

# Seymour Street Journal



What's news...

From the Offices of Stuart Markowitz, MD and Stacy Nerenstone, MD

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*September 18, 2016*

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## Hand Hygiene Compliance at HHC

99% - Hospital of Central Connecticut

98% - Hartford Hospital

98% - MidState Medical Center

94% - Backus Memorial Hospital

92% - Windham

**1947--Dr. Starr Lampson performed the nation's first ligation of the thoracic duct.**

Follow Hartford Hospital on [facebook](#), [youtube](#) and [twitter](#)

## Chief's Corner

- [Dr. Jack Greene](#), Hartford HealthCare Regional Vice President of Medical Affairs for the Hartford Region and Hartford Hospital

### Just Ask Us!

We have put in place a dedicated email box for the medical staff, called "Ask Jack." The emails will be picked up each day, and I will be responsible for making sure that you receive feedback. Send your concerns to [askjack@hhchealth.org](mailto:askjack@hhchealth.org).

In addition, there is a dedicated email box to ask questions of [Dr. Stu Markowitz](#). Send your questions or comments to [StuandYou@hhchealth.org](mailto:StuandYou@hhchealth.org), and you'll get a response from Stu within 10 days.

### Hartford Hospital receives "Meritorious Outcomes Status" from the American College of Surgeons

Hartford Hospital will be featured on the new American College of Surgeons (ACS) National Surgical Quality Improvement Program (NSQIP) Meritorious Outcomes Performance Poster during the ACS Annual Clinical Congress 2016.

The ACS NSQIP selected outcomes in the following eight outcome areas, for all surgical cases:

1. Mortality
2. Cardiac: cardiac arrest and myocardial infarction
3. Pneumonia
4. Unplanned Intubation
5. Ventilator > 48 hours
6. Renal Failure
7. SSI: superficial incisional SSI, deep incisional SSI, and organ/space SSI
8. UTI: urinary tract infection

A total of 61 hospitals achieved the distinction of attaining a meritorious composite quality score in the above-mentioned areas. Risk-adjusted data from January through December of 2015 were used to determine meritorious outcomes.

## From the President of the Medical Staff

- [Dr. Stacy Nerenstone](#), President of the Hartford Hospital Medical Staff

### Medical Executive Committee Election - Nominations due by September 30

Dear Colleague,

We will be holding an election for three at-large members of the Medical Executive Committee in November.

#### CURRENT AT-LARGE MEMBERS:

- **Michael Golioto**, MD, Medicine/Gastroenterology
- **Michael O'Loughlin**, MD, Radiology
- **Peruvamba Venkatesh**, MD, Medicine/Internal Medicine

Anyone interested in running must meet the eligibility criteria outlined in Section 3.B., of the Medical Staff Bylaws (see below).

If you are interested in running or would like to nominate a colleague, please submit the name with a brief statement outlining the reasons for the nomination to the Medical Staff office by September 30. Candidates are expected to write a paragraph on why they should be elected. These names will be submitted to the Nominating

Committee. All nominees meeting the eligibility criteria will be submitted as candidates. Their names and statements will be sent to the voting members of the medical staff, as well as being posted on the Seymour Street Journal, at least 30 days prior to the election.

Nominations may also be submitted in writing by petition signed by a least 10% of the voting members of the Medical Staff no later than ten days before the election. In order for a nomination to be placed on the ballot, the candidate must meet the qualifications in Section 3.B of these Bylaws, in the judgment of the Nominating Committee, and be willing to serve. Nominations from the floor will not be accepted.

### **3.B. ELIGIBILITY CRITERIA**

Only those members of the Active Staff who satisfy the following criteria initially and continuously shall be eligible. They must:

- (1) be appointed in good standing to the Active Staff, and have served on the Medical Staff for three years;
- (2) be certified by an appropriate specialty board or possess comparable competence, as determined through the credentialing and privileging process;
- (3) have no pending adverse recommendations concerning Medical Staff appointment or clinical privileges;
- (4) not presently be serving as a Medical Staff officer, Board member, or department chief at any other hospital outside of Hartford HealthCare and shall not so serve during their terms of office;
- (5) be willing to faithfully discharge the duties and responsibilities of the position;
- (6) have experience in a leadership position, or other involvement in performance improvement functions, for at least two years; and
- (7) have demonstrated an ability to work well with others.

## ***From the Hospital President***

***Dr. Stu Markowitz, Senior VP, HHC, and Hartford Region President***

### **Come Hear Consumer Reports' Dr. John Santa Speak About OpenNotes**

**Tuesday, September 27 at 6 p.m. in Gilman Auditorium**

Dr. John Santa, director of the Consumer Reports Health Ratings Center, will speak on Tuesday, September 27 at 6 p.m. in Gilman Auditorium about OpenNotes, an national initiative to give patients access to the ambulatory notes written by doctors, nurses and other clinicians after a clinical appointment or discussion.

Hartford HealthCare plan to adopt OpenNotes, allowing patients to see their clinical documentation, within the next 6-12 months via the MyChartPlus portal. This program is now in more than 50 organizations in 35 states, reaching 10 million patients.

Patients have a right, by Federal Law, to read notes that clinicians write, and 99% of patients want the option to access their notes. Research shows that by reading notes, patients remember more of what is discussed; feel more in control of their care; feel increased trust and retention; and are more compliant with medications and treatment plans.

Twenty percent of providers are initially reluctant to share notes, but find it increases their efficiency; helps prevent medical errors and improve safety; promotes communication and engagement with patients; and helps patients improve management of chronic conditions. After implementation, clinicians note that their overall workload is not affected.

To join the meeting externally:

1. **Go to:** <https://meet.hhchealth.org/hhc/>
2. **Enter** meet.spencer.erman
3. **Enter** Your Name
4. **Select** Guest

**To join internally:**

1. Click on the HHC VMR icon on your desktop

2. **Enter** meet.spencer.erman
3. **Voice Only: 860-972-6338, 05840#**

Please plan on attending, and bringing your questions and concerns. Questions: [spencer.erman@hhchealth.org](mailto:spencer.erman@hhchealth.org)

## Top News

### Dr. Mark Alberts Named physician-in-chief at the HHC Neuroscience Institute

Dr. Mark J. Alberts, a nationally renowned physician leader, educator and healthcare executive, is set to start as physician-in-chief at the Hartford HealthCare Neuroscience Institute and chief of neurology at Hartford Hospital. Dr. Alberts will also provide leadership as Chief of Neurology at Hartford Hospital. He will begin his new role in early 2017.

Dr. Alberts is respected for his research, publications and lectures throughout the world at major medical meetings. He has earned national recognition throughout his career, including a Neurologist Pioneering Award from the Society of Vascular and Interventional Neurology. He also received acclaim for helping develop national standards for hospitals to qualify as stroke centers.

Dr. Alberts comes to Hartford HealthCare from the University of Texas Southwestern Medical Center in Dallas, where he is vice chair of clinical affairs and hospital neurology for the Department of Neurology and Neurotherapeutics and medical director of neurology services for UT Southwestern University Hospitals. He has held leadership positions at Duke University Medical Center, Northwestern University Medical School and Northwestern Memorial Hospital in Chicago.

He is a member of The Joint Commission's Technical Advisory Panel on Comprehensive Stroke Centers, a fellow of the American Heart Association and co-chair of the Brain Attack Coalition.

Alberts received his undergraduate degree from Duke University and his medical degree from Tufts University School of Medicine in Boston.

He is a professor of Neurology at UT Southwestern and is board certified in neurology and vascular neurology.

### Join HH's First Dragonology Users Group, and Learn to "Train Your Dragon"

*Come join us in person or by VMR  
September 27, 7 a.m., JB 118*

If you are currently using Dragon, or want to see what it is all about, please attend either in person or via VMR. We will show you how to get the most out of Dragon and Epic.

CareConnect/Informatics is starting a Dragon UserGroup for beginners, intermediate, and advanced level providers and Dragon users.

[Dragonology](#) is an HHC group dedicated to Dragon speech recognition and improving physician and advanced practitioners personal productivity using Dragon and Epic.

- Did you know that Using Dragon, doctors can dictate 150 words per minute-three times faster than using a keyboard?
- Did you know that HHC has over 1260 Dragon users?
- Did you know that you can use Dragon to log into Epic?
- Did you know that you can use Dragon to log into CT PMP and other websites?
- Did you know you can program the Dragon microphone keys to desktop shortcuts like F2?
- Did you know that you can sign charts or open orders without touching the key board?

For questions, please contact [Jeff.Finkelstein@hhchealth.org](mailto:Jeff.Finkelstein@hhchealth.org) or [Lincoln.Abbott@hhchealth.org](mailto:Lincoln.Abbott@hhchealth.org)

**VMR: Meet.lincoln.abbott**  
**VMR Phone: 860-972-6338, code# 10517**  
**VMR using Chrome: Meet.hhchealth.org**

## HealthStream Training Deadline is September 30

Time is running out to complete your HealthStream training. **The deadline is Friday, September 30.**

As part of the annual required learning, all employees are “assigned” compliance and privacy training. As applicable to your role, you may be assigned other training also.

Please set aside some time each week to complete your assignments rather than waiting until September 30.

## Cancer Patients Celebrate Life

Hundreds of former and current cancer patients gathered in Hartford and Meriden September 10 to celebrate their journeys to recovery, and share their experiences with others who have walked the same path.

At the annual “Celebrate Life” Survivors Day gathering at the Hartford Marriott, more than 300 patients who have received care at the **Hartford HealthCare Cancer Institute at Hartford Hospital** enjoyed a ceremony highlighted by keynote speaker Gina Barecca, a noted humorist, author, columnist and University of Connecticut professor who emphasized the importance of a sense of humor.

“A sense of humor will help you survive because as we all know, tomorrow is promised to no one,” said Barreca, who spoke about the devastation she felt when her mother died of cancer while still in her 40s. Mixing a sense of tragic loss with uproarious humor, Barreca shared stories of her upbringing in Brooklyn and how her tight-knit family helped her keep her sense of humor despite the heartache of her mother’s loss.

The celebration also featured words of welcome from leaders within the HHC Cancer Institute, including Andrew Salner, MD, medical director of the Helen & Harry Gray Cancer Center at Hartford Hospital, and Donna Handley, vice president of operations for the Cancer Institute.

## Universal Flu Prevention

Every individual who works, learns and volunteers at HHC is required to receive a flu shot or an approved medical or religious exemption by Nov. 1.

The deadline for submitting medical or religious exemption in Oct. 1. Individuals with existing religious and medical exemptions do not need to reapply.

The use of FluMist nasal spray vaccine no longer satisfies there HHC influenza vaccine requirement because it has been show to be ineffective.

Questions may be addressed to [fluguru@hhchealth.org](mailto:fluguru@hhchealth.org).

To learn more visit the [Flu Prevention](#) page of HHC Connect, <http://hhconnect.org/flu>

## *Excellence*

## Hartford Hospital Recognized by the American College of Surgeons

Hartford Hospital and Backus Hospital have been recognized for achieving meritorious outcomes for surgical patient care in 2016 by the American College of Surgeons National Surgical Quality Improvement Program (ACS NSQIP).

The ACS NSQIP recognition program commends a select group of hospitals for achieving a meritorious composite score related to patient management, determined through a weighted formula combining eight clinical outcomes:

- Mortality
- Cardiac: cardiac arrest and myocardial infarction
- Pneumonia
- Unplanned Intubation
- Ventilator > 48 hours

- Renal Failure
- SSI: superficial incisional SSI, deep incisional SSI, and organ/space SSI
- UTI: urinary tract infection

Participating hospitals are required to track the outcomes of inpatient and outpatient surgical procedures and then analyze their results. These results direct patient safety initiatives within the hospital and impact the always improving quality of surgical care.

A total of 61 out of 615 hospitals achieved this distinction.

## Dr. Paul Thompson Speaks in Rome

**Dr. Paul Thompson**, physician co-director of the Hartford HealthCare Heart & Vascular Institute, presented a State of the Art lecture at the European Society of Cardiology's Annual Meeting in Rome on August 29.

Dr. Thompson addressed "Managing Adult Athletes with Coronary Artery Disease."

## In The Poverty Of Peru, A Hartford Medical Mission Finds A Home

The Hartford Hospital cafeteria might seem like an unlikely venue for a revelatory conversation, but there sat Dr. Subramani Seetharama in 2007 when his dining partner, Dr. Andrew Wakefield, started talking about a recent volunteer trip to provide professional care for Peru's underprivileged.

"I grew up in India," says Dr. Seetharama, a physiatrist and medical director of Hartford HealthCare Rehabilitation Network. "I have seen poverty. I have seen disabilities. I have seen people who have no access to health care, so it was not a shock to my system. It was something I always wanted to do. I just jumped into it."

Like Dr. Wakefield, a Hartford HealthCare neurosurgeon, Dr. Seetharama has developed a deep devotion to [Dreaming & Working Together](#), an organization founded in 2005 by Hernando Garcia, a consumer service analyst in Hartford Hospital's health information management department. What started as Garcia's simple, solitary mission of collecting recyclables and using the redemption funds to purchase fans and air conditioners for medical facilities in his native Peru has evolved into a coordinated plan offering necessary surgeries, devices and other medical services.

[Read more here.](#)

## The September issue of Network News

**This month:** Ten things you need to know about the flu and ways to prevent it.

Also:

1. The Human Resources support services department has moved. Find out where.
2. A round-up of top news from our [HHC Connect](#) intranet.
3. By the numbers: Learn about the success of the Weight Watchers program for employees at HHC.
4. Mark J. Alberts, MD, FAHA has been named the new physician-in-chief of the HHC Neuroscience Institute

[Read it here](#)

## In Memoriam: Patrick Murray, manager of Diabetes LifeCare

Patrick Murray, RN CDE, manager of Diabetes LifeCare died suddenly on September 3. He was a dedicated nurse at Hartford Hospital for 27 years and has impacted many lives, both patients and colleagues. His death deeply affects all of us at DLC and Hartford Hospital.

A memorial service will be held **Friday, September 23**, at noon in Heublein Hall. If you would like to share a reflection or thought about Patrick to be used during the ceremony, please email them to [nicole.dunn@hhchealth.org](mailto:nicole.dunn@hhchealth.org).

## Head of Hartford HealthCare Cancer Institute looks to increase participation in clinical trials

Dr. Peter Paul Yu has wanted to be a doctor since he was six-years-old, and now he is bringing that dedication to medicine to Connecticut.

He is the first physician-in-chief of the Hartford HealthCare Cancer Institute, which was recently recognized as a top oncology program by Becker's Hospital Review.

In this [Healthier Connections](#) report, brought to you by Hartford HealthCare, Sarah Cody introduces us to the former president of the American Society of Clinical Oncology, who believes we are poised to make tremendous strides in the fight against cancer.

New treatments are often the result of vitally important clinical trials. Yet, according to a recent survey, only 4% of people with cancer in the U.S participate in these trials, a fact that Yu wants to change.

<http://fox61.com/2016/09/14/head-of-hartford-healthcare-cancer-institute-looks-to-increase-participation-in-clinical-trials/>

## Foundations of Trust: Connecting Our Community to Research

October 25 and 26

Hartford HealthCare and The Office for Human Research Protections (OHRP) are hosting a Research Community Forum on Tuesday and Wednesday, October 25 and 26, at the Hartford Marriott Downtown Hotel in Hartford, Connecticut. This will be a two day event full of exhibits, keynote presentations, interactive workshops and networking at its finest.

**Tuesday, October 25** features a symposium style format focused on ethical issues of engaging community participation in research. The keynote speaker Camille Nebeker, Ed.D., M.S., is considered an expert in applying human research ethics in emerging technologies. Her presentation for this event is: "Connected and Open Research Ethics: Ethical Research Using Personal Health Data." Several break-out sessions are available in various topics including: the impact of recent federal updates, community engaged participatory research, patient powered research as well as mobile health engagement.

**Wednesday, October 26** is a workshop-style interactive day providing an opportunity for the research community to engage with staff from the Federal Office for Human Research Protections (OHRP). This program will explore various key aspects of human research protection including the direct perspective of former participants.

*This event has been approved for CME and CIP credits.*

[Click here for more information.](#)

## The Hartford Healthcare Cancer Institute Presents: The Basics of Bone Marrow Transplant Lecture Series

6-7 p.m., Hartford Hospital Cancer Center, Taylor Conference Rooms

**Sept. 23: Optimal Work-up for HCT Patient**

Memorial Sloan Kettering Cancer Center Lecturer to be announced

**Oct. 24: Post-transplant Care for Autologous HCT Recipients: Can We Bring Patients Back Home Earlier?**

Memorial Sloan Kettering Cancer Center Lecturer to be announced

**Nov. 28: Post-transplant Care for Allogeneic HCT Recipients: Can We Bring Patients Back Home Earlier?**

Memorial Sloan Kettering Cancer Center Lecturer to be announced

The lecture can also be viewed via videoconference ([meet.cancer@video.hhchealth.org](mailto:meet.cancer@video.hhchealth.org)) at the following locations:

- Backus Hospital, MOB Conference Room
- MidState Medical Center, Conference Room IV
- The Hospital of Central Connecticut Cancer Center, Conference Room A
- Windham Hospital, Johnson Room

Lectures are CME-eligible. For more information, please contact Andrea Dash at [Andrea.Dash@hhchealth.org](mailto:Andrea.Dash@hhchealth.org).

## **SAVE THE DATE: 32nd Annual Cardiovascular Symposium**

**October 5**

7:30 a.m.-3:30 p.m.

Connecticut Convention Center, Hartford

Information and registration: [harthosp.org/CVSymposium](http://harthosp.org/CVSymposium)

Please register for this event by calling 1.855.442.4373.

## **SAVE THE DATE: DPH Mandated Education for Physicians**

**October 15**

Backus Hospital will be sponsoring a State Mandated Lecture Series on Saturday, October 15, beginning at 8 a.m. This all-day program will include one hour lectures on each of the DPH mandated lectures for re-licensure for physicians.

Topics covered will be Risk Management, Sexual Abuse, Domestic Violence, Infectious Disease, Pain Management, Mental Health, and Culture Competence.

All disciplines and provider levels are invited regardless of hospital affiliation. Please look for additional information to follow.

## **SAVE THE DATE: Foundations of Trust: Connecting Our Community to Research**

**October 25-26**

Hartford HealthCare is sponsoring a national conference with OHRP entitled "Foundations of Trust: Connecting Our Community to Research."

Tuesday, October 25 features a symposium-style format focused on ethical issues of engaging community participation in research. The keynote speaker Camille Nebeker, EdD, MS, is presenting: "Connected and Open Research Ethics: Ethical Research Using Personal Health Data." Break-out sessions include: Federal, Community Engaged Participatory Research and Mobile Health Engagement tracks.

Wednesday, October 26 is a workshop-style interactive day providing an opportunity for the research community to engage with our federal partners from OHRP. This program will explore various key aspects of human research protection including the direct perspective of former participants.

We look forward to engaging all our colleagues and research partners in this exciting event occurring in Hartford.

Click the link to view the symposium website and register: <https://hartfordhealthcare.org/symposium>

FOR MORE INFO email [research@hhchealth.org](mailto:research@hhchealth.org) or call 860.972.1255 or visit <https://hartfordhealthcare.org/symposium>

## **SAVE THE DATE: 2nd Annual Blood Management Symposium**

**Friday, Nov. 11, 7 a.m.-3:30 p.m., Heublein Hall**

CME credits are pending. A brochure and registration form will be sent out shortly.

For any questions, please contact Erica Thompson at 860-972-5766.

## ***Accepting New Patients? We Can Help***

### **Help New Patients Find You**

Hartford HealthCare offers physicians a free powerful tool to help reach potential patients. The system-wide "Find A Doctor" search feature on our website helps potential patients connect with appropriate physicians when they need care.



Patients' searches lead to doctors' online profiles, which are based on information physicians provide to the Medical Staff Office. Details on education, specialty, office locations, languages spoken, biography and any promotional videos are displayed, helping patients make vitally important decisions in choosing a physician.

The HHC Planning and Marketing team is committed to making sure this online information is correct. Please spend a few moments reviewing your profile at [HartfordHealthCare.org/verify](http://HartfordHealthCare.org/verify). Click the "Physician Feedback Form" on the right hand side of your profile to submit changes.

You will need your NPI number to verify your identity. The "Accepting New Patients" filter is set as the default to help patients connect with physicians who are taking new patients. If you are no longer accepting new patients, please let us know. Changes to your profile will be made within three business days.

## Operational Update

### Save the Date for the 2017 Black & Red Benefiting Neuroscience

Save Saturday, January 28, 2017, for Hartford Hospital's annual gala, the Black & Red. The Hartford HealthCare Neuroscience Institute at Hartford Hospital will be honored at the event, which will feature entertainment by Fitz & The Tantrums.

Funds raised through the 2017 Black & Red will help create the platform to further enhance the research and outcome measurements that will elevate the breadth and depth of neuroscience services in Connecticut. Tickets for the hospital's signature fundraiser will go on sale in the coming months.

See our Sponsorship Opportunities Guide to find out about all event sponsorship options. The deadline to sponsor is Friday, December 16. For questions, contact Carla Burgess, director of development, at [carla.burgess@hhchealth.org](mailto:carla.burgess@hhchealth.org) or (860) 972-1932. For event updates, visit [giving.harthosp.org/blackandred](http://giving.harthosp.org/blackandred).

### General Internal Medicine Meeting-Save the Date

**November 1, 5:30-8:30 p.m.- Pond House Cafe, West Hartford**

*"The surge of Aedes, Aegypti and Mers: Vector-borne diseases" - Dr. Jack Ross*

Dinner will be provided.

Hartford Hospital is accredited by the Connecticut State Medical Society to provide Continuing Medical Education for Physicians. Hartford Hospital designates this live activity for a maximum of 1.5 AMA PRA Category 1 credit (s). Physicians should claim only credit commensurate with the extent of their participation in the activity.

### Reminder! Do Your ALICE Armed Intruder Training

**Deadline extended to December 31.**

Link to training: <http://hhchelp.hhchealth.org/kinetic/login.jsp>

### Educational Events and Programs Calendar Available

[Click here to download.](#)

The Hartford Healthcare Cancer Institute has published an Educational Events and Programs Calendar listing all programs and support groups available this fall.

### Patients in Need of Financial Assistance

Do you know a patient who is in need of financial assistance?

Hartford HealthCare can provide help to patients in need. Learn more about the program and how to assist patients on HHC Connect: <https://intranet.hartfordhealthcare.org/inside-hhc/patient-support>

## Remind a Colleague: Wash In, Wash Out

All health care workers and patients should feel comfortable reminding any other health care worker to sanitize regardless of their role. This should always be done in a courteous and constructive manner. All health care workers should respond courteously and gratefully when reminded.

If you remind another health care worker to sanitize, and he or she responds with irritation or hostility, please notify their department chief, [Dr. Jack Greene](#) or [Dr. Jack Ross](#), who will communicate with them to prevent recurrences.

## Improving Doctor-to-Doctor Communication: TigerText

### A Free Tool To Help You

We all want to do what is best for our patients. Problems in communication between hospital providers, consultants, and community providers has been identified as a major source of dissatisfaction for both patients and physicians. And it can lead to gaps in patient care.

Hartford Hospital has invested in a tool to help providers improve communication. It is a HIPAA compliant texting service called TigerText, and we are offering it to the medical staff at no charge.

TigerText allows a provider to send brief text messages, with patient identifiers, to another provider on the system. Examples of texts include quick reports of a procedure, notification of discharge, questions about medications, etc. There is an option to alert people if you are on vacation, and the notices that are sent are marked as read when they are opened by the recipient.

We are anxious for all of our Medical Staff to enroll in this free application. It is VERY easy to use, even for those of us who have problems with new technology. We urge everyone to register and get on this useful and HIPAA compliant system today-it will make your job easier and improve patient safety.

- Here is a TigerText Request form with directions on how to get TigerText: [You can download the form here](#)
- For further help with this, feel free to contact [John.Rogalsky@hhchealth.org](mailto:John.Rogalsky@hhchealth.org) (860-972-3207).
- Any problems not resolved by the TigerText Help line can be referred to [Dr. Marc Palter](#) at [Marc.Palter@hhchealth.org](mailto:Marc.Palter@hhchealth.org).

### TigerText Support

For Hartford Hospital users, TigerText support can be obtained by calling the Hartford HealthCare help desk at 860-545-5699 and choosing option #6; or by calling TigerText Pro support directly at 650- 564-4722.

For issues related to password recovery, a helpdesk call is required and will be routed to the Mobility team.

## Hartford Hospital Media Coverage

### Media Coverage Wrap-Up

**Dr. Virginia Bieluch** did a live interview on WTIC AM radio to provide an update on the Zika Virus. <http://bit.ly/2cGVLrR>

**Dr. Linda Durst** was on WTIC AM radio to talk about Suicide prevention and the events planned at Hartford Hospital for Suicide Prevention Week: <http://bit.ly/2bX7z9D>

**Dr. Jonathan Gates** was interviewed on NBC CT as a follow-up to the porch collapse at Trinity College, about what it means to be a level I trauma center, how multiple patients are treated at once and what types of injuries that are seen in an event like this incident. <https://youtu.be/8ADoib36I>

Dr. Jim O'Dea was interviewed on FOX 61 after Bruce Springsteen revealed in Vanity Fair his battle with depression. <https://youtu.be/dSCDKhhmx54>

Dr. Jack Ross did an interview on NBC CT about Flu vaccines. <https://youtu.be/rJh4I9q1IOg>

FOX 61 covered the flag-lowering ceremony last week to remember those lost to Suicide for World Suicide Prevention Week. <https://youtu.be/KSUNvqpm5S8>

## Connect to Healthier on NBC-CT

HHC's two-minute "Connect to Healthier" segment airs each Sunday at 9:20 a.m. and it's posted fresh each Monday on HHC Connect, our Intranet.

- **Hartford Hospital Global Health Initiative** and the great volunteer work of our staff: August 20. <https://youtu.be/0voGcxXsA1I>
  - A FAMILY IS THANKFUL TO THE LIFE-SAVING TEAM AT HARTFORD HOSPITAL AFTER THEIR FATHER COLLAPSED AFTER A RUPTURED ABDOMINAL AORTIC ANEURYSM. <https://youtu.be/rkcGMtLju-s>
  - **Total Shoulder Outpatient Surgery** - Roy Davidson had the region's first total shoulder outpatient surgery. He did not stay overnight, but had surgery and was able to go home the same day. His story highlights newer options in surgical pain treatment; many patients have to stay in the hospital for pain control, but newer, longer-lasting nerve blocks mean fewer prescriptions for potentially addictive narcotics. Those who are candidates for this kind of surgery are able to go home sooner. This two-minute segment airs each Sunday on NBC-CT at 9:20 a.m. [Watch it here.](https://youtu.be/VoiE7VWeUXU)
  - **Errace** - "Everyone Run/Ride Against Cancer Every Day." Together, Dr. Andrew Caputo and his wife Allyson launched the ERRACE organization to raise awareness and money for cancer rAugust 28.
  - **Nerve blocks for headache** - Kate Wizeman is pregnant with her first child, but migraine pain made pregnancy unbearable. She went to six different doctors seeking help when she finally met HHC headache specialist **Dr. Brian Grosberg**, who gave her a new option: nerve blocks. [Watch it here.](#)
  - **TAVR** - Dr. George Paul was too frail for open heart surgery but had severe aortic stenosis that was causing his heart to fail. He was one of Hartford Hospital's first patients to undergo TAVR, a minimally invasive choice for valve replacement. Four years later, Dr. Paul is an active 97 year old who appreciates his second chance at life. [Watch it here.](#)
  - **A Grateful Patient** - John Myers didn't know that his heart was failing. In just nine days, he survived two heart attacks and would undergo quadruple bypass surgery at Hartford Hospital. Watch him read a special poem to the team at cardiac rehab that helped him through such a difficult time. [Watch it here.](#)
  - **NAVY MEDICAL OFFICERS TRAIN AT HARTFORD HOSPITAL** - Medical Officers with the U.S. Navy could train anywhere in the world... and they choose Connecticut. Four times a year, medical officers with the US Navy head to Hartford Hospital and the Center for Education, Simulation and Innovation... or CESI. [Watch it here.](#)
  - **Don't let Parkinson's hold you back.** How dancing can help!  
<https://hartfordhealthcare.org/services/movement-disorders-center/service-locations>
  - **Hartford HealthCare at Home** Opens Doors in Bloomfield  
<https://hartfordhealthcare.org/about-hartford-healthcare/news-press/hhc-at-home-opens-in-bloomfield>
- Can texting save lives? You can help. Become a volunteer!  
<http://www.crisistextline.org/join-our-efforts/volunteer/>
- **HHC plain language initiative** and helps it make sense to an external audience:  
<https://www.dropbox.com/s/h7rdmaf027b1bph/060816%20CTH%20Plain%20Language%202.mov?>

## Upcoming News Service Content; Share Your Stories

The Hartford HealthCare News Service is actively creating content with media partners across the state. Please let us know if you have great patient stories to share. Share your stories with us so we can share them to a wider audience.

### [Connect to Healthier](#)

Sundays in the 9 a.m. hour, we broadcast a two minute health segment on NBC CT.

### [Medical Rounds](#)

Partnership with WFSB. Weekly live interview from the HHC studio at 5:45 p.m.

### [HealthCare Matters radio program](#)

Every month, Elliot Joseph highlights an important health care related topic with nationally recognized experts on CBS affiliate WTIC-am, NewTalk 1080, Connecticut's largest and most popular talk radio station

### [Healthier Connections](#)

Monthly partnership with FOX CT.

### [CT STYLE](#)

Monthly partnership with WTNH.

HHC YouTube page: <https://www.youtube.com/user/HartfordHospitalCT>

[Link to contact information across the system: Hartford HealthCare Media Relations Team](#)

## Voices of Our Patients

### Kudos to Drs. Rachana Kanaujia and April Goller

*To Dr. Kanaujia, Dr. Goller, CJ, Ann Marie, Kristina, Heather, Shelbie, Lauren, Kate, Jenna, Sue, Syy, Rosa, Oma, Gosha, Carla, Demi, Shelby, Swascha, Alex, Shallom and Pamela from housekeeping,*

*To everyone on the third floor of the Conklin Building, we send you all a HUGE THANK YOU for your care.*

*You all are very special people and your care and concern and personalities made our stay bearable. My husband had his favorite who even got him to sing "good morning!" You made his day.*

*Thank you one and all.*

## CME Applications

### Interested In Hosting a CME Event?

In order to ensure that your educational event meets the standards established by the ACCME and the CSMS, the HH CME department has established the following deadlines for submission of CME applications.

*To ensure a timely review of your application, we strongly recommend advance planning for all events.*

- Complete applications for a recurring series such as Grand Rounds must be submitted **at least 4 weeks prior** to the planned activity.
- For a conference, course, or symposia, a complete application must be submitted **at least 12 weeks prior** to the event. We strongly encourage activity planners to contact the HH CME department at least 6 to 12 months prior to the date of the course in order to begin the planning process.

We have developed educational resources to assist planners with the application process. Please contact the HH CME office at [ContinuingEd@HHHealth.org](mailto:ContinuingEd@HHHealth.org) or (860) 972-5816 to schedule an appointment with our team to discuss your CME needs.

## State Mandated CME Renewal Available Free To HH Doctors through HealthStream LMS

State mandated CME for physician license renewal is available free on the Hartford Hospital HealthStream Learning Management System.

You will need your Employee ID to access HealthStream. If you need the CME Programs, but do not have a HealthStream ID, a Temporary ID can be provided for you.

Please email [HealthStream@HHHealth.org](mailto:HealthStream@HHHealth.org) and request an ID and password for CME Courses. You will receive an email with the ID, password and instructions for accessing the courses.

To access HealthStream, use the link from the intranet, or click [here](#). Once you login, click on the Catalog tab and search for CME to view the available courses.

Once you have passed the post-test and evaluation, you will be awarded a printable CME certificate. Your CME will also be maintained and easily self-service accessed on the HealthStream site, should you need a copy in the future.

Please note that your Risk Management required activities through MRM will provide your Risk Management CME.

## HH In the News

### Connecticut Hospitals Wake Up To The Need For Sleep

*Hartford Courant: Sept. 6*

Clattering carts, overly bright lights and frequent disruptions make hospitals a tough place to get a good night's sleep. But now, hospitals across Connecticut are launching efforts to help patients sleep longer and better.

**At Hartford Hospital**, where noise levels sometimes resembled airport runways, they've eliminated overhead paging on patient floors except in true emergencies.

There's no question that sleep matters for recovery and health. Patients who don't get enough sleep heal more slowly, have decreased immunity and pain tolerance, higher rates of anxiety, and are more likely to experience confusion and delirium.

Hospitals nationally are also waking up to the need to prioritize patient sleep as part of the broader shift toward patient-centered care, and also because of a federal program that penalizes hospitals for substandard performance scores in patient surveys. Traditional nighttime and early morning interruptions to suit the schedules of busy labs and doctors are now seen as counter to the medical needs of patients.

**At Hartford Hospital**, where images of the night sky and a mock traffic light dubbed the "Yacker Tracker" remind staff and visitors to keep their voices down, officials admit that patients are still occasionally subjected to sounds as loud as a disco or nearby thunderclap.

**At Hartford Hospital**, where patients frequently complained about excessive noise, the first step was figuring out which sounds were most annoying. A little research revealed the worst noise culprits: overhead PA systems, beeping alarms, loud staff and visitors, hard-of-hearing patients blasting their televisions, equipment with squeaky wheels and slammed lids on linen carts, said Christine Waszynski, a geriatric nurse practitioner who led improvement efforts.

The hospital set up an interdisciplinary committee to address the concerns, Waszynski said. Now hallway lights are dimmed at 8 p.m., patient doors are closed when possible, free headphones silence the din from TV sets, there's a mid-afternoon quiet hour on the maternity floor, noisy equipment has been replaced and the grounds crew has stopped cutting grass at 5 a.m.

Since the changes were implemented in 2013, patient satisfaction ratings on noise levels have doubled, said David Fichandler, strategic experience adviser at **Hartford Hospital**.

[Read more here](#)

## ***In the HHC System***

### **Malloy extends moratorium on hospital mergers in Connecticut**

**New Haven Register, Sept. 7**

Gov. Dannel P. Malloy has extended the moratorium on hospital mergers for five months in an update of his executive order on a review of the certificate of need process.

A large group of appointed representatives of the hospitals, doctors, insurers, advocates and state officials have been meeting since last February studying the CON process.

It was told to determine if the process needs to be changed to align with state and federal health care reform efforts, while also ensuring transparency, competition and consumer protection.

The task force was originally supposed to send its final report to Malloy by Dec. 1. He has extended that to Jan. 15, 2017. The moratorium on CON applications has also been extended from Jan. 15, 2017 to June 30, 2017.

The governor's office said the time extensions are needed to give the task force enough time in order to conduct a "fair and thorough evaluation" of the process and the Department of Health "more flexibility with respect to determinations on pending applications."

The definition of which hospitals are impacted by the order is narrowly drawn with the Yale New Haven Health System and Hartford Healthcare the only two that fit the definition on a delayed merger decision.

An application where Lawrence + Memorial Hospital Corp. in New London would merge with the Yale New Haven Health System was submitted to the state in 2015 and is still pending.

Vincent Petrini, a spokesman for Yale New Haven Health System, said they are in the process of reviewing the order and did not have a comment at this time.

[Read more here.](#)

### **Construction progresses on new \$6.5 million Southington medical building**

**Record Journal, Sept. 7**

Construction of the new Hartford HealthCare medical building on Queen Street is about 25 percent complete, according to officials.

Work on the \$6.5 million, 45,000 square foot building at 462 Queen St. started nearly a year ago and is expected to be completed in spring.

The Knights Inn and two other buildings were demolished to make room for the medical building, which will offer primary care, imaging, physical therapy, behavioral health, endocrinology, and home care services, said Hartford HealthCare spokesperson Shawn Mawhiney.

The space will "better allow us to meet the community's healthcare needs," Mawhiney said in an email. "This \$6.5-million project is part of Hartford HealthCare's continued commitment to ensuring that the Southington community has access to the latest and best state-of-the-art healthcare services."

Town Manager Garry Brumback said the new building will be a "complement to the emergency department" at Bradley Memorial Campus, also part of Hartford HealthCare's network.

Hartford HealthCare originally planned to use the Queen Street location for a new emergency room, but changed plans after town officials and residents asked for the emergency room to remain at the Bradley campus, formerly Bradley Memorial Hospital.

"A lot of the rumors are that they're trying to close Bradley and move it (to Queen Street)... everything that I've been told and led to believe is that it's not true," said Brumback.

Brumback mentioned that the new building, located off Exit 32 of Interstate 84, can help service both Southington residents and neighboring communities.

"I think at the end of the day it's a great thing," Brumback added. "It's important for the community, now that Hartford HealthCare is committed to keep Bradley open, that we support Bradley. If there is care that is provided there that meets your needs, use Bradley."

[Read more here.](#)

## Health Care News In the Region

### [Independent monitor to oversee L+M-Yale New Haven affiliation](#)

The Day, Sept. 9

The region's largest health care provider will become part of the even larger Yale-New Haven Health network under conditions regulators have never before imposed on the state's hospitals.

Under the affiliation agreement between Lawrence + Memorial Healthcare and Yale-New Haven approved by the state Office of Healthcare Access on Thursday, the two hospital networks will be overseen by an independent monitor who will set caps on price increases and verify compliance with the requirements for maintaining services, capital investments and other areas.

The monitor must be hired within 60 days for a two-year contract that can be extended another year, with expenses paid by Yale-New Haven. The monitor will report to OHCA.

The law places hospitals under greater scrutiny during the transition period after an affiliation is approved to ensure that patient costs and services are maintained and financial requirements are met.

That law also was not in effect when the region's other major health care provider, **The William W. Backus Hospital in Norwich, joined the Hartford HealthCare network in 2012.**

## Hot Topics in Health Care

### **The 'engage me' generation: 16 things to know about baby boomers & healthcare**

The influx of baby boomers reaching retirement may pose challenges for the healthcare landscape. Here are 16 things to know about baby boomers and healthcare.

[Read more here.](#)

### **Study: Hospital ownership of physician practices rises 86% in three years**

Hartford Business Journal, Sept. 7

The number of physician practices owned by hospitals and health systems rose 86 percent between 2012 and 2015, according to results released today from a study prepared by Avalere Health.

By mid-2015, 38 percent of U.S. physicians were employed by hospitals and health systems, according to a news release from the Physicians Advocacy Institute (PAI), which released the findings. There were almost 50 percent more physicians employed by hospitals and health systems in 2015 than in 2012, it said.

Acquisitions of physician practices typically involve the acquisition of the services of multiple physicians through employment contracts, as well as the practice's physical building and equipment, PAI said.

PAI said it studied the trends to better understand how the changes affect the practice of medicine for physicians and also implications for patients and the wider healthcare system.

Another PAI analysis developed by Avalere earlier this year found Medicare payments for three common services are up to three times higher when performed in a hospital outpatient department instead of a physician-owned office.

The analysis found hospitals' employment of physicians and ownership of practices rose dramatically in every region of the U.S. In the Northeast, hospitals' employment of physicians rose approximately 58 percent from 2012 to 2015. Over that same time frame, hospitals' ownership of practices rose approximately 106 percent in the Northeast.

"Regardless of where they live, physicians who want to remain in private practice are under tremendous pressure," Robert Seligson, PAI president and CEO of the North Carolina Medical Society, said in the release. "Payment policies from governmental agencies and health insurance companies heavily favor large health systems and make it challenging for independent physician practices, especially smaller practices, to survive."

[Read more here](#)

## Coming Events

### Hartford Hospital Auxiliary Benefit Golf Tournament

September 19 (Monday)

The 27th annual Hartford Hospital Auxiliary Benefit Golf Tournament will be held on **Monday, September 19**, at Tumble Brook Country Club in Bloomfield.

This year's beneficiary is the Department of Nursing Education and Research. For more information about the golf tournament or to make a donation the silent auction and raffle, please contact Lori Flaks at [lbflaks@yahoo.com](mailto:lbflaks@yahoo.com) or Amy Steinberg at [asteinberg74@gmail.com](mailto:asteinberg74@gmail.com).

### SAVE THE DATE: October 25-26: "Foundations of Trust: Connecting Our Community to Research."

Hartford HealthCare is sponsoring a national conference with OHRP entitled "Foundations of Trust: Connecting Our Community to Research."

We look forward to engaging all our colleagues and research partners in this exciting event occurring in Hartford.

Click the link to view the symposium website and register: <https://hartfordhealthcare.org/symposium>

### The Hartford Medical Society Presents "Civil War Hospital Newspapers"

October 26 (Wednesday)

Presented by Dr. Ira Spar

Town and County, 22 Woodland Street, Hartford

5:30 p.m. Registration & Cocktails (cash bar)

6:15 p.m. Dinner, followed by program

Registration is \$20/member, \$35/guest or non-member, and includes cash bar, dinner, and presentation. If you have questions please call the HMS office at (860) 586-7573.

### General Internal Medicine Meeting

Save the Date- November 1

Pond House Cafe



"Zika virus and new emerging bacteria"

Dr Jack Ross- Dinner Provided

## **Department of Medicine 2nd Annual Blood Management Symposium**

**Friday, Nov. 4, 7 a.m.- 4 p.m.**

**Heublein Hall**

No charge. Light breakfast and lunch will be served.

**5 hours CME for medical professionals**

To register, call 1.855.HHC.HERE

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