



Staff Psychologist

Peter Lucchio, Psy.D.

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Hartford HealthCare 
Bone & Joint Institute
at Hartford Hospital

Dr. Lucchio completed his doctoral degree in clinical psychology at the University of Hartford, and is currently a licensed clinical psychologist at Hartford Hospital/Bone and Joint Institute. He specializes in the practice of clinical health psychology, which is the behavioral treatment of physical and psychological problems. He has specific interest in chronic pain conditions, behavioral sleep medicine, obesity/weight loss, as well as athletic performance.

Clinical health psychologists understand the mental, emotional and social factors that can affect a person's health and physical well-being. Psychologists can help patients prepare for surgical procedures by addressing modifiable risk factors (such as diet, exercise, tobacco use) in order to improve surgical outcomes. They can also provide psychological counseling to address mental health issues and other psychosocial comorbidities, improve health behaviors, cope with pain and better manage chronic illness.

Dr. Lucchio is available to discuss cases and provide on-site consultation and treatment. He can also facilitate educational or group programs that address topics of interest in behavioral health.

Hartford HealthCare Bone & Joint Institute at Hartford Hospital
Center for Musculoskeletal Health | 32 Seymour Street | Hartford, CT 06106
Tel: 860.972.5945 | Fax: 860.972.5702 | peter.lucchio@hhchealth.org