

September 2, 2018

# Seymour Street Journal



What's news...

## Critical Information

*Everything you need to know*

### **Call for Nominations for At-Large Members of the MEC 2018**

In November 2018, we will be holding an election for (3) at-large members of the Medical Executive Committee.

These are the three members whose seats are up for election: Heather Einstein, MD, Obstetrics & Gynecology; Michael Golioto, MD, Medicine/Gastroenterology; and Peruvamba Venkatesh, MD, Medicine/Internal Medicine.

If you are interested in running or would like to nominate a colleague, please submit the name with a brief statement outlining the reasons for the nomination to Cathleen Aquino in the Medical Staff Office by September 17, 2018.

Names will be submitted to the Nominating Committee. All nominees meeting the eligibility criteria will be submitted as candidates and their names and statements will be sent to the voting members of the medical staff by email at least 30 days prior to the election and will be posted in the Seymour Street Journal. Nominations may also be submitted in writing by petition signed by a least 10% of the voting members of the Medical Staff no later than (10) days prior to the election.

All nominees must meet eligibility criteria outlined in Section 3.B. of the Medical Staff Bylaws (see below).

#### **3.B. ELIGIBILITY CRITERIA**

Only those members of the Medical Staff who satisfy the following criteria initially and continuously shall be eligible to serve as an officer of the Medical Staff, unless an exception is recommended by the Medical Executive Committee and approved by the Board. They must:

1. be appointed in good standing to the Active Staff, and have served on the Medical Staff for three years;
2. be certified by an appropriate specialty board or possess comparable competence, as determined through the credentialing and privileging process
3. have no pending adverse recommendations concerning Medical Staff appointment or clinical privileges

4. not presently be serving as a Medical Staff officer, Board member, or department chief at any other hospital outside of Hartford HealthCare and shall not so serve during their terms of office
5. be willing to faithfully discharge the duties and responsibilities of the position;
6. have experience in a leadership position, or other involvement in performance improvement functions, for at least two years; and
7. have demonstrated an ability to work well with others.

All such individuals are encouraged to obtain education relating to Medical Staff leadership, credentialing, and/or professional practice evaluation functions prior to or during the term of the office.

The Medical Staff Office will be forwarding an email with a description of the required duties of the Medical Executive Committee. Please contact the Medical Staff Office for more information.

### **Join us at the Medical Staff "End of Summer Event"**

*September 21 from 6 to 9 p.m., New Britain Museum of American Art, 56 Lexington Street, New Britain*

Join your colleagues from the Hartford Hospital Medical Staff on Friday, September 21, for an amazing evening at the New Britain Museum of American Art.

You and your guest are invited to join the Officers and other members of the Hartford Hospital Medical Staff for this special evening as a unique opportunity for members of the Medical Staff to socialize and enjoy each other's company.

You will have exclusive admission to the gallery spaces including the works of Howard Pyle, Frederic Rodrigo Gruger, N. C. Wyeth and Norman Rockwell, to name a few.

The evening will feature appetizers, small plates bursting with bold flavors and sweet endings as well as wine, beer and other beverages brought to you by Riverhouse Catering.

The cost is \$50 per person. To reserve your space:

- by credit card, call Cathleen Aquino at 860.972.6167
- by check, drop off at 85 Jefferson Street, JB 114, or mail to Medical Staff Office, Hartford Hospital, 80 Seymour Street, PO Box 5037, Hartford, CT, 06102-5037.

Please respond by September 7.

### **Dr. Bruce F. Bower Memorial Luncheon**

Dr. Bruce F. Bower passed away peacefully at the age of 84 after a long battle with the Lewy Body variant of Alzheimer's disease in his home in Needham on July 6, 2018 surrounded by his loving family.

A luncheon celebrating his life will be held at the Hartford Golf Club on Saturday, September 29, at 11 a.m. Dr. Bower's family will welcome anyone who knew him and wishes to pay their respects.

Dr. Bower graduated from Vanderbilt University in 1954 and received his medical degree from The Johns Hopkins School of Medicine in 1958. Following his internship and residency at Peter Bent Brigham Hospital in 1960, he did his post graduate work at the National Institute of Health in Kidney and Electrolyte Metabolism and then moved to San Francisco where he studied Clinical Endocrinology at the University of California. In 1965, he moved back to Boston where he completed a senior residency in Internal Medicine at Massachusetts General Hospital and began private practice in Endocrinology at Hartford Hospital.

He served as chief of the Diabetes & Endocrinology Division at Hartford Hospital from 1975 to 2002 and taught at the University of Connecticut School of Medicine from 1986 to 2004. He authored numerous articles for national medical journals and received awards for his medical expertise and patient care. He was awarded Distinction in Clinical Endocrinology from the American Association Clinical Endocrinology in 2004 and Distinguished Clinician from the American Diabetes Association in 2000. In addition to his vast clinical expertise, he was a loving husband and devoted father.

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## Noteworthy and New

*Announcements, news and information*

### **U.S. News & World Report Names Hartford Hospital Best in Metro Area**

Hartford Hospital has been ranked #1 in the Hartford metro area and among the best in Connecticut for 2018-19 by U.S. News & World Report.

The annual U.S. News Best Hospitals rankings, now in its 29th year, recognize hospitals that excel in treating the most challenging patients. This year, Hartford Hospital ranks in two specialties and four procedures.

Read the full story [here](#).

### **Bimal Patel to Chair United Way 2018 Fundraising Efforts**

Hartford HealthCare Senior Vice President and Hartford Hospital President Bimal Patel has been named Chair of United Way of Central and Northeastern Connecticut's 2018 Community Campaign. In his new role as Chair, he will serve on United Way of Central and Northeastern Connecticut's Board of Directors.

Read the full story [here](#).

## **Bariatric Surgery Center of Excellence**

### **Hartford Hospital Approved for New Medication to Treat Brain Hemorrhages**

Hartford Hospital is the only hospital in the state to be approved for a new medication to treat brain hemorrhages or bleeding related to the use of certain blood thinners.

Dr. Mark Alberts, Physician in Chief of the Hartford HealthCare Ayer Neuroscience Institute and Chief of Neurology at Hartford Hospital explains the benefits of this new medication [in a new video](#).

### **29th Annual Hartford Hospital Auxiliary Benefit Golf Tournament**

Join the Hartford Hospital Auxiliary for its 29<sup>th</sup> Annual Golf Tournament at the Tumble Brook Country Club in Bloomfield. The day includes a 10:30 a.m. shotgun start, lunch served on the course, then hors d'ouerves and cocktails, a silent auction, and dinner with awards and a raffle.

Proceeds from this year's tournament will benefit the renovation of Hartford Hospital's family lounges. These areas, adjacent to patient units, will provide our patients and families with an enhanced environment: a place to recharge, rest, meet, talk, read, charge their devices and check in with the world when they are away from home. Patients choose us for our clinical expertise but they remember us for the warmth, concern, and attention to detail we show to them and their families every day.

For more information, check out the tournament brochure [here](#).

### **Save the Date: First Annual Hartford HealthCare Ayer Neuroscience Institute Symposium**

Join the Hartford HealthCare Ayer Neuroscience Institute for "Innovations and Advances in Neuroscience Conditions," focused topics for primary care providers. Sample lectures include treating headache, approaches to back pain, peripheral neuropathy, seizure vs syncope, and snoring and sleep apnea.

The symposium will be held Saturday, October 27, 2018, from 7:30 a.m. to 4 p.m. at the Connecticut Convention Center in Hartford.

Additional details can found at [hartfordhealthcare.org/NeuroSymposium](http://hartfordhealthcare.org/NeuroSymposium).

## Ask the Experts: All You Need to Know About Liver Transplant

This free educational program on October 2, 2018, from 6 to 8:30 p.m. in the Gilman Auditorium, is intended for anyone interested in learning about liver transplantation. Light bites and refreshments will be provided.

Featuring:

- "Reasons for Liver Transplantation" from Dr. Michael Einstein, Hartford Hospital
- "Transplant Evaluation and Surgery" from Dr. Caroline Rochon, Hartford Hospital Transplant Program
- "Transplant Aftercare" from Dr. Patricia Sheiner, Hartford Hospital Transplant Program

There is no fee to attend, but registration is required by September 30, 2018. Visit <https://liverfoundation.org/event/ctate3/> or call 203.234.2022.

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## Recognizing Excellence

*Awards, accolades and achievements*

### In Brief

**Dr. Lenworth Jacobs** is co-author of an article in the New England Journal of Medicine entitled "Active-Shooter Response at a Health Care Facility." It is a companion piece to the recent article on the attitudes of professionals and the public toward active shooters in the hospital setting. This NEJM article advocates for a simple and inexpensive template to protect the hospital in general and ICU, and the OR in particular, in the event of a shooting.

**Drs. Edmond Cronin** and **Steven Zweibel**, Cardiac Electrophysiologists in the Division of Cardiology, working with Dr. Ossama Elsaid, Cardiology Hospitalist, now at Baylor University Medical Center, Dallas; and Dr. David O'Sullivan, Research Administration, published a novel metric to describe the difficulty of laser transvenous lead extraction. The report was based on a series of 100 patients undergoing the procedure, with a procedural success rate of 99%, and just one complication (1%). The metric can be prospectively recorded and may contribute to future pre-procedural planning and risk assessment. The paper can be found [here](#).

**Dr. Paul D. Thompson**, Chief of Cardiology at Hartford Hospital and Physician Co-Director of the HHC Heart & Vascular Institute was a guest of the Jorge Franchella Foundation from August 13 through 18, 2018, in Buenos Aires, Argentina. Dr. Thompson lectured to the Argentinian Society of Cardiology on "The Role of Exercise Training in Modern Cardiology" and to the Hospital of Jose San Martin's 17<sup>th</sup>

International Congress of Internal Medicine on "Can Too Much Exercise Hurt the Heart."

## Welcome New Providers to Hartford Hospital

Please visit <https://hartfordhospital.org/find-a-doctor> for more information on these and other providers.

### Physicians

Waseem Chaudhry, MD	Cardiology
Aga Khan De Castro, MD	Emergency Medicine
Katharine Devin-Holcombe, MD	Emergency Medicine
Steven Donlon, MD	Anesthesiology
Rawad Elias, MD	Hematology/Oncology
Rouzbeh Fateh, MD	Neurology
Mehak Gandhi, MD	Hospital Medicine
Edward Gifford, MD	Vascular Surgery
Lawrence Giove, MD	Medical Oncology
John Griffith, MD	Urology
Hannah Levy, PhD	Psychology
Sarah Lindsay, MD	Obstetrics & Gynecology
Carla Maffeo-Mitchell, MD	Anesthesiology
Matthew Mitchell, MD	Anesthesiology
Priya Narwal, MD	Neurology
Kichul Pak, MD	Psychiatry
Rohit Ramachandran, MD	Hospital Medicine
Saachi Tarr, MD	Child/Adolescent Psychiatry

### Allied Health

Ryan Davis, PA-C	Orthopedics
Michael Dawson, PA-C	Neurosurgery
Merva Dixon, APRN	Internal Medicine
Brianna Koshmerl, PA-C	Thoracic Surgery

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## Coming Up

*Education and events*

**September 4**  
**Ribbon-Cutting Ceremony for the new Hartford Hospital Inpatient**

## **Rehabilitation Unit**

Conklin Building, 6th Floor

5:30 to 7 p.m. (remarks will begin at 5:45 p.m.)

Join us for tours and refreshments as we unveil a brand new unit dedicated to providing specialized physical, occupational and speech therapy. This added service along our continuum will help patients return home faster and healthier to their most optimal quality of life following an illness or injury.

## **September 14**

### **CT State Mandate: Medical Orders for Life Sustaining Treatment (MOLST)**

MMC Conf Rm 2-4 or VMR at meet.crmgr

12 noon to 1 p.m.

## **September 21**

### **End of Summer Event**

New Britain Museum of American Art

6 to 9 p.m.

Join the Medical Staff Officers and your colleagues from the Hartford Hospital Medical Staff for a unique opportunity to socialize and enjoy each other's company. More details to follow!

## **September 23**

### **A Review to Renew: Addressing the State Mandated CMEs for CT Medical License Renewal for Physicians and APRNs (Part Two)**

Hospital of Central Connecticut, Lecture Rooms 1 and 2

7:30 a.m. to Noon

The next session of our CME series addressing the State of Connecticut required education for physician and APRN license renewal is Sunday, September 23, 2018, from 7:30 a.m. to noon, at HOCC. Providers must take these classes once every six years. Topics will include:

- Sexual Assault and the Forensic Examination
- Opioids and Pain Management
- PTSD and Substance Abuse in Veterans
- Depression and Suicide in Veterans

Space is limited and registration is required using the following steps:

1. Log in to your CME account [here](#). (If you don't have an account, use the same link and click "Create Account")
2. Choose "View Upcoming Events"

3. Register and pay for each day separately. Fee per day is \$15 for HHC Privileged Providers and \$20 for non-HHC Privileged Providers

Please contact [ContinuingEd@HHCHealth.org](mailto:ContinuingEd@HHCHealth.org) with any questions.

## **September 25**

### **13th Annual Interdisciplinary Transplant Symposium**

Sheraton Hartford South, Rocky Hill

7:45 a.m. to 4 p.m.

Join Hartford Hospital experts as they present cutting edge information in the fields of kidney, liver and heart transplantation. Participants who attend this symposium will be able to apply updated therapies to the care of individuals with end stage organ disease.

Click [here](#) to learn more and register.

## **September 26**

### **Inaugural Advanced Practice Provider Leadership Series: "Is it a Calling or a Career? Blending Your Passions with Your Career Path"**

Heublein Hall

7:45 a.m. to 4 p.m.

Register [here](#). Dinner and cocktails will be served. Please note, this is for advanced practice providers only.

## **October 3**

### **34th Annual Cardiovascular Symposium**

Connecticut Convention Center, 100 Columbus Blvd., Hartford

7 a.m. to 3 p.m.

This one-day CME-accredited symposium allows cardiac health care professionals to learn recent advances in the management of cardiovascular disease patients from leading experts in the field. Attendees will leave able to:

- Describe anticoagulation indications & options for atrial fibrillation patients, including peri-procedural management
- Understand the effect of gravity and the upright posture on human cardiovascular physiology
- Reassess the relevance of rupture of a "vulnerable" plaque in the current era and explore the influences in secular trends in preventive interventions on human atherosclerosis
- Understand ischemic stroke classification and cryptogenic stroke
- Recite the differential diagnosis of an elevated highly sensitive troponin and recognize the difference between 'conventional' and highly sensitive troponin methods
- Assess the severity of ischemic mitral regurgitation and become familiar with various treatment modalities

- Identify which patients qualify for PCSK9 therapy and discuss how to manage patients with low HDL-C levels

Hartford HealthCare designates this live activity for a maximum of 5.25 AMA PRA Category 1 credit(s).™

Please visit [www.hartfordcvsymposium.org](http://www.hartfordcvsymposium.org) for more information and to register.

## **October 11 and 12**

### **1st Annual Shock Symposium – Meds vs. Machines Conference**

Sheraton Hartford South Hotel, 100 Capital Boulevard, Rocky Hill

Thursday from 6 to 8:15 p.m.; Friday from 7 a.m. to 5 p.m.

Jointly provided by the Heart & Vascular Institute of Hartford HealthCare, the Office of Continuing Education and the Hartford Hospital Division of Cardiology, the goal of this activity is to provide participants with the most current data on drug and device treatments for patients with acute cardiopulmonary shock.

'This live event is intended for physicians, advanced practitioners, nurses, perfusionists, respiratory therapists, hospitalists, residents and other medical professionals involved in the treatment of patients with acute shock.

To register online, visit [www.hartfordhospital.org/events](http://www.hartfordhospital.org/events). To register by phone, call 855.442.4373.

The course fee is \$175 for physicians; 125 for APRNs, PAs and perfusionists; \$100 for RNs, RTs, non-UConn residents and other healthcare professionals. For Hartford HealthCare/UConn fellows, residents, interns and medical students, there are 25 complimentary “endorsed” spots. After the 25 complimentary “endorsed” spots are filled, the fee is \$25.

Questions may be directed to Carolyn Martindale at 860-305-2556 or [Carolyn.martindale@hhchealth.org](mailto:Carolyn.martindale@hhchealth.org).

## **October 13**

### **Strengthen Your Practice: Caring for Patients in the Midst of the Opioid Crisis**

Hartford Marriott Farmington

7:50 a.m. to 1 p.m.

Register [here](#). Brunch will be provided.

## **Planning a CME Activity?**

- The CME department encourages program planners to begin the application process as far in advance of the CME activity as possible.
- Visit the HHC CME [website](#) to learn more about CME Offerings
- Click [here](#) to request an application today
- Contact [continuinged@hhchealth.org](mailto:continuinged@hhchealth.org) to schedule a planning session

## For Your Information

*Other things you ought to know*

### Did You Know?

If you are paged and asked to call a five digit extension from outside the hospital, the first number of the extension offers a guide to which phone number you should call:

<u>If you are paged to call:</u>	5.xxxx	<u>the full number is:</u>	860.545.xxxx
	2.xxxx		860.972.xxxx
	6.xxxx		860.696.xxxx

### New Inpatient Rehab Unit: Admission Criteria and How to Make a Referral

Hartford Hospital will open the doors to its brand new 26-bed inpatient rehabilitation unit on Sept. 6. The intensive rehab offered on the unit will help patients who have suffered a severe illness or injury gain a greater level of independence and return to home with a better quality of life.

Patients must meet the following admission criteria:

- Require active and ongoing intervention of multiple therapy disciplines
- Require intensive rehab therapy program consisting of 3 hours of therapy per day at least 5 days per week
- Require close supervision by a rehabilitation physician
- Expected to actively participate in and benefit from the program
- Require an intensive and coordinated interdisciplinary team approach to the delivery of care

Appropriate patients:

- Stroke
- Brain injury/spinal cord injury
- Neurological/neuromuscular disorder
- Multiple trauma
- Amputation
- Complex joint replacement surgery
- Cardiac/Pulmonary
- Deconditioned patient

Call 860.972.0990 to make an admission. Appropriate patients will be reviewed by the case coordinator, therapy team, nurse liaison and physiatrist.

## Need IT or EPIC Help?

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## In the News

*Media coverage, headlines and trends*

### Healthcare Trends

#### [Facebook, NYU collaborate on using AI to speed up MRIs](#)

Facebook and the department of radiology at NYU School of Medicine in New York City have announced a new collaboration that will focus on using artificial intelligence (AI) to make MRI scans up to 10 times faster. The project, known as fastMRI, aims to expand access to MRI equipment by making imaging more convenient for pediatric patients and individuals who may be claustrophobic.

#### [Complete care: Hospitals tackling social determinants set the course](#)

Systems adopting...unconventional approaches to managing chronic disease are becoming less unusual as the concept of addressing social determinants of health sweeps the industry. Income, education, employment, food security, housing stability and violence are all targeted factors to help improve patient health. But addressing issues that can't be managed within the walls of hospitals and clinics has proven costly and so far has shown scattered results.

#### [Could patient input improve hospital ratings' accuracy?](#)

A long-standing argument against hospital rating sites like Hospital Compare and U.S. News & World Report is that healthcare is too complex to assign a single rating that accurately represents the overall quality of care at a hospital. One way to get at that issue could be allowing consumers to modify the information used by the sites to determine ratings, according to researchers at RAND Corp. in a New England Journal of Medicine perspective piece.

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## Stay Connected

Seymour Street Journal (SSJ) supports physician engagement at Hartford Hospital by providing critical information, news and recognition in an easily digestible format. The SSJ will be sent to your preferred e-mail address the last Sunday of each month.

If you would like to be added to the Seymour Street Journal email list, or to receive it at a different email address, please opt-in at [harthosp.org/SSJ](http://harthosp.org/SSJ). This ensures that you will receive the newsletter at your preferred email address.

For any questions or suggestions, please contact editor Matthew Clyburn at [matthew.clyburn@hhchealth.org](mailto:matthew.clyburn@hhchealth.org) or 860.500.0464.

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