retreat Avenue. The inpatient hospital, with 10 operating rooms and 60 beds, will also include orthopedic urgent care, diagnostics, imaging, and a wellness-rehabilitation center. The four-story ambulatory center will house five ambulatory surgery rooms and offices for orthopedics and rheumatology, and a medical and community education center.

"This expansion will allow [us] to meet a new era in healthcare," says **Dr. Courtland Lewis**, the Bone & Joint Institute's physician-in-chief. "Every professional in the institute, from anesthesiologists to radiologists, will be exclusively trained in musculoskeletal care where they can share best practices centered on the patient. The end result is improving access to quality care, while reducing costs and keeping patients healthy."

The new Bone & Joint Institute at Hartford Hospital is a 165,000-square-foot acknowledgment that musculoskeletal care in America is taking a swift, if somewhat achy, turn.

"We are living longer, working harder, exercising less," says Dr. Stuart Markowitz, Hartford Hospital president and senior vice president of Hartford HealthCare, "and not always taking care for our bodies as we should."

By conventional standards, the Bone & Joint Institute is a Futurama mashup of services where people can request an osteoporosis screening, sign up for a fracture-prevention clinic, watch a better-health cooking demonstration in a fully-stocked professional kitchen, have a hip or knee replacement, find mental health guidance for post-injury anxiety or depression and use the Motion Lab to get an early start on post-surgery rehabilitation with an antigravity treadmill or improve their golf swing, running efficiency or baseball pitching mechanics through computer-guided analytics.

"This is not your father's knee and hip surgery center," says Dr. Markowitz.

Save the Date: Annual Medical Staff Meeting Dec. 15

Thursday, December 15 from 7-7:50 a.m. in Gilman Auditorium.

Continental breakfast will be available from 6:30-7:00 a.m.

HealthStream Goes System-wide; Now Easier To Use

The new, system-wide version of HealthStream is now available. The new system makes it easier to log in, register for classes and complete online learning.

To log in, click this link or copy and paste it into your browser: www.healthstream.com/hlc/HHHealthCare. You can also find log-in information on the [eLearning](#) page of HHC Connect. Any old links or bookmarks in your browser will no longer work.

Use your network user name and password to log in. You will no longer need your employee I.D. If you have trouble logging in, simply click this icon on your desktop. Then select "Report a Problem" and click the HealthStream icon on the next screen.

We hope the new system makes it easier for you to complete the training you need to ensure that we are always learning and improving so we can provide the best care to the patients, families and communities that depend on us.

If you have questions please contact Eric Bennett, Eric.Bennett@hhchealth.org

Reminder! Do Your ALICE Armed Intruder Training

Deadline extended to December 31.

Link to training: <http://hhchelp.hhchealth.org/kinetic/login.jsp>

HHC at Home Launches Behavioral Health Program

Hartford HealthCare at Home has launched a new Behavioral Health Program for home care. It is now accepting patients in all regions.

Services are designed for homebound adults experiencing anxiety, persistent sadness or depression, dementia or Alzheimer's disease, new psychotropic medicine, difficulty adapting to traditional mental health services, or limited support systems

The program is comprised of a multidisciplinary team who provides comprehensive, short term, intermittent home health services for homebound adults. For the homebound individual, the program improves the client's knowledge base about medications, staying well, their illness, relapse prevention, and community resources, improving quality of life and overall health management.

This is a holistic approach to care, using standardized assessment tools that allow for a collaborative approach between client, physician and Hartford HealthCare at Home as the home care provider. The program increases compliance with medication and medical follow-up, and decreases hospitalizations as well as emergency calls and visits.

Services are provided by specially trained nurses and occupational therapists, social workers and home health aides. Services Include:

- Comprehensive assessment and individualized treatment planning
- Medication management and education
- Supportive psychotherapy for individual and family
- Linkage to community resources
- Behavior management
- Education about the disease process
- Family education
- Telephone support

Compliance and Privacy Week, November 7-11

Compliance and Privacy Week Events

MONDAY, NOVEMBER 7

8-9:30 a.m. Hartford HealthCare at Home, 999 Asylum Street, Suite 504

8-9 a.m. Hartford HealthCare at Home, 1 Northwestern Drive, Suite 101, Bloomfield Office

11:30 a.m.-1 p.m. Natchaug Hospital, Main Lobby

11:30 a.m.-1 p.m. Hartford Hospital, Cafeteria

11:30 a.m.-1 p.m. Hospital of Central Connecticut, Café, New Britain

TUESDAY, NOVEMBER 8

9-11 a.m. Southington Care Center, Main Lobby, 45 Meriden Avenue, Southington

11:30 a.m. -1 p.m. Hospital of Central, Connecticut, Bradley Campus, Cafeteria

11:30 a.m. -1 p.m. Backus Hospital, Cafeteria

11:30 a.m. -1 p.m. Hartford HealthCare Medical Group & Hartford HealthCare at Home, Administrative Offices, Wethersfield, 2nd floor

2-5 p.m. Institute of Living, Donnelly Building, Main Lobby

WEDNESDAY, NOVEMBER 9

8-9:30 a.m. HHC at Home, 680 Main Street, Suite 300, Watertown, Dining Room

11:30 a.m.-1 p.m. Hartford Hospital Rehabilitation Network & System Support Office, Curtis Building, Newington, 5th Floor Connector

11:30 a.m.-1 p.m. Rushford Hospital, Cafeteria

THURSDAY, NOVEMBER 10

7-8:30 a.m. Jefferson House, Main Lobby

8-9:30 a.m. Jerome Home, Main Lobby

11:30 a.m.-1 p.m. Windham Hospital, Cafeteria

11:30 a.m.-1 p.m. MidState Medical Center, Cafeteria

FRIDAY, NOVEMBER 11

8-9:30 a.m. Hartford HealthCare at Home, 300 Queen Street, Large Conference Room, Southington

11:30 a.m.-1 p.m. Hartford Hospital, Cafeteria

Honorary and Retired Medical Staff Members Stay in Touch through Annual Luncheon

Nearly 40 guests attended the annual Honorary and Retired Medical Staff (HMS) Luncheon on October 25 at the Education and Resource Center. The annual luncheon is an important opportunity for the hospital to inform our HMS members about developments at the hospital and to thank them for their valued service and continued interest.

Carol Garlick, vice president, Philanthropy, Hartford Hospital, welcomed luncheon guests, including new HMS members **Brendan Fox, MD; Bill Laakso, MD; and Gary Nobert, MD. Jack Greene, MD**, regional vice president, Medical Affairs, Hartford HealthCare, provided an update on current Medical Staff initiatives and achievements, and Hartford Hospital President **Stuart Markowitz, MD**, updated the group on the state of the hospital.

Steven Shichman, MD, executive director, Center for Education, Simulation and Innovation (CESI), was the keynote speaker, presenting on the growth of CESI and its achievements in promoting excellence in clinical care and advancing safety. The keynote was followed by a tour of CESI, which is scheduled to open its 25,000-square-foot expansion in the coming weeks.

Excellence

Dr. Paul Thompson Lectures at Cornell

Dr. Paul Thompson was visiting professor in the Cornell HeartHealth Distinguished Professor Lecture Series. His topic was "Are There Deleterious Effects from Long-Term Endurance Exercise Training?"

Increase survival of tragedies by teaching bleeding control

Dr. Lenworth Jacobs delivered the 2016 Excelsior Surgical Society/Edward D. Churchill Lecture.

His topic was "Strategies to Increase Survival in Active Shooter and Intentional Mass Casualty Events." He emphasizes the importance of teaching bleeding control to medical professionals and the public. [>Watch Video](#)

Dr. Jeffrey Gordon Inducted as CSMS President

Dr. Jeffrey Gordon was sworn in as president of Connecticut State Medical Society at the CSMS 224th Annual Meeting.

Dr. Kristen Zarfos Awarded \$31,500 Grant

Dr. Kristen Zarfos was awarded a \$31,500 grant from the Connecticut Breast Health Initiative for a screening ultrasound program for young African American women.

The Night of Hope Honoree's Reception honors the area's most respected medical professionals

Olympic Gold Medalist and World Record Holder, Aries Merritt was one of many guest speakers at the National Kidney Foundation's 2016 Honoree's Reception on October 19 at Aria Banquet Hall. Aries shared his inspiring story about his journey with kidney disease, and was joined by his kidney donor and sister, LaToya Hubbard.

Aries Merritt is an American Track and Field athlete who specializes in the 110 meter high hurdles and currently holds the world record in that event. In 2013, he was diagnosed with a rare kidney condition and in 2015 he received a kidney transplant. "I was at the peak of my career when I learned that my kidneys were failing. I trained for as much time as my body would allow until I decided that a transplant was the best option," said Aries, "Fortunately for me, my sister LaToya Hubbard was a perfect match; it has been the biggest hurdle I've ever faced."

The Night of Hope Honoree's Reception honored the area's most respected medical professionals who have helped NKF by supporting local educational programs and patient services in CT. This year the medical professionals that NKF honored were **Dr. John D'Avella** of **Hartford**, **Dr. Fredric Finkelstein** of **New Haven**, **Dr. Sankar N. Niranjana** of **Greater Hartford**, and **John McNab, PA**, of **Hartford**.

Dr. Robert Dicks To Speak at Longevity Panel

Dr. Robert Dicks, Hartford Hospital's chief of Geriatric Medicine, will be a featured panelist at "Managing Life Priorities in the Age of Longevity" on Wednesday, November 9 from 4:30-7 p.m. at the

Hartford Golf Club in West Hartford.

This timely discussion will focus on one of the major transformations challenging 21st century norms and reshaping society - population aging - the only global megatrend causing a major impact in both developed and developing societies.

The event includes a reception with cocktails and hors d'oeuvres. To register, contact Nicholas Vazquez at 860.952.6753 or nicholas.s.vazquez@bankofamerica.com by Monday, October 31.

Research and Academics

Hartford Hospital to Participate in NCI Study on Smoking Cessation

Dr. Andy Salner, Ellen Dornelas and David Finitis will conduct Hartford Hospital's participation in a new NCI R01 study based at Lombardi Cancer Center at Georgetown Medical Center and also in collaboration with Lahey Clinic.

The project, "Investigating Evidence-based Smoking Cessation Interventions into Lung Cancer Screening Programs: A Randomized Trial," will study the efficacy of smoking cessation counseling by telephone for smokers undergoing lung cancer screening at Hartford Hospital.

Hartford Hospital to Participate in NIH-Funded Study on Uterine Cancer and Incontinence

Dr. Elena Tunitsky, Urogynecology, and **Dr. Amy Brown**, gynecological oncology, have been selected to take part in a PCORI NIH-funded multicenter study called "Cancer of Uterus treatment of incontinence (CUTI): a perspective cohort study addressing evaluation and treatment of incontinence in women with uterine cancer."

The Hartford Healthcare Cancer Institute Presents: The Basics of Bone Marrow Transplant Lecture Series

November 28

6-7 p.m., Hartford Hospital Cancer Center, Taylor Conference Rooms

Nov. 28: Post-transplant Care for Allogeneic HCT Recipients: Can We Bring Patients Back Home Earlier?

Memorial Sloan Kettering Cancer Center Lecturer to be announced

The lecture can also be viewed via videoconference (meet.cancer@video.hhchealth.org) at the following locations:

- Backus Hospital, MOB Conference Room
- MidState Medical Center, Conference Room IV
- The Hospital of Central Connecticut Cancer Center, Conference Room A
- Windham Hospital, Johnson Room

Lectures are CME-eligible. For more information, please contact Andrea Dash at Andrea.Dash@hhchealth.org.

**HHC Cancer Institute Presents:
Pancreatic Cancer-Developing High-Risk Identification and Early Detection
Paradigms**

Thursday, November 3, 12-4:30 p.m.

Farmington Marriott, 15 Springs Rd., Farmington

Speaker will be **Dr. Robert Kurtz**, from Memorial Sloan Kettering Cancer Center.

Accepting New Patients? We Can Help

Help New Patients Find You

Hartford HealthCare offers physicians a free powerful tool to help reach potential patients. The system-wide "Find A Doctor" search feature on our website helps potential patients connect with appropriate physicians when they need care.

Patients' searches lead to doctors' online profiles, which are based on information physicians provide to the Medical Staff Office. Details on education, specialty, office locations, languages spoken, biography and any promotional videos are displayed, helping patients make vitally important decisions in choosing a physician.

The HHC Planning and Marketing team is committed to making sure this online information is correct. Please spend a few moments reviewing your profile at HartfordHealthCare.org/verify. Click the "Physician Feedback Form" on the right hand side of your profile to submit changes.

You will need your NPI number to verify your identity. The "Accepting New Patients" filter is set as the default to help patients connect with physicians who are taking new patients. If you are no longer accepting new patients, please let us know. Changes to your profile will be made within three business days.

Operational Update

Changes in AJCC Staging Requirements

The 8th edition of the American Joint Committee on Cancer (AJCC) Cancer Staging Manual is due out at the end of October.

Any physician involved with staging should know that there have been some pretty big changes in AJCC staging requirements.

There are many free resources available that are good refresher lessons, a tab for cancer staging education and a category specific to physician. <https://cancerstaging.org>

For more information, contact Mary Fleming, CTR, MSOL, manager of the Hartford Hospital Cancer Registry at 860-972-2122.

Save the Date for the 2017 Black & Red Benefiting Neuroscience

Save Saturday, January 28, 2017, for Hartford Hospital's annual gala, the Black & Red. The Hartford HealthCare Neuroscience Institute at Hartford Hospital will be honored at the event, which will feature entertainment by Fitz & The Tantrums.

Funds raised through the 2017 Black & Red will help create the platform to further enhance the research and outcome measurements that will elevate the breadth and depth of neuroscience services in Connecticut. Tickets for the hospital's signature fundraiser will go on sale in the coming months.

See our Sponsorship Opportunities Guide to find out about all event sponsorship options. The deadline to sponsor is Friday, December 16. For questions, contact Carla Burgess, director of development, at carla.burgess@hhchealth.org or (860) 972-1932. For event updates, visit giving.harthosp.org/blackandred.

General Internal Medicine Meeting-Save the Date

November 1, 5:30-8:30 p.m.- Pond House Cafe, West Hartford

"The surge of Aedes, Aegypti and Mers: Vector-borne diseases" - Dr. Jack Ross

Dinner will be provided.

Hartford Hospital is accredited by the Connecticut State Medical Society to provide Continuing Medical Education for Physicians. Hartford Hospital designates this live activity for a maximum of 1.5 AMA PRA Category 1 credit (s). Physicians should claim only credit commensurate with the extent of their participation in the activity.

Reminder! Do Your ALICE Armed Intruder Training

Deadline extended to December 31.

Link to training: <http://hhchelp.hhchealth.org/kinetic/login.jsp>

Educational Events and Programs Calendar Available

[Click here to download.](#)

The Hartford Healthcare Cancer Institute has published an Educational Events and Programs Calendar listing all programs and support groups available this fall.

Patients in Need of Financial Assistance

Do you know a patient who is in need of financial assistance?

Hartford HealthCare can provide help to patients in need. Learn more about the program and how to assist patients on HHC Connect: <https://intranet.hartfordhealthcare.org/inside-hhc/patient-support>

Remind a Colleague: Wash In, Wash Out

All health care workers and patients should feel comfortable reminding any other health care worker to sanitize regardless of their role. This should always be done in a courteous and constructive manner. All health care workers should respond courteously and gratefully when reminded.

If you remind another health care worker to sanitize, and he or she responds with irritation or hostility, please notify their department chief, [Dr. Jack Greene](#) or [Dr. Jack Ross](#), who will communicate with them to prevent recurrences.

Improving Doctor-to-Doctor Communication: TigerText

A Free Tool To Help You

We all want to do what is best for our patients. Problems in communication between hospital providers, consultants, and community providers has been identified as a major source of dissatisfaction for both patients and physicians. And it can lead to gaps in patient care.

Hartford Hospital has invested in a tool to help providers improve communication. It is a HIPAA compliant texting service called TigerText, and we are offering it to the medical staff at no charge.

TigerText allows a provider to send brief text messages, with patient identifiers, to another provider on the system. Examples of texts include quick reports of a procedure, notification of discharge, questions about medications, etc. There is an option to alert people if you are on vacation, and the notices that are sent are marked as read when they are opened by the recipient.

We are anxious for all of our Medical Staff to enroll in this free application. It is VERY easy to use, even for those of us who have problems with new technology. We urge everyone to register and get on this useful and HIPAA compliant system today-it will make your job easier and improve patient safety.

- Here is a TigerText Request form with directions on how to get TigerText.: [You can download the form here](#)
- For further help with this, feel free to contact John.Rogalsky@hhchealth.org (860-972-3207).
- Any problems not resolved by the TigerText Help line can be referred to [Dr. Marc Palter](#) at Marc.Palter@hhchealth.org.

TigerText Support

For Hartford Hospital users, TigerText support can be obtained by calling the Hartford HealthCare help desk at 860-545-5699 and choosing option #6; or by calling TigerText Pro support directly at 650-564-4722.

For issues related to password recovery, a helpdesk call is required and will be routed to the Mobility team.

Hartford Hospital Media Coverage

Media Coverage Wrap-Up

Ken Bruno, Hartford HealthCare Rehabilitation Network, was interviewed on NBC CT about what HHC is offering at this year's Hartford Marathon.

Dr. Patricia DuFusco was featured in a story in the Hartford Courant about a new drug that can minimize side effects of breast cancer treatment. [Read the story here.](#)

Dr. Ryan Dorin was interviewed on NBC CT to discuss a 10 year study that showed prostate cancer survival rates are equally high if the disease is monitored versus having surgery or radiotherapy. <https://youtu.be/QG1JhPtKG0U>

Dr. Sabet Hashim was profiled on this month's Healthier Connections segment on FOX 61. <https://youtu.be/TnXE58-TPBI>

Dr. Diana James was interviewed in the Hartford Courant for a story about new imaging technology.

Dr. Laura Saunders was interviewed by Ch. 8 about the presidential election and children - What parents and teachers should be focusing on when talking to elementary school-aged children about the election. https://youtu.be/k6_QqkOT8E

Dr. Hank Schwartz wrote a letter to the editor that appeared in the Hartford Courant called ***Why Trump Needs Putin's Reassurance.***

Dr. Kristen Zarfes was interviewed about Breast Cancer Awareness on Better Connecticut - WFSB <https://youtu.be/9wanVwXZRjM>

Connect to Healthier on NBC-CT

HHC's two-minute "Connect to Healthier" segment airs each Sunday at 9:20 a.m. and it's posted fresh each Monday on HHC Connect, our Intranet.

New Technology to Treat Sleep Apnea

Jaime Fernando Ortiz couldn't stand his CPAP machine and was one of the first in the state to use a new technology to treat sleep apnea. Hypoglossal nerve stimulation or INSPIRE. <https://youtu.be/2xOdLfi1VH8>

Running the Marathon With Cancer

Every year, thousands flock to the Hartford Marathon to compete. One man this year- showed us he could tackle anything: 26 miles, even while fighting something else.

John Hayes looks like any athlete training to run a marathon. What you would never suspect is that John has cancer.

<https://www.dropbox.com/s/4mc3qjngt4kd8j1/101616%20CTH%20Marathon%20Runner.mov?dl=0>

<http://media.hartfordhealthcare.org:80/ermweb/player?id=dmw6agYU>

Healing After an Aneurysm

This is the story of one inspirational young woman who made remarkable progress after an aneurysm ruptured and affected her ability to speak. She and her team never gave up.

The patient made a trip all the way from London to visit with the team on the neurointensive floor that saved her life and her voice.

<http://media.hartfordhealthcare.org/ermweb/player?id=9ED911uI>

Featuring A Roundup of HHC News

A remarkable achievement for Dr. Brian Grosberg; a grand opening for HHCMG in Bloomfield; and Breast Cancer awareness month. <https://youtu.be/9ztEDTzSOi8>

Sunday's Connect to Healthier segment on NBC CT highlighted the following events/accolades across HHC:

A remarkable achievement for Dr. Brian Grosberg, a grand opening for HHCMG in Bloomfield and Breast Cancer awareness month.

<https://youtu.be/9ztEDTzSOi8>

Upcoming News Service Content; Share Your Stories

The Hartford HealthCare News Service is actively creating content with media partners across the state. Please let us know if you have great patient stories to share. Share your stories with us so we can share them to a wider audience.

Connect to Healthier

Sundays in the 9 a.m. hour, we broadcast a two minute health segment on NBC CT.

Medical Rounds

Partnership with WFSB. Weekly live interview from the HHC studio at 5:45 p.m.

HealthCare Matters radio program

Every month, Elliot Joseph highlights an important health care related topic with nationally recognized experts on CBS affiliate WTIC-am, NewTalk 1080, Connecticut's largest and most popular talk radio station

Healthier Connections

Monthly partnership with FOX CT.

CT STYLE

Monthly partnership with WTNH.

HHC YouTube page: <https://www.youtube.com/user/HartfordHospitalCT>

[Link to contact information across the system: Hartford HealthCare Media Relations Team](#)

Voices of Our Patients

Kudos - Short and Sweet!

They treat you so nice.

Great medical staff, very attentive, patient and kind.

CME Applications

Interested In Hosting a CME Event?

In order to ensure that your educational event meets the standards established by the ACCME and the CSMS, the HH CME department has established the following deadlines for submission of CME applications.

To ensure a timely review of your application, we strongly recommend advance planning for all events.

- Complete applications for a recurring series such as Grand Rounds must be submitted **at least 4 weeks prior** to the planned activity.
- For a conference, course, or symposia, a complete application must be submitted **at least 12 weeks prior** to the event. We strongly encourage activity planners to contact the HH CME department at least 6 to 12 months prior to the date of the course in order to begin the planning process.

We have developed educational resources to assist planners with the application process. Please contact the HH CME office at ContinuingEd@HHCHHealth.org or (860) 972-5816 to schedule an appointment with our team to discuss your CME needs.

State Mandated CME Renewal Available Free To HH Doctors through HealthStream LMS

State mandated CME for physician license renewal is available free on the Hartford Hospital HealthStream Learning Management System.

You will need your Employee ID to access HealthStream. If you need the CME Programs, but do not have a HealthStream ID, a Temporary ID can be provided for you.

Please email HealthStream@HHCHHealth.org and request an ID and password for CME Courses. You will receive an email with the ID, password and instructions for accessing the courses.

To access HealthStream, use the link from the intranet, or click [here](#). Once you login, click on the Catalog tab and search for CME to view the available courses.

Once you have passed the post-test and evaluation, you will be awarded a printable CME certificate. Your CME will also be maintained and easily self-service accessed on the HealthStream site, should you need a copy in the future.

Please note that your Risk Management required activities through MRM will provide your Risk Management CME.

HH In the News

Laughing Through Childbirth: Hospitals Offer Nitrous Oxide To Ease Labor Pains Hartford Magazine/Courant, October 23

Ask almost any woman who has experienced labor and delivery and she will likely tell you that despite its purpose it's no laughing matter.

Now several hospitals in Connecticut hope to reduce some of the painful aspects of childbirth, at least the perception of it, by offering women the option of using a little nitrous oxide (AKA laughing gas) to help take the edge off labor pain.

The use of nitrous oxide in the delivery room is not new; rather it's just new in the United States. Entonox, a 1:1 colorless, gaseous mix of nitrous oxide and oxygen, has been used in many countries including England and Canada for many years to ease the process along. The gas doesn't block out labor pain as anesthesia would; rather it changes your perception of the pain, making it seem more tolerable.

Hartford HealthCare began using nitrous oxide during labor and delivery in June. Nitrous oxide is also available through Yale New Haven Hospital's Vidone Birth Center in New Haven and the Middlesex Hospital Pregnancy and Birth Center in Middletown.

In the HHC System

Backus Cancer Survivors Day highlights support

The Day, October 1

Prevention, support, recovery: these were the themes of The William W. Backus Hospital's annual Cancer Survivors Day to kick off National Breast Cancer Awareness Month Saturday.

The event, held on the hospital's campus in conjunction with the American Cancer Society, brought about 400 cancer survivors together with their caretakers, support people and medical care providers to celebrate life after a cancer diagnosis and offer hope for the future.

"(That diagnosis) is a life-altering event," Backus President Bimal Patel said. "There are very few events that one can say changes the individual, and when one is going through this I think that they find peace and solace in the presence of others."

The event was one of many held Saturday and to be held around the globe throughout October celebrating cancer survivors, supporting current cancer patients and remembering those who have died from the disease.

While there was no medical care provided at Saturday's event, the importance of it and others like it in helping cancer patients make it through their treatments successfully cannot be overstated, Patel said.

"We have survivors from a few days, weeks, months, up to 69 years here," he said. "This brings together the support of clinical staff and prayers of family and friends, and a lot of folks gather the courage and strength (to fight cancer) here. I think this is a booster of energy until people come back next year."

Hartford HealthCare Center for Healthy Aging at Windham Hospital celebrates grand opening

Hartford Business Journal, October 26

The Hartford HealthCare Center for Healthy Aging at Windham Hospital hosted more than 100 staff and community members on Oct. 20 for a ribbon cutting to celebrate the official opening of new services at Windham.

The Hartford HealthCare Center for Healthy Aging is staffed by experienced professionals who provide assessments (in person, telephonically and in home) to establish the connection to essential community services, organizations, programs and medical services. The newly opened center at Windham Hospital serves residents of eastern Connecticut.

“As resource coordinator, we help individuals navigate the complex medical and resource world so that they can get the assistance they need and deserve. We help people to age independently while helping to reduce the rate of hospital readmissions,” said Joseph Zuzel, resource coordinator, Hartford HealthCare Center for Healthy Aging, Windham.

Windham’s Center for Healthy Aging, which connects older adults with the medical care and resources they need, also partners with Natchaug Hospital to offer mental health treatment in a discreet environment. Therapy and education topics include stress management, coping with the loss of loved ones, development of age-specific life skills, chronic illness management and medication education.

The GoodLife Fitness is an additional component of the Hartford HealthCare Center for Healthy Aging at Windham Hospital. In the senior-friendly center, members and the exercise professionals develop individualized goals to better the quality of life. Benefits may include improved muscular strength and stamina, better balance, reduction in the risk of falls and injuries, support of cardiovascular health, and building of self-esteem and self-satisfaction. The program can also support individuals who need pre- and post-rehabilitation.

Health Care News In the Region

CHA Provides Issue Briefs on Hospital Priorities

CHA Update, Oct. 14

Just three months into the current fiscal year, Connecticut is already facing a budget deficit that is conservatively estimated at \$77.9 million.

This latest estimate was reported last week by the legislature’s nonpartisan Office of Fiscal Analysis (OFA), which also estimated an \$80 million reduction in personal income tax collections and a reduction in the sales tax revenue of \$39 million.

Although the deficit as it stands now only represents a small fraction of the state’s overall budget, it has provoked some sharp words from Republicans in the General Assembly and set the stage for what will likely be a difficult legislative session.

In preparation for the upcoming legislative session, the Connecticut Hospital Association (CHA) has released a series of Issue Briefs highlighting an array of topics important to hospitals, including some that are specifically related to state funding, such as [Hospitals and Taxes](#), [How Hospitals are Paid](#), and [Hospitals for a Healthy Economy](#). The briefs are being distributed to lawmakers and others interested in hospital legislative priorities.

The ten briefs cover a wide swath of topics. In addition to the three listed above, they are: [Connecticut Hospitals are Evolving](#); [Hospitals Serve our Communities](#); [Hospitals and Health Equity](#); [Hospitals and Population Health](#); [Hospitals and Mental Health](#); [Hospitals and Substance Use Treatment](#); and [Hospitals: Delivering Safe, Reliable, Quality Healthcare](#).

Injuries, deaths from hospital errors drop 3 percent

Fairfield Citizen: October 18

Injuries and deaths from hospital errors fell 3 percent statewide between 2014 and 2015.

But there were increases at individual hospitals - including Bridgeport Hospital and St. Vincent’s Medical Center - and the overall number is still higher than it was a few years ago.

That’s according to the latest adverse events report from the state Department of Public Health. The annual report tracks the number of incidents in which people were harmed while receiving care at

area hospitals.

There were 456 such incidents in 2015, down from 472 in 2014, and 534 in 2013.

The number is still higher than it was in 2012, when there were only 241 such incidents, but that's not necessarily cause for concern, said Mary Reich Cooper, chief quality officer for the CT Hospital Association.

"That initial increase (between 2012 and 2013), we think, is due to improvements in reporting," she said.

The subsequent decline, Cooper said, is likely because hospitals and other healthcare agencies have put an increased emphasis on safety. However, she concedes that the problem of hospital errors is far from fixed.

"Our goal is zero (adverse events)," Cooper said. "Preventable harm to even one patient is one too many

CT News Junkie: ConnectiCare Tries Different Approach To Health

What if there was an Apple Store for your health? That's the idea ConnectiCare is embracing as it opens a new retail store in Manchester.

At the new store on Pleasant Valley Road, ConnectiCare consultants will assist their customers on how to file a claim or find a doctor.

"We know health insurance is complicated and sometimes you want to speak to someone face to face," David Gordon, senior vice president of strategy and innovation, said. "You can do that in our retail centers. We see these centers as another way for us to deliver the high-quality service we have been delivering to our neighbors for the past 35 years."

The innovation was applauded by Access Health CT, the state-run insurance exchange.

"We commend ConnectiCare on this new effort to work within communities, providing in-person education and support on healthcare and other health issues around the state," Access Health CEO Jim Wadleigh, said. "These new storefronts are a positive development for customer experience, and will hopefully prove an added community resource for healthcare information to many CT residents that are served by ConnectiCare, both on-exchange and off-exchange."

Three more retail locations will open in late November inside the new CliniSanitas Medical Centers in Newington, Bridgeport, and Orange. The new CliniSanitas will offer primary care, specialty care, urgent care, walk-in care, laboratory and diagnostic imaging services, as well as health education and wellness services. All will offer extended evening and weekend hours and the staff will speak both English and Spanish. They will only serve ConnectiCare customers.

"Health care is very personal and having a good relationship with your doctor is essential," ConnectiCare President and CEO Michael Wise has said. "Members want to discuss their health and receive care in their preferred language, at times and locations that are convenient for them."

Wise said CliniSanitas has a proven track record of serving a diverse population through this model and that's why ConnectiCare wanted to partner with them to serve Connecticut's growing Hispanic population.

CliniSanitas Medical Centers are part of a leading multinational health business group operating in Florida and several South American countries.

ConnectiCare offers plans both on and off Connecticut's insurance exchange.

The company, which briefly threatened to leave the exchange last month after not getting the rate increase it felt it needed, has nearly 50,000 customers in its exchange-based plans. It has another 37,142 in its off-exchange plans in the individual market. It also offers plans in the small group market where it has another nearly 50,000 customers.

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